

# RUSH REPORTER

PUBLISHED BY THE RUSH UNIVERSITY OFFICE OF STUDENT AFFAIRS

Volume VIII Number 3

January 4, 1985

## What's New in the New Student Lounge

### Grand Open House

Now that everything is in place, it's time for...an open house, planned for Monday, January 7, from 12 noon until 2 p.m. Refreshments and snacks will be served. All Rush students and faculty are invited. Plan on attending!

For those of you who will be coming for the first time, the new lounge is located in room 023 in the basement of Schweppe Sprague. The lounge is an integral part of the new offices of the Student Affairs staff.

### New Additions

If you haven't been down to the lounge lately, come down to see the latest additions. The color television is now hooked up and getting a lot of use by the "All My Children" fans. Two Plato terminals were installed for educational and recreational use. The kitchenette is now complete with a microwave and coffeemaker (please provide your own coffee!). Even the piano has been tuned.

The lounge is open from 8:30 a.m. - 10 p.m., Monday - Thursday and 8:30 a.m. - 5 p.m. on Friday.

## Lectures in Health Care Ethics

From January to April the ongoing consideration of issues in health care ethics at Rush-Presbyterian-St. Luke's Medical Center will enjoy the contributions of national and international leaders in the field. Through the generous sponsorship of the Rush University Faculty Wives, the Department of Religion and Health and the Ethics Conference Planning Group have organized the Rush University Lectures in Health Care Ethics. The series is being offered in recognition of the fifth anniversary of the Ethics Conference Planning Group.

On January 10, at 3 p.m. in the AB Dick Auditorium, Ivan Illich will inaugurate the series with "Medical Ethics versus the Ethics of Medicine." Dr. Illich is from the Center for Intercultural Documentation in Cuernavaca, Mexico; he is the celebrated and controversial author of many books, including *Medical Nemesis*, *Tools for Conviviality*, and *Gender*. On January 16 at 2 p.m. in the AB Dick Auditorium, Eric J. Cassell, M.D., medical ethicist and professor of medicine at the Cornell University Medical College, will address the topic, "Beyond Autonomy and Paternalism: The Nature of Relationships in Health Care." On February 14 Jay Katz, M.D., John A. Garver Professor of Law and Psychoanalysis at Yale Law School, will discuss a case to be presented by the Ethics Conference Planning Group; he will focus on medical decision-making in his response. On February 19, Josephine Flaherty, R.N., Ph.D., who is the Principal Nursing Officer of Canada, will speak about "Quality of Life as an Ethical Norm." On March 6 Victor W. Sidel, M.D., Distinguished Clinical Professor of Social Medicine at the Montefiore Medical Center and the Albert Einstein College of Medicine, will speak about "Destruction before Detonation: The Impact of the Arms Race on Health and Health Care." On March 13, Norman Foster, M.D., pediatrician and ethicist at the University of Wisconsin Medical School, will discuss a case taken from Rush-Presbyterian-St. Luke's Medical Center. On April 10, Albert Jonsen, Ph.D., professor of ethics in medicine at the University of California—San Francisco, will speak about a topic that is being determined. On April 17 Truman Anderson, M.D., Ph.D., professor of medicine at the University of Illinois—Chicago, will provide the end-note to the series, "Ethical Responsibilities of the Health Care Professions."

Dr. Cassell is the author of many articles on air pollution, suffering, and the care of the dying, as well as the forthcoming books, *Talking with Patients: The Theory of Doctor-Patient Communication* and *Talking with Patients: Clinical Technique*. Dr. Katz is the author of *The Silent World of Doctor and Patient*, as well as other books on psychiatry and law. Dr. Flaherty is the author, with Leah Curtin, of *Nursing Ethics: Theories and Pragmatics*; she was a speaker at the Rush National Conference on Nursing Ethics in 1982. Dr. Sidel is the author with his wife, Ruth Sidel, of *A Health State: An International Perspective on the Crisis in U.S. Medical Care*; the Sidels edited *Reforming Medicine: Lessons of the*

*Last Quarter Century*. Norman Foster is a major contributor to ethical reflection on the care of neonates.\* Albert Jonsen is a philosopher who is co-author, with Mark Siegler and W.J. Winslade, of *Clinical Ethics: A Practical Approach to Ethical Decisions in Clinical Medicine*. Dr. Anderson is professor of medicine and microbiology at the University of Illinois at Chicago; he is the former executive dean there. He chairs a national committee on delivery of health care to the poor and unemployed.

\*He was a consultant to the President's Commission.

## Student Blood Drive

This year's Student Blood Drive will take place from 10 a.m. - 3 p.m., on Thursday and Friday, January 10-11, 1985 in room 742 of the Academic Facility.

As future health care professionals, you are probably aware of the critical need for volunteer blood donors. All hospitals require a ready supply of plasma, and each year the need continues to grow. Our patients need 40,000 transfusions annually. The RPSLMC Blood Center must prepare for an average of 28 heart surgeries a week, i.e., more than 1,400 per year. The Center annually provides support for over 3,500 cancer patients. In addition, we provide the blood therapy necessary for bone marrow transplants performed at Rush.

Most people can share their blood but do not because they are unaware of the need or misinformed about donating. Recent breakthroughs in transfusion have been made using synthetic blood substances. Blood substitutes, however, are not a substitute for real blood. These substances may prove to have a great value as liquid oxygen carriers, but they lack the nutritive properties and clotting factors of human blood. Patients whose illness or injury requires a transfusion of blood or a blood derivative for diagnostic or therapeutic purposes, continue to rely on blood inventories made possible through donations of living blood from human donors.

Who may give blood? In general, any adult in good health, with no recent serious illness or history of certain diseases may donate blood. Age limits vary from state to state, but usually donors must be between the ages of 17-66. A donor must weigh more than 110 pounds. Do not fast, but please try not to eat fatty foods or dairy products for four hours before donating; no alcohol for twelve hours.

Some individuals may not be able to give blood due to temporary conditions such as recent childbirth or a cold or flu at time of donation. If you have questions regarding your donor eligibility, please call the Blood Center at x6680 or stop by room 742 Academic Facility on January 10 or 11.

Last year, 90 individuals donated blood at the Student Blood Drive. We hope to increase this figure this year.

If you would like to assist with the drive and/or if you have any questions, contact the Office of Student Affairs. Don't wait—donate. It is a gift of yourself to someone in need.



Pictured above is Eric Benink—M2, one of 90 individuals who donated at last year's Student Blood Drive. We hope to increase this figure this year.

## Student and Faculty Art Fair

A Student/Faculty Art Fair will be held in mid-April this year. If you are artistically inclined, start planning now to participate in this spring's fair.

Last year, oil paintings, acrylics, watercolors, etchings, lithographs, photography, sculpture, handicrafts, and ceramics created by Rush University students were displayed. This year, faculty members are invited and encouraged to participate in the art fair. We hope to see many faculty exhibit their art works.

Detailed information about the fair, including limits on size and number of display pieces will be available later this month. We wanted to alert interested artists so that you can mark your calendars and plan accordingly.

If you are interested in displaying your art work and/or if you have any questions, please contact Ann or Jackie at x6302.

This event is co-sponsored by the Rush Medical College Committee on Student Affairs and the Rush University Office of Student Affairs.

## CALENDAR OF EVENTS

### Friday, January 4

T.G.I.F., 3:30-6:30 p.m., Schweppe Auditorium. Sponsored by the Rush Student Nurses Association.

### Monday, January 7

New Student Lounge Open House, 12 noon - 2 p.m., 023 Schweppe.

### Thursday and Friday, January 10-11

Student Blood Drive, 10 a.m. - 3 p.m., room 743 Academic Facility.

### Friday, January 11

Film, *Terms of Endearment*, 7 p.m., A.B. Dick Auditorium

### Saturday, January 12

Medical Student Spouses and Significant Others meeting, 7 p.m., Student Lounge, 023 Schweppe.

### Monday, January 14

Film, *Survivors*, noon - 1 p.m., room 540 Academic Facility. Sponsored by the MLRC.

### Tuesday, January 15

Volleyball League play begins.

### Thursday, January 17

Presentation, *Residency: Choosing and Being Chosen*, by Jeanne Arnold, M.D., 5:30 p.m., Schweppe Auditorium. Sponsored by AMWA.

### Friday, January 18

Film, *Star Wars*, 7 p.m., A.B. Dick Auditorium.

### Tuesday, January 22

Department of Immunology graduate student and faculty meeting, 5-7 p.m., Student Lounge.

### Wednesday, January 23

Film, *Bringing Up Baby*, 7:00 p.m., A.B. Dick Auditorium.

### Friday, January 25

Nursing Career Fair, 12 noon - 3 p.m., Schweppe Auditorium.

### Monday-Thursday, February 4-7

Marshall Photographers will be on campus, 9 a.m. - 5 p.m. room 118 Schweppe. Appointments are required.

### Friday, February 8

T.G.I.F., 3:30-6:30 p.m., Schweppe Auditorium.



## The Way We Were

In the last issue, you read about the founding of Presbyterian Hospital. 1985 marks one hundred years of involvement in nursing education by the Medical Center and its predecessors.

After a new St. Luke's Hospital was opened in January 1885, the establishment of the Training School was the next step. Miss Hattie Shepard came as head of the school in March, 1885. She brought with her as assistant Miss Melissa Gaper. Both were graduates of the Illinois Training School in 1884 (first class to graduate from I.T.S.). Their leadership was informal and must have been difficult. These two young women were only in charge for seven months. The School Committee turned to the Bellevue Nursing School Committee for help in finding a director. Miss Dora Traylen, a Bellevue graduate, who had been assistant to Bellevue's Nursing School Superintendent, succeeded Miss Shepard and Miss Gaper early in 1886. Miss Traylen brought as her assistant Miss Edith Draper, also a Bellevue graduate. Miss Draper stayed at St. Luke's until early 1888 when, for Illinois Training School, she became the Supervisor of Nursing at Presbyterian Hospital. (Presbyterian Hospital had opened in 1884 and until 1903 depended on Illinois Training School students for providing nursing care until their own School of Nursing was established in 1903.) Miss Draper was appointed Superintendent of Nursing at Illinois Training School in 1890. (Thus there were interrelationships between the early institutions.)

To return to Miss Traylen, in her first report to the St. Luke's Training School Board in October, 1886, she comments that Miss Shepard had not left a written record of her school tenure but wrote Miss Traylen, "Trials and discouragements unlooked for were met by these untiring women (who in faith were determined to make their work a success)."

Fortunately there are recollections of those early months from Mrs. John Campbell, who was then Miss McClary, one of the six graduates of the first class in 1887. (The program was originally two years in length.) Forty-five years after graduation Mrs. Campbell told of those early days. Miss McClary had applied to the Illinois Training School. She was told there were no vacancies, why not apply to St. Luke's where a School of Nursing was about to be opened, which Miss McClary immediately did. She was accepted and admitted forthwith. Only letters from her clergyman and doctor were pre-entrance requirements. Miss McClary remembered that Miss Shepard and Miss Gaper welcomed her enthusiastically. With no knowledge or experience, she was taken to the Men's Ward and put in charge, displacing George who had run the ward for some time. George (untrained) was disgruntled, but soon appeased, became practically Night Superintendent of the hospital and for years was beloved by St. Luke's nurses. They loved to see him come down the corridors with the latest information and gossip. Miss McClary remembered little instruction in nursing in the early months. She said the doctors wrote clearly their orders for medications so they weren't hard to carry out. The students' duty hours were twelve. They were supposed to take off two hours but seldom did as they were so interested and so anxious to help. Their relationships with their supervisors was free and easy. There were no restrictions when they were off duty. This changed when Miss Traylen and Miss Draper took charge; the free-and-easy days were of the past.

The Training School was incorporated April 6, 1886, and duly chartered by the State of Illinois on that date. The (1) Name of the Corporation - St. Luke's Training

School for Nurses. (2) The particular business and object for which the corporation is formed are the training and education of young women in nursing and objects kindred thereto. (3) The government of such corporation shall be vested in a Board of seven Directors. (4) The following are the names of the Directors of said Corporation: Dr. Clinton Locke, Mrs. N. K. Fairbank, Mrs. Orson Smith, Mrs. H. E. Sargent, W. H. Hibbert, W. K. Ackerman and Mrs. Clinton Locke. (Prominent names in early Chicago.)

The constitution was concerned with Board policies, school administration and rules and regulations for the school and students. Now they would be considered far too strict and rigid and too detailed, but then they were considered appropriate and prevailed unchanged for several years. Most of the members of the Medical Board were on the faculty of Rush Medical College or Northwestern University Medical School.

Miss Traylen immediately set about increasing the number of student nurses. The applicant was asked to answer a number of questions on an application form, to send a letter from her clergyman testifying to her good character and from her physician stating she was in good health. "Applicants are reminded that women of superior education and cultivation when equally qualified as nurses will be preferred to those who do not possess these advantages."

The desirable age of entering students was between 20 and 31 years. Candidates were admitted whenever convenient for the school. Before entrance the applicants were told that on admittance they would be given an examination in reading, penmanship, simple arithmetic and English diction. "The examination to test the applicant's ability to read aloud well, to write legibly and accurately, to keep simple accounts and to take lecture notes." After a month's probation the student nurse was required to sign a letter with the following agreement: "I, the undersigned, do hereby agree to remain two years from date a pupil of the above-named institution; and promise during that time to faithfully obey the rules of the school and hospital, and to be subordinate to the authorities governing the same."

Next time we will look at the curriculum and some of the other aspects of the fledgling school.

Researched and written by  
Ruth Johnsen, M.A., R.N.  
Nurse Archivist

## Musicians Coffeehouse

Take out the old guitar, dust off your flute and tune up for a get-together of musicians and music lovers. An informal coffeehouse is being planned for students to gather and play music together in the new Student Lounge on Friday, February 15, from 8 p.m. until midnight.

Whether your musical genre is classical, rock, jazz or whatever, plan to attend. Unlike traditional folk coffeehouses, this event is open to all Rush students regardless of musical interest or talent. Potential performers may contact Tena Moyer at 440-9538, student mailbox #1147, for more details. Anyone wishing to help organize refreshments should also contact Tena.

## Nursing Career Fair

The Office of Student Affairs will be sponsoring a Career Fair on Friday, January 25, 1985 from noon - 3 p.m. in the Schweppe-Sprague Auditorium. Sixty health care institutions will be represented. This event will provide nursing students with a chance to meet informally with recruiters to discuss job opportunities in the health care fields. The recruiters will come prepared with written literature and explanations about salary, benefits, advancement and other details pertinent to employment decision making.

Both undergraduate and graduate nursing students are invited to drop by as their schedules permit. All faculty members are also invited to attend.

Although graduation seems a long way off, it is not too early for students to begin preparing for the job search. Many sources of information will help familiarize stu-

dents with the job market. The Office of Student Affairs has general information on various health related careers and health care institutions around the country. The *Nursing Job Guide Directory*, available in Student Affairs, lists pertinent employment information for over 7,000 hospitals in the U.S. Information on resume writing and interview techniques is also available. Students can locate job openings in professional journals, newsletters and local newspapers. For example, *Nursing Job News* lists hundreds of jobs monthly and is available for student use in the Office of Student Affairs.

Attending career fairs is an excellent way to begin your job search. Don't miss your chance to compare and contrast employment opportunities and sharpen your interviewing skills. Hope to see you on the 25th!



Don't miss this year's Career Fair on Friday, January 25th.

## Residency: Choosing and Being Chosen

Ever wonder how one can actually wage through everything during the first four years of medical school and magically come out knowing what kind of doctor you want to be? And then comes the question: how to get there? Dr. Jeanne Arnold, a national speaker on medical education and residency programs, will attempt to impart this wisdom to students of Rush Medical College on Thursday, January 17.

In her presentation "Residency: Choosing and Being Chosen," Dr. Arnold gives concise advice on how to help yourself decide among the various specialties and

then outlines the steps to go about making that choice a reality. Having been on the "other end" of a residency program, she is able to answer questions on what "they" look for in students and, equally important, what we should look for in a residency program.

Dr. Arnold's presentation will begin at 5:30 p.m. on Thursday, January 17, in the Schweppe Sprague Auditorium. The American Medical Women's Association thanks the Dean's Office and the Office of Student Affairs for their assistance in bringing Dr. Arnold to Rush.

## Chess Tournament

The second annual Rush-Presbyterian-St. Luke's Chess Tournament will be held in February. Our first tournament, held last winter, was a great success. Students and faculty members are once again welcomed to pit their wits against each other. Beginners and seasoned players are encouraged to join in the event.

The tournament will take the form of a straight elimination system with the winners of the first round moving forward to the next round. Every effort will be made to enable the players to arrange to play their matches at times that will not conflict with their busy schedules at the medical center.

Please let Dr. Eugene Thonar, Coordinator of the Chess Tournament, know if you are interested in participating. You may either leave a note in his mailbox located in the front office of the Department of Biochemistry, 432 Jelke, or call x2163. Please include your name and how you can be contacted during the day.

## Financial Affairs

A prerequisite for the completion of your registration is the payment of tuition and fees. We encourage you to mail your payment to:

Rush University  
Office of Financial Affairs  
1743 W. Harrison Street  
Chicago, IL 60612

All tuition and fees are due by January 2, 1985. If you have any financial aid applied for and pending through the Office of Financial Aid, you will only be responsible for the balance of tuition and fees less that aid. If you cannot make payment in full and are not receiving financial aid, you may complete a deferred payment plan contract with the Financial Affairs office that will split your payments into thirds. There is a \$15.00 charge for deferment of tuition and fees. Those students who have not made satisfactory arrangements will be given notice by mail that their registration has been cancelled.



## Election Update

Student elections for the Graduate College, the College of Health Sciences, Rush Medical College and the College of Nursing were held this past fall. Below is a list of the election results. In an effort to make the representatives more accessible to student input, we have included this list so that you may contact your representatives directly and voice your questions, concerns and/or suggestions. We urge you to take advantage of this opportunity to utilize your student committee members.

Congratulations to all newly elected student representatives.

### THE GRADUATE COLLEGE

*Graduate College Council:* Brian Maldonado—Biochemistry  
Nancy Samberg—Immunology

### COLLEGE OF HEALTH SCIENCES

*College of Health Sciences College Council:* Wayne Dvoracek  
Medical Technology

*Student and Faculty Appeals:* Mary Kay ConCannon  
Medical Technology

*Student Programming Board:* Mary Kay ConCannon  
Medical Technology  
  
Wayne Dvoracek  
Medical Technology  
  
Nanci Miller  
Medical Technology

### RUSH MEDICAL COLLEGE RMC Standing Committees

*Academic Freedom:* Greg Chow—M1  
Faith Sarfarazi—M2  
Theresa Langdon—M3

*Admissions:* Cindy Nodell—M1  
Peter Bornstein—M2  
\*Run-off—M3  
Randy Zielinski—M4

*Affirmative Action:* Sergio Rodriguez—M1  
Cathy Deamant—M2

*Curriculum:* Shawn Riley—M1  
Frank Ondrey—M2  
Steve Wen—M3  
Amy Light—M4

*Educational Appraisal:* Dipali Apte—M1  
Kate Lemmerman—M2  
Janis Atkinson—M3  
Cathy Rives—M4

*Educational Resources:* David Onsager—M1  
Craig Olson—M2  
Satish Sondhi—M4

*Senior Faculty Appointments and Promotions:* Tom Hurley—M2  
Ron McLawhon—M3  
Ed Powers—M4

*RMC Student Affairs:* Brent Van Hoozen—M1  
Jeff Lisowski—M2  
Nicki Lekas—M4

*Student Evaluation and Promotion:* Carl Boyer—M1  
Karl Rogers—M2  
Michael Kloop—M3  
Sig Kharasch—M4

*Student Judiciary Review:* Chiravudh Sawetawan—M1  
Susan Wilcoski—M2  
Carl Wahlstrom—M3  
Carol Reed—M4

*Committee on Committees:* Dave Schleicher—M2  
Jill Maitland Gotoff—M3  
Lon McPherson—M4

*Faculty Council:* Maura Berkelhamer—M1  
Lisa Schiller—M2  
Tim Morton—M3  
Nina Paleologos—M4

**M1 Class Committee**  
Jon Hitzman  
Aubrey Miller  
Denise Poulos  
Nora Rowley  
Maureen Shea

**M2 Class Committee**  
Kirk Druey  
Brian Locker  
Tom Pang  
John Sahs  
Mike Wohlfeiler

**M3 Class Committee**  
Doug Johnson  
Ron McLawhon  
Andy Pavlatos  
Kelly Vollmer  
Steve Wen

**M4 Class Committee**  
Diane Gruber  
David Hejna  
Roger Palutis  
Betsy Rest  
Karen Zalumsky

### University Standing Committees

*Student and Faculty Appeals:* Alan Pollak—M1  
Anne Zielinski—M2

*Student Programming Board:* Helen Minciotti—M2  
David Onsager—M1  
Brent Van Hoozen—M1  
Valerie Walker—M1

### Other:

*RUFWA Representatives:* Dipali Apte—M1  
Wendy Martin—M1  
Cathy Deamant—M2  
Faith Sarfarazi—M2  
Nancy Deaton—M3

\*A run-off election is being held to fill this position.

### COLLEGE OF NURSING

#### College Standing Committees

*Undergraduate Admissions and Progressions:* Susan Lambert—N3  
Christopher Poch—N4

*Committee on Graduate Admissions, Progressions and Graduation:* Karen Barge—N7

*Affirmative Action:* Phavinee Thongkhong—N3  
Becky Saltiel—N4  
Margaret Barry—N5

*Graduate Curriculum:* Laura Fredricksen—N5  
Nick Michels—N7

*Undergraduate Curriculum:* Lisa Meves—N3  
Karen Clayton—N4

*Educational Resources:* Susan Payne—N4

*Faculty Development:* Helene Sperling—N3

*Faculty Senate:* Jane Ann Sublette—N3  
Barbara Oudt—N7

#### Student Course Representatives

*Foundations:* Sarah Kagan—N3  
*Bio Science I:* Carol Kiefer—N3  
*Bio Science II:* Susan Beine—N3  
*Pharmacology I:* Ramona Shumpert—N3  
*Behaviors I:* Lori Bias—N4  
*Behaviors II:* Mary Elizabeth Hayes—N4  
*Research:* Orna Bahary—N4  
*Patient Care Management:* Gina Lombardo—N4

#### Interim Student Senate Officers

*President:* Karen Cook—N4  
*Senior Vice-President:* Peter Kopolas—N4  
*Junior Vice-President:* Anne Marie Hallagan—N3  
*Graduate Vice-President:* Debbie Braselton—N7  
*Secretary/Treasurer:* Sherri Florio—N3  
*Activities Coordinator:* Betsy Martin—N3

#### University Standing Committees

*Student and Faculty Appeals:* Bonnie Baker—N4  
Claudia Eng—N3

*Student Programming Board:* Roxanne Averion—N3  
Mary Hall—N4  
Laura Kohout—N4  
Jackie Narko—N4  
Diane Pecaric—N3  
Laura Streitberger—N4

### Other

*Nurses Alumni Association Representatives:* Annette Schilling—N7

There are several openings still available for student representation. Direct inquiries to the Office of Student Affairs, 023 Schweppe Sprague, x6302 if you are interested in becoming involved.

## Graduation Photos

Arrangements have been made with Marshall Photographers for composite photos of the graduating classes of 1985 in each of the four Colleges. The cost to each student is a minimal \$7.00. *This cost is payable at the time of the sitting.* This price includes the following:

- The cost of the sitting
- Four (4) to six (6) proofs of which you choose one
- Any retouching
- One (1) 11" x 14" black and white class composite photo
- Three (3) black and white wallet size photos (suitable for use for State Board exams, applications, etc.)

You may also, at your option, order additional 3" x 5", 8" x 11", etc. pictures after you have returned the proofs. These additional photos are produced in natural color rather than black and white photos as described above.

The photographer will be on campus in room 118 of Schweppe Sprague Hall during the following times.

Monday, February 4, 9 a.m. - 5 p.m.

Tuesday, February 5, 9 a.m. - 5 p.m.

Wednesday, February 6, 9 a.m. - 5 p.m.  
Thursday, February 7, 9 a.m. - 5 p.m.

To prevent long waits for you and/or lulls for the photographer, we are requesting that you make an appointment through the Office of Student Affairs beginning January 14, 1985. You can stop by in person (023 Schweppe) or call x6302 to schedule an appointment. It should take approximately ten (10) minutes for the taking of the picture. Times will be scheduled on a first-come, first-served basis. No appointment, no sitting.

Those students whose schedules are in conflict with the on-campus dates should make arrangements to have their pictures taken at the Marshall Studio located at 162 N. State Street, Chicago. Call 782-2462 to set up an appointment. You must have your picture taken by February 22, 1985 to be included in this year's composite photo.

Finally, a word about attire—the photographer suggests bright colors (they photograph best). White jackets and uniforms tend to make you look a bit anemic.



Office of  
the Registrar

Attention 1985 Graduates

The Registrar will be sending "Graduation Inquiries" to those students expecting to graduate 1985. Those expecting to earn the B.S. degree should check their campus mailboxes about January 18th. Graduate and medical students will receive theirs through the mail. If you fail to return the form, your name may be left off the graduation activities.

Correct your Address

The second edition of the 1984-85 Student Address Book will be released in mid-January. If you have changed your address or phone number since October and have not notified the Registrar's office, do so by January 11th to be sure you are listed correctly. Any student has the right to restrict the release of this information but that also must be done by the 11th in the same office.

Tuition Refunds

Official withdrawal from a course or from the University entitles a student to a tuition refund according to the schedule below. No other fees are refundable.

Week 1.....Jan. 2-8 .....	100%
Week 2.....Jan. 9-11 .....	80%
Week 3.....Jan. 14-18 .....	60%
Week 4.....Jan. 21-25 .....	40%
Week 5.....Jan. 28-Feb. 1 .....	20%

Fall Quarter Dean's List

The following undergraduate nursing students earned at least a 3.50 quarterly grade point average for a full-time course load during fall quarter 1984. Congratulations!

Jill Bangart	Beverly Liefeld
Susan H. Barry	Katherin Maher
Susan Beine	Fredrick Martin
Marilee Carlson	Lisa Meves
Anne L. Donnelly	Sharon Mullaney
Claudia Eng	Carol Nederhood
Patricia Fahey	Marie Neiman
Sherri Florio	Debra Nissen
Janice Fowler	Ann Oblak
Lisa Gorecki	Cynthia Rochel
Mary Henderson	Kimberly Sareny
Beverly Hohm	Laura Schmidt
Christine Horton	Jean Schroyer
Irene Hurst	Ramona Shumpert
Sarah Kagan	Sheilah Smok
Lisa Katauskas	Christine Soehn
Barbara Kober	Jane Sublette
Heidi Koehler	Anita Tarzian
Margaret Kosin	Lynnette Tuckey
Susan Lambert	

Medical technology students named to the Dean's List for fall quarter will be listed in the February issue of the Reporter.



REEL ENTERTAINMENT

**Terms of Endearment**  
Friday, January 11, 7 p.m.  
A.B. Dick Auditorium  
Free Admission  
Starring: Debra Winger, Shirley MacLaine, Jack Nicholson  
Rated PG

*Terms of Endearment* brings together a stellar cast to explore the complex, honest and joyous evolution of a relationship between a mother and daughter. Debra Winger (*An Officer and a Gentleman*) stars as Emma Greenway Horton, a generous, strong-willed woman who spends most of her life trying not to be her mother's daughter. Shirley MacLaine is Aurora Greenway, the mother who believes something resembling happiness can be achieved only if she maintains absolute control over her life and the lives of those around her. Their bittersweet search for fulfillment and happiness is complicated by a series of romantic entanglements that lead to lust, love and pain.

COME TO LAUGH, COME TO CRY,  
COME TO CARE, COME TO TERMS.



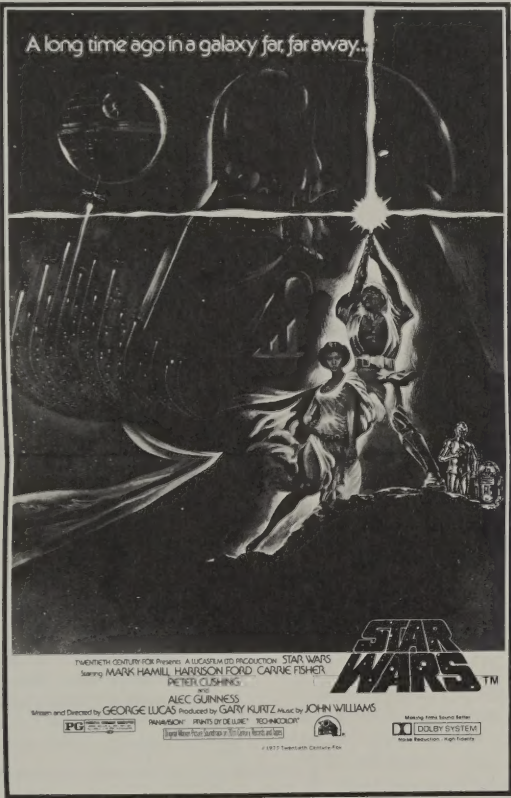
**Star Wars**  
Friday, January 18, 7 p.m.  
A.B. Dick Auditorium  
Free Admission

Starring: Mark Hamill, Harrison Ford, Carrie Fisher, Peter Cushing, Alex Guinness, David Prowse  
Directed by George Lucas  
Rated PG

A long time ago in a galaxy far, far away...*Star Wars*! So begins the box office shattering adventures of young Luke Skywalker (Mark Hamill), a brave, impetuous hero catapulted into a desperate interplanetary struggle pitting the force of good against the evil of the Galactic Empire. United with the swashbuckling mercenary Han Solo (Harrison Ford), Luke embarks on a perilous mission to rescue the beautiful Princess Leia and crush the oppressive rule of Lord Darth Vader, a malevolent for possessing seemingly invincible might. Although the Rebels fight valiantly, their destruction seems imminent...until Luke discovers within himself a power inherited from his father, a former Jedi Knight...the power of the Force.

Combining stunning special effects with a riveting tale of adventure and suspense, *Star Wars*, winner of seven Academy Awards, is a motion picture classic.

Come relive the magic of *Star Wars*. May the Force be with you.



**Bringing Up Baby**  
Wednesday, January 23, 7:00 p.m.  
A.B. Dick Auditorium  
Free Admission  
Starring: Cary Grant, Katharine Hepburn  
Directed by Howard Hawks (1938)

This 1938 classic is one of the greatest of all screwball comedies. Cary Grant is the staid

paleontologist who has just acquired the bone he needs to complete his dinosaur skeleton. The rare brontosaurus bone is stolen by George, Hepburn's feisty terrier.

"Hepburn builds the part from the ground, breathless, sensitive, headstrong, triumphant in illogic, and serene with a brassy nerve possible only to the very, very well bred."—Critic Otis Ferguson

Grant and Baby chase each other around; Grant wears a feathered dressing gown and everyone winds up in jail. Before the bone and Baby are recovered, Grant's life is in a shambles, but he winds up with Hepburn.

"Invigorating...sizzling...hilarious."—Variety



Classic screwball comedy starring Katharine Hepburn and Cary Grant.  
**BRINGING UP BABY**



# Inside the Student Counseling Center

By Marilyn Johnson, Ph.D.

The holidays have ended, the winter break is over, and what's ahead? More of the studying, exams, and clinical responsibilities you had in the fall. Add winter, snow, and cold to these elements and you have the ingredients for a good case of the winter blues. The prospect of the blues led me to consider writing a column on stress management but then I decided that *every-one* talks about stress management so I'm taking a different perspective. The title of this month's column is How to Have a Miserable Winter at Rush.

1. *Stay indoors and vegetate.* Keep your life dull and neutral. Television is an excellent adjunct here. In addition, there are various chemical agents which can be used to keep anxiety down and to induce a mellow state. If you must read, be sure to stay with school texts, most of which can be read again and again with little fear of stimulation.

2. *Make no future plans.* It is best to focus in depth on one's day to day existence and to assume that one's future will possess all of the negative characteristics of the present. Do not, in any case, plan trips to exciting or warm (or both) places; do not plan reunions with beloved friends; do not plan Sunday hikes to photograph winter scenes, etc. You get the general idea - do not attempt to put together experiences that will be *fun*.

3. *Eat lots and lots.* Overeating is guaranteed to make you feel miserable on both the physiological and the psychological levels. It is especially good during the winter as you can rationalize that you needed that fourth doughnut for energy because it's cold out there! Misery can be enhanced through experiencing the uncomfortable pressure of your stomach against a tight waistband. Studying yourself in the mirror after overeating is a sure-fire means of feeling awful.

4. *Keep your feelings to yourself.* There are a number of ways to follow this rule. You can rationalize that, since everyone you know has his or her own problems, you shouldn't lay yours on them. You can repel friends' overtures to talk. You can maintain those prejudices you have about certain classmates or others even when the facts seem to contradict them; this way you won't slip and begin to confide in them. You can decide that your feelings are irrational or humiliating or just too mundane to share. Keeping especially important feelings to yourself keeps you safe, secure and miserable.

5. *Don't get any exercise.* This rule, when used in combination with number three, can be used to achieve physical as well as emotional misery. For example, lack of exercise increases the likelihood of your having difficulty sleeping. Assuming that you're following the other rules, you're probably maintaining high levels of muscle tension. This tension, coupled with no exercise, easily leads to insomnia and restless sleep. In addition, worries tend to disappear during the act of exercising. It's hard to concentrate on making a basket, improving your crawl or your serve, doing a time step or a plié and to sustain misery simultaneously so avoid exercise at all costs.

6. *Catastrophize and spiral.* To catastrophize is to anticipate the worst in all situations. One failed test means academic ruin, one spat means the end of a relationship, etc. It requires work to view the world in this light but you'll find that the more you do so, the easier it gets. Spiraling is my term for a related misery-inducing technique which involves focusing on one negative idea or feeling and letting it spiral

into negative ideas about other parts of your life. For example, my grades are only fair so my opportunities for future training will be compromised, my body is falling apart and my friends haven't been very supportive lately, and I'll probably never find someone I'd want to spend my life with, and the spiral goes onward and upward. You may have to dig deeply for some items but it's critical to keep yourself in a constant state of turmoil.

7. *Put off whatever you can until tomorrow.* In other words, procrastinate. Avoid studying, writing papers, preparing presentations as well as personal obligations until you're in a state of high anxiety leavened with guilt and shame. Remember, if you perform badly, you can always blame it on your lack of preparation. By avoiding school obligations consistently, you have a good chance to ruin recreation and maybe even romance. Procrastinating about developing relationships until 1989 (when you'll be *truly ready* to concentrate on love) is good for making yourself and probably another person quite miserable.

8. *Take out your frustrations on your loved ones.* Don't kick your dog at the end of the day (consider who is writing this); yell at your spouse, lover, friends or family instead. Ignore the details, avoid explaining the context - just be a royal pain. Let them know that their problems are miniscule compared to yours. Show them that your happiness is all important and that they exist to make you happy. Be creative about it. Rant and rave if that disturbs them most; in other cases, the silent treatment is effective. Above all, never consider their needs.

I've tried to assemble a comprehensive set of rules but nobody's perfect so I welcome your suggestions and ideas for extending the list.

## Correction

The Student Counseling Center is providing free relaxation training audio tapes, not video tapes as was previously stated in this paper. These audio tapes provide 35-40 minutes of instruction on a method to help you reduce anxiety. They can be obtained at the Center, 834 Schweppe between 8 a.m. and 5 p.m. Monday through Friday.

## MLRC Film Series

The McCormick Learning Resource Center will present the film *Survivors* on Monday, January 14, from noon to 1 p.m. in room 540 Academic Facility.

*Survivors* examines the profound physical, emotional and financial hardships that characterize the lives of over 1000 Japanese-Americans who were trapped in Japan during the war and suffered the tragedy of the atomic blasts. It is the first English language film in which Hiroshima and Nagasaki victims speak for themselves about what they saw and felt on the day of the bomb and how it has affected their lives since. Their stories are augmented by archival and newsreel footage, animation and interviews with professionals in the medical and psychiatric fields including Robert Jay Lifton, author of *Death in Life: Survivors of Hiroshima*. *Survivors* won the Medical Sociology Award at the 1982 John Muir Medical Film Festival.

All Rush faculty, students and staff are invited to this showing.

## College Bowl Champs

Congratulations to Debbie Braselton-N7, Mary Brucker-N7, Heidi Koehler-N3, and Alison West-N3, winners of Rush University's sixth annual College Bowl Competition held on October 30, 1984.

Six teams entered the double elimination tournament. Those teams included: Dipa Apte-M1, Jill Bangart-N3, Susan Beine-N3, Mike Birndorf-M2, Janet Detato-N3, Gregg Garbin-M3, Kathy Hartz-N4, John Larsen-M3, Ben Margolis-M4, Lisa Meves-N3, Michael Nathan-M4, Ingrid Oscarsson-MT3, Jay Shannon-M3, Mike Wohlfeiler-M2, Nana Yakoub-M1, and Randy Zielinski-M4.

The competition was keen throughout the evening. The winning team of Braselton, Brucker, Koehler and West was defeated early in the evening but came from behind to beat the runner-up team of Bangart, Detato, Garbin and Shannon

twice to claim the championship. The final game was neck and neck during the entire match with an ending score of 125 to 105.

We hope to send an all star team to the regional college bowl tournament in February. This year's regional will be held at DePaul University in Chicago. Details will be forthcoming in the next issue of the Reporter.

The Office of Student Affairs would like to thank all of those who participated in and attended the College Bowl night. Special thanks to the following individuals who assisted with the tournament: Ann Bartolotta, Jackie Caventer, Maureen Coffey, Lisa Ferrill, Dianna Brummel, Karl Navarrete, Ann Schuppert, Anne Schne-man and Dr. Bill Wagner. We look forward to your continued interest in this ever popular program.



1984 College Bowl Champions: (sitting left to right) Mary Brucker and Debbie Braselton; (standing left to right) Alison West and Heidi Koehler.

## Placement Folders for 1985 Graduates

It's time for seniors from the College of Nursing and Medical Technology program to begin preparing their credentials for their employment search. The Office of Student Affairs serves as the Placement Office for these students so that information can be readily available and sent out to prospective employers or graduate programs at the students' request.

Placement folders are established for all graduating baccalaureate nurses and medical technologists. Other 1985 graduates from the College of Health Sciences and graduate Nursing programs may also establish credentials files in the Office of Student Affairs.

The folders include an information sheet with biographical data about the student plus references from faculty members.

Students are responsible for getting these forms completed. Students are also encouraged to prepare a resume to include in their placement folder. All folders are kept confidential.

Placement folder kits containing blank reference and biographical data forms can be obtained from the Office of Student Affairs, Room 023 in the basement of Schweppe Sprague Hall beginning in early January. Although it is not mandatory to keep credentials on file in the Office of Student Affairs, it is highly recommended. References sent from a centralized university placement office are often preferred by prospective employers. This can help to accelerate your application process for better prospects in the competitive job market.

## Taste of Rush

The Rush Medical College Committee on Student Affairs is trying to assess student interest in a gourmet fest. Proceeds from the "Taste of Rush" would benefit student financial aid. This program would involve students preparing gourmet dishes. Food lovers on the faculty would then purchase tickets for the gourmet fest. Once inside the "fest", one could sample the many delicacies.

However, before plans are made, we need to know how many students would be willing to contribute their time, energy, and culinary skills to this program. If you would like to volunteer to provide a dish for the proposed gourmet fest, call or stop by the Office of Student Affairs, 023 Schweppe, x6302, or contact Mrs. Irene Turner at x6028.

## T.G.I.F.

Relive your New Year's Eve celebration with Rush colleagues and friends at the January 4th T.G.I.F. This T.G.I.F., sponsored by the Rush Student Nurses Association (SNA), will feature a "New Year's Eve" theme. Join us for a champagne toast and the singing of Auld Lang Syne in the ever festive Schweppe Auditorium. Many thanks to the SNA in advance for volunteering to decorate, set up, bartend and clean up.

Please remember to bring some form of identification stating your date of birth. All Rush students, faculty and alumni are invited to attend. Hope to see you there!



## Volleyball

On November 19, 1984 the Rush University Fall Volleyball League Championship match was held. Ten teams participated in the co-rec league. The two top teams with the best winning records competed in the final match. Team #2 beat Team #9 in two straight games (15-13) and (15-10).

Congratulations to both teams and thanks to all who participated in the fall league. Winter volleyball is scheduled to begin Tuesday, January 15. If you would like to participate, sign up now in 023 Schweppe.



Congratulations to Team #2 this fall's volleyball champions! Back row, left to right: Carol Barrette, Keith Rezin, Sue Schipper, Tim Morton and Gregg Garbin. Front row, left to right: Rick Barney, Anna Kilboy, Rick Grunert, Denise Weaver and Bob Maganini. Not pictured is Lori Covalenko.



Pictured above are members of Team #9, the "Blazing Stars," who finished second in the fall volleyball league. Back row, left to right: Luyen Cao, Teiriki Yokoo, Eric Fernando, Dr. Tom Hoepfner, Brian Kelly, Ron Lollar, and Dr. Bill Harrison. Front row, left to right: Rosemary McGrath, Sue Satava, Mary Kay ConCannon and Brenda Eriksen.

## Wood Street Gym Schedule

In an effort to avoid scheduling conflicts at the gym, the following schedule has been established for winter quarter:

Monday	Thursday
5:15 - 6:15 p.m. aerobics	5:00 - 6:45 p.m. basketball
6:30 - 7:30 p.m. Tae Kwon Do	7:00 - 9:45 p.m. floor hockey
7:30 - 9:45 p.m. floor hockey	
Tuesday	Friday
5:15 - 6:15 p.m. aerobics	5:15 - 6:15 p.m. aerobics
6:30 - 8:00 p.m. basketball	6:15 - 7:00 p.m. open gym
8:00 - 9:45 p.m. volleyball	
Wednesday	Saturday
5:15 - 6:15 p.m. Tae Kwon Do	11:00 - 12:30 p.m. Tae Kwon Do
6:30 - 7:30 p.m. aerobics	12:45 - 2:00 p.m. aerobics
7:30 - 9:45 p.m. volleyball	

## Additional Scholarships Available Through Illinois Family Practice Residency Act

The Illinois State budget for 1984 included an allocation of \$1 million for medical student scholarship assistance of which approximately half has been spent so far on qualified students. Of the 35 total scholarships awarded to medical students throughout the entire state, 8 Rush students have been selected. Applications are now being accepted by the State Department of Public Health to award the remaining funds for this academic year.

Selected individuals receive full tuition plus a monthly stipend of \$600 for 12 months in exchange for agreeing to serve one year full time in a shortage area in Illinois as a primary care physician for each year of scholarship support. The

stated criteria for the scholarship is financial need, prior academic achievement, exposure to underserved populations, and commitment to primary health care.

A scholarship information packet can be obtained from the financial aid office. Applications must be postmarked no later than January 15th.

**FINANCIAL AID APPLICATIONS  
AND INFORMATION FOR 1985-86  
WILL BE DISTRIBUTED IN  
FEBRUARY TO YOUR CAMPUS  
MAILBOX.**

## Apply Now For Outside Aid

With the ever increasing cost of education and potential cutbacks in federal financial aid programs, it is now more important than ever to investigate funds available from outside agencies. Deadline dates for submission of application forms are usually early in the year, so you should be requesting materials now to be considered for the 1985-86 academic year.

Potential contacts for outside assistance are agencies and foundations appropriate to your program of study, your parents' or relatives' places of employment, your local county or state health associations, and your religious organizations. The Student Financial Aid Office has listings of financial assistance from a variety of sources. The following programs are examples of what is available.

### The Mellinger Education Foundation

The Foundation awards scholarships to undergraduates and low interest loans to graduate students. Application deadline is June 1st. Write to the Foundation at 1025 East Broadway, Monmouth, Illinois 61462 for information and application forms.

### DuPage County Medical Society

Scholarships are awarded to residents of DuPage County who are studying medicine, nursing or any related health field. Information is available in the Financial Aid office. A deadline of March 1 is expected.

### Levie Educational Fund

The Jewish Vocational Service awards scholarships to students of the Jewish faith who are legally domiciled in Cook County and who are in need of financial assistance and are studying a "helping profession." Applications are available by contacting the Scholarship Secretary, (346-6700 ext. 2214), Jewish Vocational Service, One South Franklin Street, Chicago, Illinois 60606. Application submission deadline is March 1st.

### Nesbitt Medical Student Grant

Medical students who are or who have been residents of DeKalb County, especially women, may be eligible for scholarship assistance through the Foundation. Information and the application form may be obtained by writing to the Nesbitt Foundation at The National Bank and Trust Company, 230 West State Street, Sycamore, Illinois 60178.

### The Pullman Foundation

Undergraduate students who are residents of Cook County may be eligible for scholarship assistance based on financial need. Application forms are available from The Pullman Foundation, 5020 South Lake Shore Drive, 3604-N, Chicago, Illinois 60615. Application forms must be submitted by April 1st.

## Rush Job Guide

Students interested in a job can obtain employment forms from the Office of Student Financial Aid in 101 Schweppe Sprague. Employers may contact the office (x6256) to list jobs for students.

**Biomedical Communications:** One student is needed as a medical illustrator to assist in layout work. A background in art would be helpful but not necessary. Hours will vary and wage is \$4.75 per hour. Must be eligible for College Work Study.

**Ear, Nose, and Throat:** One medical student (4th year preferred) is needed as a research assistant to gather treatment data and review patient charts. 20-40 hours per week. \$5.00 per hour. Hours are flexible.

**Psychiatric Nursing Unit:** One student is needed to assist in general duties. No experience necessary. \$5.86 per hour. Flexible hours.

**Triology - Illinois Department of Aging:** Students are needed to serve as Home Health Care assistants in the Evanston/Skokie area. Will be helping elderly with light housekeeping and personal care. Hours are flexible. \$5.00 per hour.

**University Library:** Students are needed to assist in general duties. Approximately 10 hours per week at \$4.75 per hour. Must be eligible for College Work Study.

## Spouse Support Group

The Rush Medical College Support Group for Spouses and Significant Others will meet on Saturday, January 12, 1985 at 7 p.m. in the Schweppe Student Lounge. The topic "Medical Marriages" will be discussed. Two physician couples will be presenting an informal talk. Gary Lipinski, M.D., and his wife Mary Kilmer-Lipinski, R.N., and Colleen Hagen, M.D., and her husband James Hagen, Ph.D., will be the guest speakers. Members are asked to bring an appetizer to share. For further information, please call Nancy Anderson in the evening at 963-1915.

## Group Meeting

A support group for commuting nursing students is being formed. Nursing students who have the additional responsibilities of home and family and/or jobs can be of help to each other through informal discussion of how to integrate their two worlds.

An organizational meeting will take place on Monday, January 14, from noon to 1 p.m. in Room 303 in Schweppe Sprague. Please bring your brown bag lunch. If you would like tea or coffee, you can come to the waiting room of the Student Counseling Center at 834 Schweppe. For more information, please call x3687.

**RUSH UNIVERSITY DAY  
is set for Wednesday  
May 8, 1985.**

**Mark your calendars now!**

**Watch the Reporter for  
more information.**



# RUSH REPORTER

PUBLISHED BY THE RUSH UNIVERSITY OFFICE OF STUDENT AFFAIRS

Volume VIII Number 4

February 15, 1985

## News for 1985 Grads

1985 Graduates—make sure your diploma is ordered! "Intent to Graduate" order forms have been sent to the mailing addresses of students graduating before December 1, 1985. Undergraduates' forms were distributed to student mailboxes on the seventh floor of the Academic Facility. If you did not receive this form (it is on light brown paper), check with the Office of the Registrar immediately.

You are also reminded that your picture must be taken by February 25, 1985, to be included in this year's graduation class composite photos. If you were unable to schedule an appointment while the photographer was on campus, you need to make arrangements to have your picture taken at Marshall Photographers. The studio is located at 162 N. State Street, Chicago. Call 872-2462 to set up an appointment.

Last but not least, on Wednesday, March 13th, representatives from the E.R. Moore Company will be on campus to measure graduates for caps and gowns. Measurements will take place from 11 a.m. - 3:30 p.m. in the Student Lounge, room 023 Schweppe. If you cannot make it on the 13th, stop by the Office of Student Affairs at your earliest convenience to be measured. All graduating students who are planning to attend the commencement exercises need to be measured. The process takes only a few minutes. There is no charge for cap and gown rental.

Questions regarding class composites and/or cap and gown measurement should be directed to the Office of Student Affairs.

## Class Pins and Rings

It is still not too late to order class pins and rings from the Rush University Bookstore.

The B.S. in nursing pin is \$33.55. A 1985 pin guard is also available at an additional cost of \$4.35. R.N. completion students have the option of purchasing a smaller pin for \$21.55 that can be attached to an R.N. pin from another school. The M.S. in nursing pin is also \$21.55. The B.S. in medical technology pin is \$30.50. These prices include sales tax. All pins are 10K double gold filled. A permanent pin number, three initials and graduation year will be engraved on the back of the B.S. in nursing and medical technology pins.

Students should note their permanent pin number in case of loss in future years. All ordering information will be filed under your pin number and will facilitate replacement at a later date if necessary. Samples of the pins are available in the Bookstore. All pin orders are to be paid in advance upon ordering. Please note that pins will not be released until all academic requirements for the degree are met.

School rings may also be purchased through the Bookstore. The rings are custom ordered and take approximately 8-10 weeks to arrive. A \$50.00 minimum deposit is required on all ring orders. The Bookstore can arrange to have your ring shipped directly to you from the jeweler if you plan to move around the time of graduation. The ring must be paid in full, however, before it is shipped.

For further information on class pins and rings, call the Rush Bookstore at x5845.

## First Annual Near Loop Hoop Cup

The University of Illinois-Chicago/Rush Challenge will be held on Thursday evening, February 21, 1985 at the University of Illinois Pavilion (Racine and Harrison Streets).

An interinstitutional basketball game between U. of I. and Rush will be played prior to the U. of I. Flames/Northern Iowa University game. The doors to the Pavilion will open at 4:30 p.m. The Rush/U. of I. game will begin at 5:15 p.m. and end by 6:15 p.m. Pre-game activities include a free-throw competition for spectators with prizes awarded for successful shots.

Tickets are needed for admission and are available free from Community Affairs (either at 729 S. Paulina or the Satellite Office, 145 Pavilion), the main Cashier's counter, or the Office of Student Affairs, 023 Schweppe.

Door prizes based on ticket numbers will be awarded between 5:15-6:15 p.m. Holder must be present to win. First prize is a weekend trip for two to Las Vegas.

Join us as we cheer the Rush team on to victory!

## CALENDAR OF EVENTS

### Friday, February 15

Film, *Star Trek II*, 7 p.m.,  
A. B. Dick Auditorium.

### Friday and Saturday, February 15-16

Regional College Bowl Tournament,  
De Paul University. Come cheer the  
Rush team to victory!

### Saturday, February 16

Chicago Symphony University Night  
Concert Series, 8 p.m., Orchestra  
Hall.

### Monday, February 18

SNA Donut Sale, 7 a.m., Schweppe  
and Harrison St. Lobbies.

SNA meeting, 12 noon, room 303  
Schweppe.

Chimera Self-Defense  
Demonstration, 5:30 - 7:30 p.m.,  
Schweppe Auditorium.

### Tuesday, February 19

Lecture in Health Care Ethics,  
"Quality of Life as an Ethical Norm,"  
by Josephine Flaherty, R.N., Ph.D.,  
3:15 - 4:15 p.m., A. B. Dick  
Auditorium

### Wednesday, February 20

Film, *Where The Boys Are* (1984),  
6:30 p.m., A. B. Dick Auditorium.

### Thursday, February 21

First Annual Loop Hoop Cup, doors  
open 4:30 p.m., game begins at  
5:15 p.m., University of Illinois  
Pavilion.

### Friday, February 22

Hawaiian Beach Party! 8:30 p.m. -  
1 a.m., Schweppe Shores.

### Friday, March 1

Film, *The Man From Snowy River*,  
7 p.m., A. B. Dick Auditorium.

### Monday, March 4

Think Spring Ice Cream Party, noon  
- 1 p.m., Schweppe Auditorium.

### Tuesday, March 5

Chicago Symphony University Night  
Concert Series, 8 p.m., Orchestra  
Hall.

### Wednesday, March 6

Lecture in Health Care Ethics,  
"Destruction before Detonation: The  
Impact of the Arms Race on Health  
and Health Care," by Victor W.  
Sidel, M.D., 2-3 p.m., A. B. Dick  
Auditorium.

### Saturday, March 9

Rush Medical Student  
Spouses/Significant Others Support  
Group meeting. Details to be  
announced.

### Sunday, March 10

Munchie Break, 8-10 p.m., Student  
Lounge, 023 Schweppe. Sponsored  
by the Peer Counselors.

### Monday, March 11 - Friday, March 15

Examination Period - X courses.

### Wednesday, March 13

National Residency Match Day.  
Match results 11 a.m., Room Five  
Hundred, followed by M4 class  
meeting/party, Schweppe  
Auditorium.

Cap and gown measurement for all  
graduates, 11 a.m. - 3:30 p.m.,  
Student Lounge, 023 Schweppe.

Lecture in Health Care Ethics,  
"A Case Study," by Norman Fost,  
M.D., 2-3 p.m., Schweppe  
Auditorium.

### Sunday, March 17

Munchie Break, 9-11 p.m., MDL area,  
7th floor Academic Facility.

### Monday, March 18 - Friday, March 22

Spring Break - X courses.

Examination Period - Y courses.

### Monday, March 25

Spring Quarter classes begin -  
X courses.

### Monday, March 25 - Friday, March 29

Spring Break - Y courses.

### Monday, April 1

Spring Quarter classes begin -  
Y courses.

### Wednesday, April 3

Film *Spellbound*, 6:30 p.m., A. B. Dick  
Auditorium

### Friday, April 5

Good Friday.

### Saturday, April 6

Passover begins.

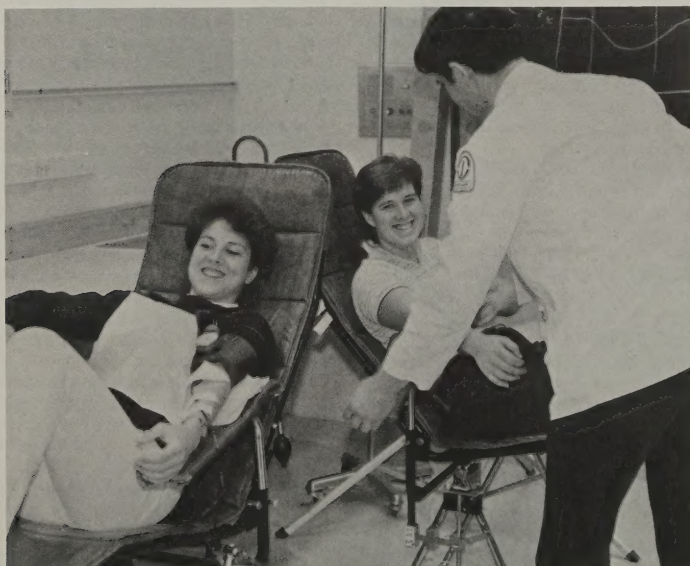
### Sunday, April 7

Easter Sunday.

## Thanks from the Heart

The Blood Center would like to thank all the students, faculty and staff who participated in our recent Student Affairs Blood Drive. The drive was held in January, which was National Blood Donor Month. By the end of the drive, we had drawn 133 donors with 27 temporary

deferrals. That blood was very important in our recovery from the holiday slump. We really appreciate the support and enthusiasm demonstrated by such a wonderful turnout. Thank you again! Rush students really know how to give!



Laura Kohout and Lisa Wiperman were two of over 130 individuals who donated blood at our recent drive. Thanks to all who participated.



# Test Taking Skills Guidelines for Students

by Robert Pierleoni, Ed.D.

## A. Getting Ready

1. *Learn the Material.* Obviously, nothing better prepares you for taking a test than learning the material that will be tested. Some basic suggestions about how to do that are offered in B below.

2. *Create a Review Plan and Follow It.* Leaving review activity until two days before the test is unwise. Ideally, review activities are an ongoing component of the learning process. However, it is useful to create a specific review plan for a given test. The essential elements of such a plan include a prioritized list of tasks and a schedule which not only identifies time slots for review work but associates specific tasks/activities with each session.

It is useful to set aside a block of time, perhaps 2 or 3 hours, each week during the quarter for review work. It is advisable to supplement this by additional review sessions as the test date approaches. The value of added review sessions is maximized if scheduled for at least a week before the test date. Starting sooner is advised if the volume of material to be reviewed is extensive, if other tests are scheduled at about the same time, or if other assignments or commitments come due at that time.

If a reasonable review plan has been established and conscientiously followed, the temptation to "cram" will be reduced. While cramming may have helped in prior experiences, it is less likely to work in health professions schools. Many factors contribute to this conclusion, including the overall accelerated pace of such academic programs, the volume of material to be learned in a relatively short space of time, the heavy schedule of classes, laboratories and clinical assignments, and the pressure to make rapid social and psychological adjustments to the Medical Center environment.

3. *Review with Other Students.* By explaining ideas, describing procedures, asking and answering questions, and dialoguing with others, learning is strengthened. Scheduling periodic review sessions with one or more students is beneficial if all participants approach their commitments to the group in a responsible manner. The effectiveness of such sessions in meeting individual needs requires the development of a clear agenda for each session (i.e., topics to be discussed) and conscientious preparation of these topics by each participant, including at least initial attempts to learn the material and the preparation of discussion questions to stimulate interaction. Drill on basic facts also may be included in these sessions. Participants are advised to alternate asking and answering questions.

## B. Organizing Content for Review

*Make Lists.* Perhaps the simplest way to start organizing content for review is to develop lists of things to be learned. Examples include lists of key terminology, major concepts or ideas and main messages. At this stage, there is no intention to be detailed. Actually, if appropriately executed, these lists will be relatively brief yet encompass the content to be learned.

2. *Produce Information Sets.* Using the lists developed in 1 above, produce a series of information sets which represent important concepts or structures in contexts that promote learning and facilitate future retrieval.

The most effective information sets are relatively simple with little detail. They contain key elements of a concept, elements which when recalled trigger the detail necessary to "flesh out" the concept. These information sets, when collected in a series, encompass all of the main messages to be learned but will not include all of the

details; these are inferred and are retrieved because of associations with the elements actually appearing in the information set.

It is useful to create information sets which graphically represent the material rather than word lists *per se* or verbal descriptions. Flow charts which represent sequence and direction, anatomical drawings or sketches, charts, tables, diagrams showing interrelationships are examples of graphic representations of content. These information sets may be modified, added to or separated into two or more, as depth of understanding increases or new knowledge is acquired.

The priority is to learn the main messages, concepts, first and the details later. This helps avoid not being able to see the forest because of the trees. Using these information sets for review better assures learning and retrieving content in manageable—and logical—units or chunks.

## C. Building Confidence During a Test

1. *Determine What You Control and What You Do Not Control.* Once accomplished, focus on the former. For example, devise strategies for answering difficult questions, rather than expending energy thinking about how the questions should be edited.

2. *Plan Alternative Relaxation Techniques to Use During a Test.* Make a list which includes such items as slowing the pace of breathing, changing position to reduce tension and relax muscles, sipping a cool drink, resting eyes, shaking out writing hand, etc.

3. *Provide Positive Self-Reinforcement.* Do not dwell on how much there is left to do but on how much has already been accomplished. First answer questions that are easy for you, skipping more difficult questions to return to later.

4. *Let the Percentages Work for You.* For example, in five option multiple choice questions, every option you can eliminate increases your probability of getting the correct answer by 20% even if you just guess at that point. In many questions, it is possible to reduce viable alternatives so the probability is 1 in 4, 1 in 3 or even 1 in 2, rather than the 1 in 5 probability of the original question. Over several questions on one exam, these probabilities can and do add up and improve chances for correct answers and total test score.

## Self-Defense Demonstration for Women

No woman is immune from the threat of violence today. Every woman restricts her life because of the fear of violence. The challenge to women today is to live their lives safely and sensibly without incorporating crippling limitations.

In light of these realities, a self-defense demonstration will be presented by Chimera, a women's self-defense organization.

The concept of self-defense taught by Chimera gives women the means to defend themselves: mental strategies as well as physical techniques, learned through practice, role playing and discussion.

The demonstration will be held Monday, February 18, at 5:30 p.m. - 7:30 p.m. in Schweppe Sprague Auditorium. Faculty, students and employees are welcome.

This event is sponsored by the American Medical Women's Association, Rush University Faculty Women's Association, Student Nurses Association and Student Affairs.

## Think Spring— Ice Cream Party

The Office of Student Affairs cordially invites you to a "Make Your Own Sundae Party" on Monday, March 4, 1985 at 12 noon in the Schweppe Auditorium.

We'll be featuring all kinds of treats from Baskin-Robbins. Let your imagination run wild with whipped cream, chocolate

syrup, nuts, and strawberry, pineapple and butterscotch toppings. Create a masterpiece to soothe those prefinal jitters.

Remember that's Monday, March 4, 1985 at noon. All faculty and students are invited to attend.



Don't miss the "Make Your Own Sundae Party" on Monday, March 4th!

## Student Senate Update

by Betsy Martin

The Student Senate for the Rush College of Nursing had its first meeting of the quarter on January 14. At this meeting reports from the various representatives showed an increased interest in the happenings and workings of the College of Nursing and constructive ideas were discussed on how to become better informed.

Course representatives are making contact with their respective directors and working relationships have begun. Some representatives are actively participating in the evaluation of the course with their directors. Seniors relayed valuable advice to the juniors regarding specific courses.

On Monday, February 4, the Student Senate sponsored a noon hour program on assessing salary and benefit plans. Mr. Bob Bracken, Director of Wage and Salary here at the Medical Center, spoke to our group.

An open forum meeting is planned for the near future. Watch the bulletin boards for the date, time, and location. Everyone is welcome to attend.

## CATS Tickets for Spring

A block of tickets for the Broadway hit CATS will be available to Rush students and faculty for a date yet-to-be-announced in April. CATS opens in Chicago on March 22 at the Shubert Theatre. It began on London's West End, and was already a legend when it opened on Broadway. It won seven 1983 Tony Awards including Best Musical of the Year.

On a larger than life junkyard, eyes flash and they appear! Leaping, climbing, soaring and singing, they surround you. And they transport you into their world...the other world of CATS! Mister Mistofolies, Macavity, Rum Tum Tugger, Grizabella, Old Deuteronomy. CATS. They pounce and crawl and dance and glide. They sing—oh, how they sing! And before the night fades into dawn, one of them shall be chosen, over all the others, to receive that most precious of blessings—another cat-life.

Watch for announcements of the date for this special theatre outing. Tickets will be discounted for Rush students. Faculty and staff will pay full ticket price (sorry, no group discount was available for this show). Details will be forthcoming soon from your Rush box office, the Office of Student Affairs.

## Clinical Honors

To provide recognition of clinical excellence in undergraduate nursing, an honors category for clinical practice has been developed by the Rush College of Nursing faculty.

At the end of each quarter, deserving students will be awarded "clinical honors." Clinical honors shall be awarded to students whose clinical performance exceed course expectations, a performance that is consistent, creative, scholarly and characterized by a caring, humanistic approach. Students are recommended by their clinical instructors.

This past fall, two junior and ten senior nursing students were awarded clinical honors. Congratulations to the following:

Cynthia Buker  
Patricia Fahey  
Catherine Gennusa  
Marilee Graham  
Irene Hurst  
Adrienne Krug  
Marie Neiman  
Angelique Richard  
Rebecca Saltiel  
Laura Schmidt  
Mariorse Serrano  
Laura Streitberger

## Registrar's Office

Registration for spring quarter is February 18-26. Timetables for spring quarter courses will be available about a week before the registration period. As usual, the registration forms will be stamped and processed on a first-come, first-served basis.

Registration forms will not be accepted before 7:45 a.m. Monday, February 18. Use of the alternate course area of the form will help to assure that students get their second choice if the first choice is filled.

Unclassified student registration forms will be processed on the day before classes begin after regular students have had an opportunity to register. Rosters will be posted in 101 Schweppe and notices sent to the unclassified students concerning their enrollment in classes.

Congratulations to the following Medical Technology students who made the Dean's List for fall quarter 1984:

Lilia Colon  
Mary Kay Concannon  
Robin Glassner  
Denise Jones  
Ronald Lollar  
Nanci Miller  
Scott Proksch



## Inside The Student Counseling Center

Marilyn Johnson, Ph.D.

From time to time students have requested that I write a column on death and dying. Since I felt I could only rehash Kübler-Ross whose ideas are so well known, I have never done so. Recently, however, I experienced several encounters with death and dying within a two week period, and the emotional impact of these events has led me to give this more thought. The encounters ranged from a workshop on despair and empowerment in the nuclear age and one on death and dying at one end of the continuum to discussing my living will with a physician friend and the death of a pet at the other. Each experience brought home a truth along with a lot of strong feelings. In discussing these experiences with others, I found comfort and encouragement in learning that friends had felt many of these things too.

The nuclear age workshop left me with a reawakened sense of the preciousness of life and, consequently, of the futility and stupidity of a nuclear holocaust. One experience was particularly vivid. In one exercise, we selected a partner with whom we stood face to face with palms touching. We were asked to ponder this stranger and to consider the likelihood of him or her surviving for the term of a natural lifespan. My partner was probably 25 but looked 18. He had long straight blond hair and wore wire-rim glasses. He wore a wedding ring. I knew nothing else about him. My heart sunk as I looked at him; for him to live out his life would require that growing numbers of world leaders as well as of lunatic terrorists would resist pushing the button. I realized how strongly I wanted him and his wife to live to be old, to have children, to do work that was meaningful. This experience was especially poignant because of his youth.

It was the message of the workshop that an experience like this could easily lead to a sense of despair but that empowerment can grow from it as well. If the awareness that every other person in that room has feelings similar to mine leads me to join with them in continuing to stimulate this awareness in growing numbers of people, then we will feel empowered. Some of the impact of this workshop has receded but occasionally the sight of a young person will jolt me into some of the feelings I had with my partner.

Then, our peer counseling group had a workshop on death and dying with Father Jim Corrigan, a medical center chaplain. Father Corrigan presented a case which elicited strong feelings and led to a lively discussion. We were forced to evaluate our own attitudes about how people "should" die and how people "should" grieve and were reminded of the importance of not imposing our ideas on others.

Father Corrigan reminded us that Kübler-Ross' great gifts were in allowing us to see that we have been afraid of dealing with the dying and in giving us the means to overcome this fear and to become helpful to the dying. He cautioned us that we must be careful not to reify her ideas so that we insist that everyone face death in the same way. There was general agreement with Father Corrigan's perspective that people die the way they live, that they grieve the way they live, and that we should encourage this. This may seem self-evident but it is not always easy. If you express emotions easily and find this helpful, you may find it difficult not to push a stoic, highly-controlled cancer patient to "get your feelings out" or "stop denying your disease." When these problems occur, try to put yourself in the patient's shoes and give him or her the peace you would want to do it your own way. One cannot have a discussion like this without wondering about oneself as a terminal patient.

In a more personal sphere, I just signed a living will. On one level, I feel safer having it and hope it will spare me and my loved ones pain. On another level, I feel totally disbelieving that my name is on the document. Me die? Never! Living wills are written for the elderly like my mother but

I'll never be in that position. This document arrived just as I welcomed house guests, M., a second year medical resident in another city, and his wife. When he wasn't sleeping off the exhaustion of the past several months, M. was telling war stories and death was prominent here. M. is a sweet, gentle man who would tell a story and then say, "I'm a jerk" (to have done that or to be laughing about this). He spoke so much about the medical means of prolonging life that I showed him the living will. "Oh, I really like this. If you were admitted with this, I wouldn't intubate you." Thanks a lot, I thought, thanks for nothing. There it was again, that electric shock of recognition that one day I will die. There is something about an official document that dissolves defenses.

The most wrenching event was having my dog put to sleep. She'd been deteriorating for a couple of months so I knew that her death was inevitable but how would I know when the time had come to help her out of life? Over the weeks that I waited for the sign that I hoped the dog would give me, I was already grieving without being very aware of it. While I watched her, trying to freeze forever a picture of this good friend, I was also trying to envision a life without her. Finally, the sign came and, held in my arms, she took such a gentle leave that for a time I did not realize she was gone. It was sad, yes, and tearful but much of the mourning was already past without my having realized it. I had thought I was holding it together until she died but I was saying goodbye to her for weeks. Next time perhaps I will be more aware of this and appreciate it.

Many of you may have had feelings like those I've described. We usually keep our defenses in place to avoid them, but a series of assaults or a particularly vivid one may temporarily overwhelm those defenses. The feelings are sad, maybe frightening, but they don't have to be depressing. I can look at each event and say, "It's inevitable that we'll be incinerated within 10 years, - It's terrible that everyone doesn't come to terms with his or her death in the most 'healthy' fashion - I just know I'll be tied to a machine for the last months of my life - Why did Daisy have to die before her expected time?" These register despair. Or I can say, "I care enough about the whole generation symbolized by my young partner that I'll do what I can to fight nuclear weapons - I hope I can help my loved ones die in whatever way they wish - I trust that my family and physician will honor my wishes when I am terminally ill - I stayed with Daisy to the end; mine was the last touch she felt and the last voice she heard." These reflect empowerment.

## Graduate Nursing Programs Open House

On February 1st, the Office of Student Affairs and the College of Nursing sponsored the second annual Graduate Programs in Nursing Open House in Schweppe Auditorium. In attendance were representatives from fourteen schools who talked with students, faculty and nurses about their respective masters and doctoral programs in nursing. Information from an additional ten schools was also provided, covering some of the best nursing programs in the nation.

If you missed the Open House and would like to learn more about masters or doctoral programs in nursing, you may still take advantage of the information left over from the Open House. It is on file in the Office of Student Affairs. Come by anytime during business hours, Monday through Friday, 8:30 a.m. - 5 p.m. Inquiries may be directed to Jackie Caventer.

## Pre-Finals Munchie Breaks

Once again the Rush University Peer Counselors will be sponsoring two ever popular pre-finals munchie breaks. The first is scheduled for Sunday evening, March 10, from 8-10 p.m. in the Student Lounge, room 023 Schweppe. The second snack night will be held on Sunday, March 17, from 9-11 p.m. in the MDL area on the seventh floor of the Academic Facility. A variety of munchies including fruits, vegetables and dip, cheese and crackers, and sweets will be served. Take a break from studying and stop by as your schedules permit. If you would like to help with these programs, please call the Student Counseling Center at x3687.

## Reel Entertainment

### WHERE THE BOYS ARE (1984)

Wednesday, February 20, 6:30 p.m.

A. B. Dick Auditorium

Free Admission

Starring: Lisa Hartman, Russell Todd, Lorna Luft, Wendy Schaal

Directed by: Hy Averback

Rated R Released: 1984

To set a balmy mood for the February 22nd Hawaiian Beach Party, this 1984 remake of the classic beach movie is being shown at Rush. *Where the Boys Are* is a breezy romantic comedy about four college coeds who travel to Fort Lauderdale during spring break, hoping to find sun, fun, sex and adventure.

Inspired by the 1960 then-college classic, now-camp classic starring Connie Francis and Paula Prentiss, Allan Carr's *Where the Boys Are* is an entirely new film about a whole generation that has an endless capacity for raucous rock music and marathon parties, while going through the age-old rites of spring.



### THE MAN FROM SNOWY RIVER

Friday, March 1, 7 p.m.

A. B. Dick Auditorium

Free Admission

Starring: Kirk Douglas, Tom Burlinson, Sigrid Thornton, Jack Thompson, Terence Donovan

Directed by: George Miller

Rated PG Released: 1982

The highest grossing film in the history of Australian cinema, *The Man From Snowy River* has also rocketed through box office records worldwide! Shot entirely on location in Australia's breathtaking high country, this heroic adventure chronicles a mountain boy's difficult passage into manhood.

Newcomer Tom Burlinson stars as Jim Craig, an orphan who was born in the timberlands of the Great Divide. Sigrid Thornton plays young Jessica who conspires with Jim to prove his wilderness skills by taming a wild horse. Kirk Douglas turns in a steller dual performance as Jessica's father, one of the country's wealthiest cattle ranchers, as well as Spur, a crusty old eccentric prospector who befriends Jim.

## Spouse\* Support Group

Since fall a group of medical students, residents and their spouses \*or significant others have been meeting to socialize, cope, commiserate and share resources and ideas about surviving in a relationship during medical school and residencies. The group is now expanding. All Rush medical students and residents are welcome to bring their partners to the group meetings.

Medical couples from the community are invited to be featured guests at some meetings, group outings to Chicago events such as *A Christmas Carol* have been organized, as well as potluck gourmet dinners and hors d'oeuvres nights. Children are often included in the events the group sponsors.

This group provides a way for couples to spend some time together with other Rush couples, to help partners meet their mates' fellow students and hopefully get a better sense of what others do to ease the stress and strain a demanding medical education places on couples and their families.

The group sends out periodic newsletters with articles, reading suggestions and announcements of upcoming events. If you would like to get on the mailing list for this newsletter, call or stop by the Office of Student Affairs, 023 Schweppe Sprague, x6302. Copies of the newsletter are available in the new Student Lounge, the Counseling Center and the Residents Lounge in the Academic Facility. For more information about the group, contact Nancy Anderson, 963-1915.

### SPELLBOUND

Wednesday, April 3, 6:30 p.m.

A. B. Dick Auditorium

Free Admission

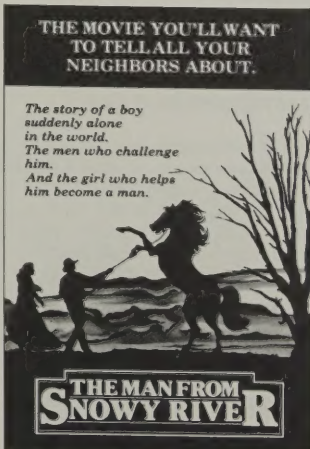
Starring: Gregory Peck, Ingrid Bergman, Leo G. Carroll, Rhonda Fleming

Directed by: Alfred Hitchcock (1945)

"I wanted," said Hitchcock, "to turn out the first picture on psychoanalysis." Hitchcock's genius for maintaining suspense is evident in *Spellbound*. Gregory Peck's Dr. Edward suffers from paranoid nightmares, and Salvador Dali's extravagant visuals give his dream world a pliable, crumbling quality full of soft wheels, scissored eyes and whirling clouds. Peck, an amnesiac, believes he has committed murder. Convinced that he is not guilty, Ingrid Bergman, the beautiful psychiatrist, attempts to restore his memory to prove his innocence.

"Suspense is simply the most intense presentation possible of dramatic situations. Hitchcock feeds a maximum of tension and plausibility into the drama, pulling the strings ever tighter. Then he suddenly lets go, allowing the story to unwind quickly."

—Francois Truffaut





## The Way We Were

We are reprinting, in this issue, an interesting article from a Rush Medical College Student periodical *The Corpuscle*, March 1893 issue. It deals with the nutrition of the patient. The terminology and the approach to the subject in the 19th century is a far cry from modern scientific nutrition. However, this pioneering article, signed anonymously by Miss Carrollyn, engages the attention of today's reader.

### Shall Medical Students Learn How To Cook?

Harvard medical men find that their course of instruction, given them by the Boston Cooking School, is of untold value. With it they can intelligently order a patient's diet; they can tell those in charge how to prepare the food which has been prescribed, that it may contain the proper amount of nourishing elements, and the minimum amount of indigestible, or difficulty digestible, constituents. By proper feeding alone, many a convalescence has been established and life saved.

Where there is no trained nurse in charge of your patient, you will be called upon to tell his friends how to make broths, gruels and many articles of invalid cookery, and those of you who know how to cook have the advantage. It is easy to say, "Give him nourishing broths and easily digested articles", but this is a very insufficient information for the majority of families. A big, healthy laborer has always found fried salt pork and sauerkraut caused him no discomfort, hence fried salt pork and kraut are fit foods for him. His wife reasons thus, at any rate. Your man has typhoid, an acute attack of some stomach trouble, possibly is a surgical patient with appendicitis. You say, "Give him light food", and go away filled with the satisfaction of having said and done the proper thing. His wife begins, and with the idea that John must have a sufficient nourishment (gotten from no one knows where), she fills him full of salt pork, kraut, dandelion greens, etc., and you in your ignorance are just as culpable as she.

Then, too, by improper cooking the most digestible food may be rendered indigestible. This can be demonstrated very readily by toasting a piece of bread hastily, the outside will be charred, leaving the inside doughy, while if dried nearer to the coals, the toast will be a crisp brown, and instead of doughy nature, will be one of pure wheat farina. Oysters, if cooked until they become plump and until the edges commence to curl, are well done, but if not served immediately and if the cooking process is allowed to go on, they become leathery and indigestible.

So it goes with every kind of food, and it is really astonishing to see how few people understand the art of cooking nowadays. There is one thing against young men learning how to cook - it is apt to make bachelors of them. Harvard shows an alarming increase of unmarried men among her graduates, and it may be owing, partly to their skillful cooking.

### Note of THE CORPUSCLE editor:

In view of the fact that the diet of a patient constitutes a fair share of his successful treatment, and remembering how little training we get, either in the theory or practice of feeding a sick man, *The Corpuscle* has decided to devote a little space to a few practical talks on the subject. Do not believe for a moment that the Editorial Board is going to give you instruction in cooking! While we do not insinuate that we could not do so, and while we would consider a man who made such insinuations as little better than a galunatic still, we think it more wise to give the talks per an experienced person.

William Kona  
RPSLMC Archives

## O.S.R. Representative

By Cathy Rives, M4

The O.S.R. (Organization of Student Representatives) is the student branch of the A.A.M.C. (Association of American Medical Colleges). Each medical school is represented by one student elected by the student body. Your duties as a representative include:

1. Representing Rush at the annual A.A.M.C./O.S.R. Convention in October or November. (Expenses will be paid by Rush Medical College)
2. Representing Rush at the regional O.S.R. meeting in March.
3. Reading and posting weekly A.A.M.C. newsletters reporting on Congressional events.
4. Distributing the annual O.S.R. newsletter to student mailboxes.

The O.S.R. is primarily a political organization. It is an excellent place to learn about the economic and political factors that so greatly influence medical education, medical research, and medical practice. Being a representative to the O.S.R. allows you to meet students from around the country and to get involved on a national level, with the policymaking process. If you are not politically minded and if you tend to think on a one-to-one level as opposed to a regional/national level, then you would probably find this position frustrating. On the other hand, if you are concerned about the future of medicine in the country and the decisions that are being made in Washington (as we all should be), this position is enlightening.

Please feel free to call me at 935-2812 (evenings) if you have any questions about the O.S.R. and/or if you are interested in running for the position. The election will be held in March.

### T.G.I.F.

Thanks to the Rush University Peer Counselors for sponsoring the February 8th T.G.I.F. Their help and enthusiasm were greatly appreciated. There will not be a March T.G.I.F. due to final exam and spring break schedules.

**FINANCIAL AID APPLICATION FORMS and information for 1985-86 will be distributed to your campus mailbox by the end of February. Watch your mailbox to apply as soon as possible.**

## Sigma Theta Tau

As the deadline for awards applications approaches, the Awards Committee of the Gamma Phi Chapter of Sigma Theta Tau would again like to ask for nominations of those individuals whose accomplishments reflect the goals of Sigma Theta Tau and thus merit recognition. To foster such nominations, listed below are the criteria and deadlines for applications.

### Writing Award

Open to all nurses and nursing students at RPSLMC as well as all Gamma Phi members. The topic must be related to the goals of Sigma Theta Tau. Award: \$100.00. Additional information is available from Judy Trufant, 622-5400. Deadline - April 15.

### Recognition Award for Completed Research

Open to all Gamma Phi members. The completed research report must include research questions, summary of design and methodology, results and their significance to nursing, and the possible contributions of this project to the advancement of nursing. Additional information is available from Mildred Kemp, 942-7112. Deadline - April 15.

### Clinical Research Award

Open to all nurses and nursing students at RPSLMC as well as all Gamma Phi members. Proposal must be approved by Nursing Research Committee or the appropriate Human Investigations Committee.

Funding is for research related expenses. The recipient must acknowledge the support and provide the chapter with a fund accounting and a written report of the completed study. The study itself must be applicable to clinical nursing practice. Detailed information is available from Mildred Kemp, 942-7112. Deadline - April 15.

### Community Service Award

Open to all Gamma Phi members. This award recognizes contributions relevant to the health of the community in non-nursing organization involvement. Additional information is available from Susan Dean-Baar, 942-6863. Deadline - April 15.

### Educator Award

Open to all Gamma Phi members who hold a faculty appointment. This award recognizes contributions relevant to nursing education. Additional information can be obtained from Mary Oakley, 942-6103. Deadline - April 15.

### Professional Activities Award

Open to all Gamma Phi members. This award recognizes contributions relevant to the nursing community through nursing organization development. Additional information can be obtained from Marilyn Rubin-Terrado, 942-6863. Deadline - April 15.



Pictured above are Aaron Chun and JoAnna Mitchell. They have their outfits ready for the Beach Party. Do you? Be there. Aloha.

“We’re Gonna Go Hawaiian”  
at the mid winter

## BEACH PARTY

Friday, February 22, 1985

8:30 p.m.—1:00 a.m.

Schweppe Beach

Preview: Movie *Where the Boys Are* (1984)

Wednesday, February 20, 6:30 p.m.

A. B. Dick Auditorium

Watch your student mailbox for

“your ticket to paradise”



# RUSH REPORTER

PUBLISHED BY THE RUSH UNIVERSITY OFFICE OF STUDENT AFFAIRS

Volume VIII Number 5

April 5, 1985

## President Reagan's Budget Cuts Student Aid

President Reagan has requested a 25 percent reduction in student assistance for the 1986-87 academic year. As you are aware, many federal programs are being cut in an effort to reduce the federal budget and, thereby, bring the federal deficit under control. Reagan's proposed budget for 1986-87 seeks to limit students from receiving more than \$4,000 in aid from all federal sources; not allow students from families with incomes exceeding \$32,500 a year to receive subsidized Guaranteed Student Loans; and limit Pell Grants to families who earn less than \$25,000 annually. Under this proposal, middle-income students would be greatly affected as well as most students attending high cost institutions. President Reagan has said that his proposal would not force middle-income students to drop out of college—as some students and education groups have charged—because students will still be eligible to receive guaranteed loans of up to \$4,000. However, many students attending Rush University would be adversely affected if the proposal became law, and the maximum proposed guaranteed loan limit would have to be supplemented with other higher interest rate loans.

Just how may this proposed budget affect Rush students in the 1986-87 academic year? By looking at the current financial aid population, a rough estimate can be made as to its projected impact on the Rush student body. An analysis of the major budget proposals to reduce the federal student aid budget is listed below.

- a. Graduate students may only borrow up to \$4,000 maximum, if they meet the financial needs test criteria, at probably a higher variable interest rate.
- b. Students would only be able to receive a maximum of \$4,000 from all federal sources. For undergraduates, this maximum comprises funds under the Guaranteed Student Loan, Pell Grant, Supplemental Grant, and College Work Study. For graduate students, their maximum would automatically be reached with the Guaranteed Student Loan.
- c. Students from families with adjusted gross incomes of \$32,500 or more would not be eligible for any Guaranteed Student Loan *regardless* of their financial need. Students and their families could, however, borrow under the ALAS or PLUS program (graduates - \$3,000 per year, undergraduates - \$2,500 per year) with interest accruing from the time of disbursement.
- d. No new federal assistance will be forthcoming for National Direct Student Loans (Rush received \$390,000 this year), but payments from borrowers repaying their loans can be awarded.

All totaled, the loss of federal assistance to Rush University students may be as

high as 1.6 million dollars if Reagan's proposed budget remains the same and the current 1984-85 student body demographics remain the same. This 1.6 million dollar loss would have to be made up with high interest rate loans since current institutional resources could not make up the difference.

Currently, the House of Representatives and the Senate are working on their own budget proposals that will be presented to Congress. A final budget proposal will be prepared by Congress for the President to accept or veto. It is very important that the elected officials hear from you and your parents about how the proposed budget may affect you. Your input is important! Do not pass up the opportunity to express your opinion. It should be noted that the budget process will take a long time, and you may be asked to write again at a later date. However, as Chicago politicians are wont to say, "Vote (write) early and often".

Letters should be addressed to the chairman of each committee as well as to the President at the addresses listed below.

President Reagan  
The White House  
Washington, D.C. 20500

Pete V. Domenici, Chairman  
Senate Budget Committee  
Dirksen Senate Office Bldg.  
Suite 434  
Washington, D.C. 20510

William H. Gray III, Chairman  
House Budget Committee  
Cannon House Office Bldg.  
Office No. 204  
Washington, D.C. 20515

Bring your letter to the Office of Student Financial Aid and the envelope and postage will be provided for you.

## Second City Theatre Outing

A special theatre outing to Chicago's own Second City Theatre is planned for Sunday, May 12th, for the 9 p.m. performance of "True Midwest or No But I Saw the Movie."

The nationally acclaimed Second City Theatre, a perennial favorite of Rush students, continues to offer some of the best comedy to be seen. Tickets for the evening show also include the improvisation set which begins at 11 p.m. following the main production.

A limited number of tickets are available for students at a discounted price of \$5.00. Reservations for tickets can be made beginning April 1st in the Office of Student Affairs, 023 Schweppe Sprague. Payment must be received to reserve tickets.

## Dr. Henikoff's Convocation

On May 1 and May 2, 1985, we will celebrate the installation of Leo M. Henikoff, M.D., as our new president. All students are invited to these events:

**Wednesday, May 1, 2:00 p.m. - 5:00 p.m.**

Symposium:

Academic Health Centers in the Twenty-First Century

Speakers:

Eli Ginzberg, Ph.D., Columbia University; David E. Rogers, M.D., The Robert Wood Johnson Foundation; Virginia V. Weldon, M.D., Washington University

Place:

A. B. Dick Auditorium Special Student Viewing

Please be sure to respond to your invitation so that sufficient seating can be arranged.

**Thursday, May 2, 3:00 p.m.**

Special Convocation to install Leo M. Henikoff, M.D., as President of Rush University.

Place: Medinah Temple  
600 N. Wabash Ave.  
Chicago

**Thursday, May 2, 4:30 p.m.-6:30 p.m.**

President's Reception

Place: Hotel Continental,  
550 N. Michigan Ave.  
Grand Ballroom

Bus service will be available from the Medical Center to Medinah Temple and will return to the Medical Center after the Convocation and after the reception.

All inquiries regarding these events should be directed to the Office of Student Affairs, x6302, or the Office of the University Marshall, x6911.

## Families in the Work Place

On Monday, April 8, 1985 at 12 noon in Room 317 Schweppe-Sprague, Steven Korner, Ph.D., Division of Counseling Psychology, Seton Hall University, will present a talk "Treating organizational absurdity in the work family: A family systems perspective." Dr. Korner is a family therapist who has worked in a number of hospital settings in Philadelphia and New York City. In his

talk, he will describe a number of family systems concepts and will show how these apply to what he calls families in the work place. Dr. Korner's perspective allows health professionals to understand institutional conflicts in a new way. This talk is sponsored by the Student Counseling Center and the Rush University Peer Counselors. For further information call Marilyn Johnson, Ph.D. at x3687.

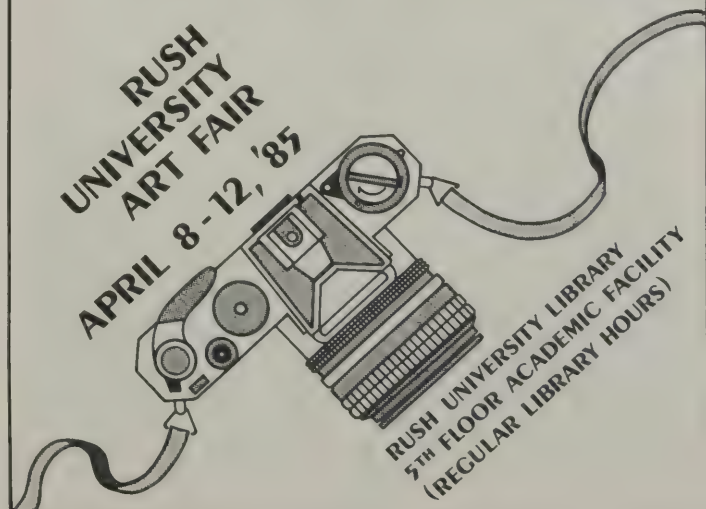
## Student/Faculty Art Fair

Don't miss the Student/Faculty Art Fair Monday-Friday, April 8-12, in the Rush University Library on the fifth floor of the Academic Facility. Oil paintings, acrylics, watercolors, etchings, lithographs, photography, sculpture, woodwork and ceramics will be displayed.

All students, faculty and staff are invited to attend the Art Fair. Stop by the Library as your schedules permit. The ex-

hibit area will be open for viewing during regular Library hours.

This event is co-sponsored by the Rush Medical College Committee on Student Affairs, the Rush University Office of Student Affairs and the Rush University Library. We would like to extend special thanks to Nicki Lekas, M4, and Dr. Armando Susmano for their effort and assistance in coordinating the Fair.





## CALENDAR OF EVENTS

### Friday, April 5

Perfume sale, 11 a.m. - 2 p.m., Cafeteria Hallway. Sponsored by AMWA.

### Monday, April 8

Film, *The Secret Agent*, noon - 1 p.m., room 540 Academic Facility. Sponsored by the MLRC.

Presentation, *Treating Organizational Absurdity in the Work Family: A Family Systems Perspective*, noon, room 317 Schweppe. Sponsored by the Student Counseling Center and the Rush University Peer Counselors.

### Monday-Friday, April 8-12

Student/Faculty Art Fair. Viewing in the Rush University Library, 5th floor Academic Facility, during regular Library hours.

### Wednesday, April 10

Assertiveness Training session for M2's, 5-7 p.m., Student Lounge. Sponsored by the Student Counseling Center.

Theatre Outing, CATS, 8 p.m., Schubert Theatre.

### Thursday, April 11

Presentation, *Rape: Not Just a Woman's Problem*, 12-2 p.m., room 727 Academic Facility. Sponsored by RUFWA and AMWA.

Lecture in Health Care Ethics, Albert Johnsen, Ph.D., *Ordinary and Extraordinary Means: Medical, Religious and Philosophical Perspectives*, 10:30-11:30 a.m., A.B. Dick Auditorium.

### Friday, April 12

Nurses Christian Fellowship Bake Sale, Cafeteria Hallway.

Pajama Party! 8:30 p.m. - 1 a.m., Schweppe Auditorium.

### Monday and Tuesday, April 15-16

M2 Clerkship Lottery, Schweppe Auditorium.

### Tuesday, April 16

Spring Volleyball League begins, 8 p.m., Wood Street Gym.

### Wednesday, April 17

Assertiveness Training session for M2's, 5-7 p.m., Student Lounge.

Lecture in Health Care Ethics, Truman Anderson, M.D., Ph.D., *Ethical Responsibilities of Health Care Professions*, 2-3 p.m., A.B. Dick Auditorium.

### Thursday, April 18

Film, *The Paper Chase*, 6:30 p.m., A.B. Dick Auditorium.

### Wednesday, May 1

Symposium: Academic Health Centers in the Twenty-First Century, 2-5 p.m. Special student viewing in A.B. Dick Auditorium.

### Thursday, May 2

President's Convocation, 3 p.m., Minnah Temple. President's Reception, 4:30-6:30 p.m., Hotel Continental.

## Regional College Bowl

On February 15 and 16 Rush University competed against other midwestern colleges in a regional College Bowl Tournament hosted by DePaul University. Fourteen schools participated including: The University of Chicago, DePaul, Illinois Institute of Technology, University of Illinois-Chicago, Marquette, Michigan Technical University, Northwestern, Rush, Wheaton College and the Universities of Wisconsin at Eau Claire, La Crosse, Madison, Steven's Point and Superior.

Our all-star team was represented by Mary Brucker, N7, Heidi Koehler, N3, Jay Shannon, M3, and Alison West, N3. We lost our first game to Wheaton College by only 10 points (one question). Our second game against IIT was another heart-breaker—we were defeated by a slim margin. Wheaton beat Northwestern in the quarter finals but lost to the University of Chicago in the semifinals.

The University of Chicago then faced the University of Wisconsin-Madison for the championship. Madison entered as winner of the winner's bracket and Chicago entered as winner of the loser's bracket in the double elimination tournament. Madison held on to its advantage to defeat Chicago in an unusually fast paced and extraordinarily well played match in which every toss up question was answered correctly. The University of Wisconsin-Madison's next stop is the national tournament in late May.

We would like to extend a special thank you to the Rush team members: Mary, Heidi, Jay and Alison. Their time, energy and enthusiasm were greatly appreciated.

## RMC Student Council News

Election results — The student council has elected 1985 officers: President, John Sahs; Vice-president, Thomas Pang; Secretary-treasurer, Denise Poulos. The council also received nominations for AAMC-OSR Representatives and elected the following: Representative, Michael Wohlfeiler; alternate, Aubrey Miller.

Applicants to Rush Medical College will now be getting a *free lunch* when they come to campus for an interview. The Student Council in conjunction with the Office of Admissions and the Committee on Admissions, with funding from the Alumni Association, has begun a program to encourage Rush medical students to interview applicants and to provide applicants a lunch in the lovely "Rainbow Room" on the second floor of the Academic Facility. Details of this program which integrates formal student interviews and informal student/applicant lunches and tours (RMC students eat free as well) can be obtained at the Admissions Office (AF524).

The Office of Student Affairs, upon the suggestion of RMC Student Council, will be polling the University student body concerning a change in student ANCHOR coverage that would add prescription coverage to the student ANCHOR fee. Should the students vote in favor of the change, a set price would be charged per quarter, allowing students to then buy all ANCHOR prescriptions (except injections and oral contraceptives) for \$3.

NBME Part I is another issue on which the medical student council needs input. At the suggestion of the Dean's office, the council is currently devising means to get some open discussion concerning questions such as: Should passing Boards be required for graduation? Should students be required to interrupt clinical training to study for re-take exams? etc. Students should give these issues some thought and look for notices for discussions.

## Rush University Day Update

A revised schedule for Rush University Day has been recommended by the Rush University Day Planning Committee and endorsed by the Deans.

Classes will be held on the morning of Rush University Day, Wednesday, May 8, until 12 p.m. The afternoon events will

begin with a picnic lunch on the lawn, followed by a mini olympics, a student/faculty tennis tournament, a T.G.I.S. and a trivia contest.

Watch for detailed information about Rush University Day in the May issue of the Reporter.



Plan now to participate in the Rush University Day mini olympics. Pictured above are members of one of the 1984 teams.

## A Victory for Lefties

The 'lefties' among the students can thank Clinical Nutrition student Margaret Roche for the left-handed desks that will be appearing in Schweppe-Sprague classrooms this spring. It was her suggestion that prompted our attention to a long overlooked problem that the left-handed students have lived with for many years. The right-handed desks were installed in 1973 when the first four floors of the building were remodeled.

This summer left-handed desks will be placed in AF 710-713, which failed to get them when the rooms were opened in 1979.

## Group/Network Forming

A support group/network for women medical students with young children is being proposed by Tanya Jones, M.D. and Marilyn Johnson, Ph.D. An organizational meeting of all interested individuals will be held on Wednesday, April 17, at noon in room 210, a cafeteria conference room.

If you are interested but are unable to attend, please call Dr. Johnson at x3687.

**The April T.G.I.F. has been cancelled due to the Pajama Party. Plan now for the May 8th T.G.I.S. (Thank God It's Spring) gathering in conjunction with Rush University Day.**

## Why Don't You Come Up and See Us This Spring?

The Blood Center would like to welcome all Rush Students back from spring break and wish you good luck in the spring quarter. We would also like to invite you to stop by the Blood Center at 262 Jelke whenever you have a few minutes. We are open every day including Sunday. No appointment is necessary to come in and donate blood.

We'll make you feel very welcome. We have a friendly staff, color T.V., and all the cookies and juice you want! Not only that, but donating blood gives you that warm feeling of knowing that you are truly helping someone in need. Isn't that what Rush is all about?

We look forward to seeing you at the Blood Center soon!

## Spring Fragrances

Do you feel the touch of spring in the air and want to celebrate? Would you like to give a special someone an Easterbasket surprise? Come to the perfume sale extravaganza sponsored by AMWA (American Medical Women's Association) Student Branch. A complete line of fine perfumes, environmental fragrances and scented bath and beauty products for discerning men and women will be on sale Thursday, April 4, and Good Friday, April 5, from 11 a.m. - 2 p.m. in the cafeteria hallway.



## Inside the Student Counseling Center

By Marilyn Johnson, Ph.D.

### Scene I: Men's Room

**Matt:** It was incredible! I knew Eve would be glad to see Meryl after so many months but can you believe it? They spent the whole day, literally the whole day, gabbing away. I went upstairs and read, I took a couple of naps, and everytime I came back down to the livingroom, there they were knitting and talking. If I hadn't seen the piles of orange skins and tea grounds and yogurt containers, I'd have sworn they hadn't moved from that morning until we went out for dinner that night.

**Alan:** I know Meryl loves to talk but I can't believe they could waste a whole day like that. What were they talking about?

**Matt:** Well, Eve was telling Meryl about being scared of labor when she has the baby... and she was telling her about different incidents in her master's program. They even talked about their knitting... I guess Meryl was talking about her work and people they knew in common. All I know is, I can't imagine spending a whole day like that and not accomplishing one thing.

**Alan:** Me either. All that talk and it sounds as if there was nothing of any theoretical interest.

### Scene II: Women's Room

**Meryl:** I feel so good when I think about that Sunday you and Matt were at the house. I can't remember when I've had a day like that just knitting and talking about everything under the sun.

**Eve:** Me too. I felt very relaxed and content. There was something about the tea and the oranges and the clicking of the knitting needles and all that time just to talk without any pressure to cut it short...

**Meryl:** Having shared that with you makes me feel closer to you.

**Eve:** I know. I feel we know each other a lot better now.

These men and women barely speak the same language in discussing their reactions to a day in the life of the two women. The men look for a product and do not find one. The women speak of a process and treasure it. Not all men would view this just as Matt and Alan did, nor all women just as Eve and Meryl did, but this example points to an interesting difference between women and men. This difference is being given a new perspective by sociologist Nancy Chodorow (*The Reproduction of Mothering*), psychiatrist Jean Baker Miller (*Toward a New Psychology of Women*) and psychologist Carol Gilligan (*In a Different Voice*).

Theorists of human development (e.g., Freud, Erikson, etc.) have represented healthy growth as a process of increasing autonomy and independence. For example, although Erikson's first developmental task requires the infant to build a sense of trust toward the caretaker, the tasks of the next four stages from toddlerhood through young adulthood emphasize individual efforts (autonomy, initiative, industry, and identity). This progression toward separateness and independence certainly seems to describe male development; Chodorow, Miller, Gilligan and others believe that this is so because the theorists have been men. As a result, they say, men and women have been expected to develop similarly and certain female qualities which differ from the theoretical ideal have been devalued.

They agree with Freud and others in their analysis of the relationship between mothers and their boy and girl babies. These relationships develop differently because of their different genders. Mothers feel inner and outer pressures to help their sons become masculine and part of this process requires the mothers to push the sons to become separate from them. "You are not like me; you must become a separate being." Daughters, on the other hand, are like mothers and so their relationships do not have these pressures toward separation. On the contrary, mothers and their daughters blend into a unit of mutual giving and receiving; this process of mutuality teaches the daughter to take care of and to understand her mother just as her mother cares for and understands her. Thus, the mother-daughter union is seen as the foundation of the female child developing such "feminine" qualities as nurturance, empathy, etc. As a result of this experience, the female child develops a sense of herself as a being-in-representation, one who needs to continue the flow of emotional giving and receiving in order to feel truly herself. So females obtain much (or most) of their self-esteem from the degree of their success in relationships. Research studies and clinical experience demonstrate that women's greatest fear is of abandonment, being without a critical relationship.

Both Freud et al and Chodorow et al agree with this description of female development but they draw different implications from it. The older theorists defined females as dependent, passive and even masochistic because of their strong need for attachment, and because they were usually unable to reach the desired goal of autonomy. Thus these characteristics, whether applied to women or men, have been perceived as very negative. This was demonstrated in a study in which female and male mental health clinicians were given a set of bipolar adjectives (e.g., very independent vs.

very dependent, frightened vs. brave, etc.), and one-third were asked to indicate those adjectives that described a typical male, another third described a typical female, and the last third described a typical adult, gender unspecified. Both females and males described the male and the adult in similar, positive terms and defined the female in largely negative terms. None of the adjectives considered "masculine" described characteristics that would facilitate relationships while half of the "feminine" terms did so. These results suggest that people do not view relationship facilitating traits as necessary (valuable?) in the typical adult. What implications does this have for women?

In contrast to the old theorists, writers of the new perspective urge us to reconsider the importance of "feminine" traits for everyone. They are exploring the meaning of dependency and the development of empathy, they are looking at the role of power and anger in women's lives, and they are studying the source of men's and women's moral judgments. They are encouraging girls and women to persist in valuing the role of connection in their lives, even in the face of conflicts about being "competent" and "professional", for which read "masculine." They urge a new recognition of the value of the need for relationship.

Let us hope that this work will educate us to a point where dialogues like those with which this began will be a thing of the past. Alan and Matt may never wish to spend a day sharing personal experiences but we can hope that they will at least grow to understand emotionally why Meryl and Eve felt so enhanced by their time together.

P.S. These dialogues really took place, just a few weeks ago.

## Student/Faculty Tennis Tournament

The first annual doubles tennis tournament for Rush students and faculty will be held on Rush University Day, May 8, 1985, from 3-6 p.m. Partners will be assigned on a random basis the day of the tournament.

Please sign up on the lists posted in the doctor's lounge, 4th floor Ac Fac, the student mailroom, 7 Ac Fac, and/or Student Affairs, 023 Schweppe. This event is limited to 24 players, so sign up early.

For more information contact:

Jane Billeter, M2

Home 771-0225

Mailbox 1172

Dr. Will Ryan — ex. 6163

Student Affairs — ex. 6302

## Financial Affairs

A prerequisite for the completion of your registration is the payment of tuition and fees. We encourage you to mail your payment to:

Rush University  
Office of Financial Affairs  
1743 W. Harrison Street  
Chicago, Illinois 60612

All tuition and fees are due March 25, 1985. If you have any financial aid applied for and pending through the Office of Financial Aid, you will only be responsible for the balance of tuition and fees less that aid. If you cannot make payment in full and are not receiving financial aid, you may complete a deferred payment plan contract with our office which will split your payment into thirds. Those students who have not made satisfactory arrangements will be given notice by mail that their registration has been cancelled for the quarter.

## Pajama Party

On Friday, April 12, 1985, the Student Programming Board is sponsoring a Pajama Party in the Schweppe Auditorium from 8:30 p.m. - 1 a.m.

Music will be provided by Avmar Productions's mobile Sound Machine (the same system featured at the Hawaiian

Beach Party). Games will be played and refreshments served. Come dressed in comfortable attire (jammies optional). Be there or be square!

For more information and/or if you would like to help with the planning of this event, call x6302.



Don't miss the Pajama Party on April 12!

## Medical Students Active in Community

The Rush Student Preventive Medicine Association is a group organized by medical students here at Rush to promote active student involvement in community health care.

Recently, students in this group have been participating in the Horizons program in which they go to Chicago public schools to talk to children about medical careers and health awareness. This particular experience has proven to be extremely rewarding for both the medical students and the school children. Any students wishing more information about

the school visitations may contact Jonathan Cohen, a second year medical student.

The group is also organizing information for students interested in doing overseas clerkships, especially in Third World countries. Another project has been the development of a patient education program to be offered through Anchor.

Students interested in any of these programs are encouraged to attend an RSPMA meeting. Look for announcements of the next meeting to be held in April.



## The Way We Were

In the January issue of *RUSH REPORTER*, we looked at the founders of St. Luke's Training School for Nurses which was established a century ago in 1885. This issue we will look at the curriculum and some of the other aspects of the school.

The course of training included: (1) The dressing of blisters, burns, sores, and wounds; the application of fomentations, poultices, cups and leeches. (2) The administration of enemas and use of catheter. (3) The management of appliances for uterine complaints. (4) The best method of friction as applied to the body and extremities. (5) The management of helpless patients, making beds, moving, changing, giving baths in bed, and preventing and dressing bedsores. (6) Bandaging, making bandages and rollers, lining of splints. (7) The preparing, cooking and serving of delicacies for the sick. (8) Also instruction in care of the environment.

The courses of lectures given by physicians: Twelve on Surgery by Dr. J. E. Owens; Twelve on Diseases, by Dr. I. N. Danforth; Ten on Obstetrics, by Dr. Frank Carey; Six on Urinalysis, by Dr. L. L. McArthur. (It may seem strange to us the emphasis on Ear and Eye and on Urinalysis when Medicine and Surgery were only allotted 12 lectures each; Obstetrics, 10; and Pediatrics was apparently not included.) In addition to these lectures a regular course of instruction was given by the Superintendent of Nurses twice a week.

(Students arrived whenever there was an opening, not as a class. Students arriving in the morning were sent to work in the hospital wards that afternoon.)

Miss Traylen was endeavoring to increase the size of the school. In 1886 there were eleven seniors, this after the first class of six had graduated, and seven juniors.

Dr. Locke (President of hospital) in his 1886 report to the Board said, "Words can convey but an inadequate idea of the labor and services of the Training School for Nurses in the wards of the hospital. Their work is full of earnest, sympathetic and untiring devotion. There is no prettier sight than to see them together for some service in the chapel." Reverend George Todd, who in the '70's had become Acting Chaplain to relieve Dr. Locke of some of his duties, would have liked to see the St. Luke's nurses become a strictly Church Society. However, from the beginning, applicants were never limited to Episcopalians.

The Annual Report of 1887 of the Train-

ing School contained this statement on the first graduation. "On St. Luke's Day, October 18, 1887, was held in the Chapel of St. Luke's Hospital the graduating exercises of the first class of the St. Luke's Training School. (There were six graduates and the program was two years in length.) Dr. John Owens, the President of the Medical Board, addressed the class and conferred their diplomas upon them. The President of the Hospital with a few fitting words presented each one of the graduates with a beautiful badge, the gift of the Medical Board. Miss Jessie McGlashen, one of the graduating class, delivered a valedictory in verse which was highly enjoyed. Everyone present was delighted with the fine appearance of the nurses in training and the evidence of thorough preparation shown in the examination papers of those who graduated."

Some authorities say the School Pin was designed while Miss Lett was the Superintendent of Nurses (1888-1893). It is known that Mrs. Locke and Mrs. Fairbank aided the school in the design of the pin. The early badge given the first class was at least the symbol of the pin given before 1890. It was and is still in the possession of succeeding graduates, a beautiful gold oval one and three-quarters inches long and one-half inch wide. From top to bottom is a cross inscribed "Saint Luke's Training School" and across the center an open book (the Bible), on the book engraved St. Luke's Chapter Ten, Verse Nine.

Miss Lett continued the military-type discipline so prevalent in the early schools. (Miss Lett, however, believed in providing a suitable residence for students as did Florence Nightingale.) Anna M. Fullerton, a woman physician of the period, epitomizes the general attitude in an address on the Science of Nursing she gave in 1890 at the 17th Annual Conference of Charities and Corrections. "The emergencies of diseases are as sudden and as serious as those of war. The *garde malade* should therefore never be found napping. It is for this reason that I strongly disapprove of making a nurses' quarters while in training too luxurious and rules for her government too lax. She must learn to endure hardness as a good soldier. Therefore the more difficulty, privation and self-sacrifice she is led to encounter in the school the better fitted she will be to surmount the obstacles in the practice of her profession and to maintain the standards of true helpfulness."

A look at Chicago in the 1890's will help

as a background to St. Luke's and nursing. Chicago was a town of 7,580 residents when Rush Medical College received its first students. By 1890 there were over a million people living in the city. It was the second largest city in the United States of America, New York first, Philadelphia now third. Sixty-eight percent of Chicagoans were foreign-born. The city area had increased to 144 square miles by taking in the towns of Jefferson, Lake View, Lake, Hyde Park and a part of Cicero. Soon to be added was South Englewood, Washington Heights and West Roseland. There was a church to every 2,000 people and a saloon to every 200. The wealthy lived along Prairie Avenue, the Hibbards, the Fields, the Armours and the Pullmans. Potter Palmer had moved to the Lake Shore in the "near North side." Most of the working people lived on the "West side."

By 1892 the probationary period had been increased from one month to three. The student wore the St. Luke's uniform after being accepted as a student. Students were given an allowance of \$8.00 a month during their first year and \$12.00 the second year, this to defray the cost of uniforms and textbooks. On graduation they were given \$100.00 to help the nurse get established. This was cut to \$75.00 in 1899 and done away with in 1903 on the principle that their training was educational as were other technical programs offered young women at that time in schools and colleges.

Each year the educational program was deepened and improved. The course was now divided into five general sections: General Nursing, Medical Nursing, Surgical-Gynecological Nursing, Obstetrical Nursing and Dietetics, as had been the plan in several of the early schools. At Bellevue and others it had been hoped that in order to help meet the costs of the school for a brief time students could be sent into the homes of friends of the hospital where there was illness. Miss Lett in her report of 1890 stated that it would be impossible as the student was needed in the hospital, that she should not miss classes, that she needed the discipline which the school offered. Attendance at Chapel each morning before going on duty was now compulsory. Friends of St. Luke's Hospital were thoughtful in seeing that there was recreation available, particularly were concert and theater tickets donated.

Researched and written by  
Ruth Johnsen, M.A., R.N.  
Nurse Archivist

## MLRC Film Series

The McCormick Learning Resource Center will present the film *The Secret Agent* on Monday, April 8, 1985, from noon to 1:00 p.m. in room 540 Academic Facility.

The film attempts to penetrate the veil of mystery that surrounds the intricate controversy about the use of toxic chemicals in peace and in war. Filmmakers Jackie Ochs and Daniel Keller explore the origins of the toxic man-made chemical dioxin, a contaminant of the herbicide 2,4,5-T and a main ingredient of the defoliant code-named Agent Orange during the Vietnam War. Using rare archival and war footage in support in interviews with veterans, scientists, attorneys and representatives of the U.S. Air Force, the Veteran's Administration and the Dow Chemical Company, *The Secret Agent* documents dioxin's story, from the Geneva Protocols of 1925 to the massive class action suit suddenly settled out of court in May, 1984. The film has won a Blue Ribbon and the Grierson Award at the American Film Festival, and the Special Jury Award at the U.S. Film Festival.

All Rush faculty, students and staff are invited to attend this showing.

## Dean's List

Congratulations to the following undergraduate students who made the Dean's List for winter quarter 1985. To be listed, undergraduate students must earn a 3.50 or better grade point average while carrying 12 or more credits.

### Medical Technology

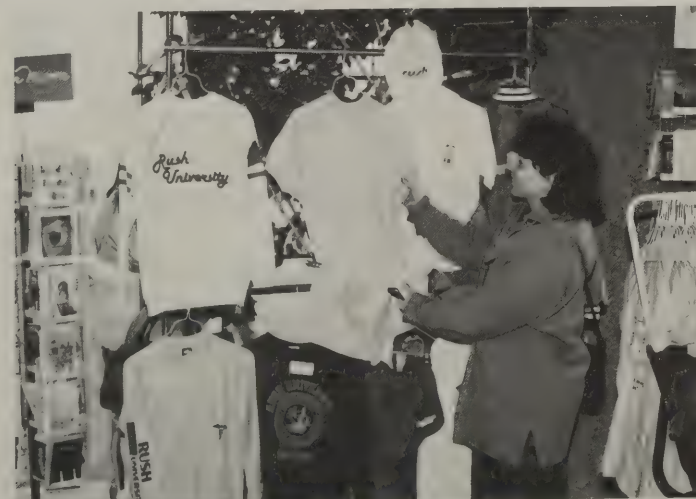
Mary Concannon  
Denise Jones  
Bina Kothari  
Ronald Lollar  
Nanci Miller

### Nursing

Brenda Brei  
Janice Fowler  
Joan Harrington  
Irene Hurst  
Carol Kiefer  
Beverly Liefeld  
Lisa Meves  
Carol Nederhood  
Debra Nissen  
Laura Schmidt  
Jean Schroyer  
Sheilah Smok  
Jane Sublette  
Lynnette Tuckey  
Margaret Wlodkowski



Pictured above are some of the many items available in the Rush University Bookstore. Steins and mugs with the hospital logo, cross pens and pencil sets, paperweights and coasters with your college logo, decals, watches with the hospital logo, notecards featuring a picture of the Academic Facility and much more! Please keep the Bookstore in mind when shopping for gifts.



Browsing through the Rush Bookstore's designs in spring and summer sportswear is Barbara Rodriguez, faculty member in Occupational Therapy.



# Floor Hockey

Congratulations to Team #1, Rush University's first intramural floor hockey champions! This winter seven teams participated in a recreational league at the Wood Street Gym. The two top teams with the best winning records competed in the final match. Team #1 beat Team #2 in an extremely close and thrilling game. The final score was 5-4.

The names of the members of Team #1 are mentioned in the accompanying photo. Team #2 included Jeff Alberts, Rick Barney, Marc Conterato, Bob Fallen, Mark Fallen, Bob Maganini, Tim Morton, Kevin Moss, and Bob Raschke.

Thanks to all who participated in the winter league and a special thank you to Mark Fallen, M3. Mark coordinated the league play and was responsible for getting this very popular sport off the ground at Rush.

Spring floor hockey is about to begin. If you are interested in participating, sign up now in the Office of Student Affairs, 023 Schweppe.



Congratulations to Team #1, this winter's floor hockey champions. Back row, left to right: Tom Pang, Randy Weingarten, Don Fageron, Eric Benink, and Chris DeWald. Front row: Bill Brander, Scott Logue, Louie Montana and Dave Murray. Not pictured is Jeff Daily.

## Meeting the Cost While Making the Grade

There are as many ways of paying for a college education as there are ingenious minds to dream them up: So says John J. Lyons, author of *How to Pay Your Way Through College (The Smart Way)*.

Some students simply can't afford to attend college, some try to study in the shadow of growing debts, and some balance school and a job but have only baggy eyes, sagging grades and dish-pan hands to show for it. For these students, or those who simply want extra spending money, Lyons' book may be a godsend. "It's for anybody who wants to be different," he says.

*How To Pay Your Way Through College (The Smart Way)* is a compilation of 35 real-life entrepreneurial student success stories. These stories are not merely inspirational, but also thoroughly informative. For each type of business, Lyons explains how much the likely initial investments of cash and time will be, and how large a profit to expect. He also relates the concept behind the business, describes the necessary supplies, examines the market, suggests pricing and marketing techniques, and offers invaluable tips for success. "The underlying theme is not to work hard but to work smart," says Lyons. "When someone is 18 or 20 years old, they don't know the first thing about starting their own business, so I tell them how to begin, step by step."

And when Lyons speaks, students will do well to listen. Faced with the prospect of paying his own way through the U. of Delaware, he began his own business simonizing cars while still in high school. By the time he got to college he had successful franchises in Florida, Delaware and California. At graduation, he had a nest egg of about \$50,000.

"I wrote the book because I asked myself, how can other college students do the same thing using their own talents?" Lyons says. Thus, *How To Pay Your Way Through College (The Smart Way)* attempts

to offer a business possibility to fit any interest and ability. The 35 businesses described are divided into seven categories: services, advertising, creative skills, entertainment and sports, food, selling and private sector scholarships. There's even a chapter on dreaming up your own business. "Anybody can do it who wants to," says Lyons.

In a unique marketing plan of his own, Lyons is offering to split the \$7.95 price of the book with student groups that sell it on campus. And even for this, Lyons has a tip: Use a blitz campaign during freshman orientation when parents are there. "It shouldn't be too hard to sell 100 to 200 copies, and at \$4 each they can quickly raise \$400 to \$800."

Lyons is now planning a campus speaking tour to promote both the book and his ideas on paying college bills the smart way.

Reprinted with permission from the *National On-Campus Report*.

## REEL ENTERTAINMENT

### Paper Chase

Thursday, April 18, 6:30 p.m.

A.B. Dick Auditorium

Free Admission

Starring: Lindsay Wagner, John Houseman, Timothy Bottoms, Blair Brown

Directed by James Bridges

1973 Rated PG

This powerful drama is a realistic and engrossing portrayal of academic life. Timothy Bottoms stars as a first-year Harvard law student who strives to maintain his all-important grade point in the competitive grind, while holding on to his personal integrity.

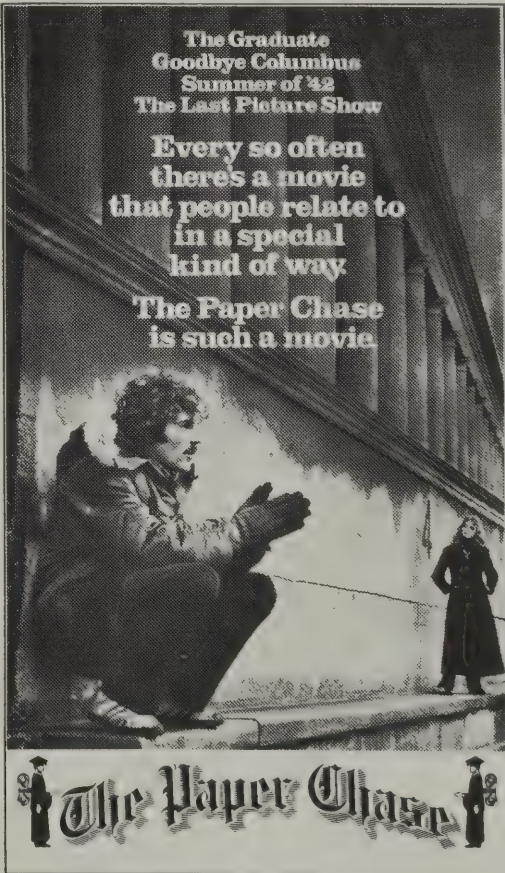
He romances Wagner (TV's *Scruples*), whose father is the intimidating, intolerant law professor (Oscar-winning John Houseman) Bottoms is trying to impress.

*Paper Chase* is an important statement about the pre-professional experience and an incisive look at the American academic system.

"A rare and wonderful figure to encounter on the screen, John Houseman makes a brilliant acting debut." —Judith Crist

### Previews

Mark your calendars now for the grand finale of Rush's film series. *Romancing the Stone* will be shown Friday, May 17, 7 p.m. in A.B. Dick Auditorium.



## Rush Job Guide

Students interested in a job can obtain employment forms from the Office of Student Financial Aid in 101 Schweppe Sprague. Employers may contact the office (x6256) to list jobs for students.

**Assistant:** Two students are needed to assist in daily rounds, read charts, and possibly some library work. Must be available in the morning. Medical or graduate student preferred: Ten hours per week. \$6.00 per hour.

**Better Avenues (in affiliation with Illinois Dept. of Mental Health):** Two students are needed to provide companionship and general (non-professional) counseling to patients who are enrolled at the center. Prefer students with background in psychology, but not necessary. Hours vary. Salary is negotiable.

**Biomedical Communications:** Two or three students are needed as Production Assistants. Duties will include labeling of video tapes, operating VCR's and general clerical work. Must be eligible for College Work Study. Ten to 15 hours per week. \$4.75 per hour.

**Computer Based Education:** One student is needed for Receptionist/Clerical work. Must be able to type. Twelve to 15 hours per week. \$4.50 per hour.

**Computer Based Education:** Six students are needed to assist other students in the use of terminals and programs. No experience necessary. Must be reliable and willing to learn. Twelve to 20 hours per week and possibly full time during the summer. \$4.50 per hour.

**Ear, Nose and Throat:** One medical student (4th year preferred) is needed as a research assistant in gathering treatment data and review patient charts. Twenty to 40 hours per week. \$5.00 per hour. Hours are flexible.

**Home Care:** Graduate and/or RN completion students are needed in Home Care. Must have one year hospital experience and ability to work independently. IV and ventilator experience helpful. Sixteen to 24 hours per week. \$10.05 per hour.

**Home Care:** Students are needed as Home Health Aides in the metropolitan Chicago area. Sixteen to 24 hours per week. \$5.30 per hour.

**Neurology:** One student is needed to assist in filing of research articles. Some knowledge of medical terms preferred. Hours are flexible. \$5.00 per hour

**Nursing Recruitment:** One student is needed to post nursing recruitment materials throughout the medical center. Will pay \$20.

**Roosevelt University:** Students are needed for tutoring students in preparation for MCAT. Must have knowledge of Chemistry, Biology, etc. Hours will vary. \$15.00 per hour.

**Standard Oil Company (two month summer employment assignment):** A first year medical student is needed to provide administrative support for epidemiology section of Standard Oil's Medical Department. Duties include coding, inputting and extracting data from corporate medical system. Knowledge of programming languages (FOCUS, SAS, TSO) and/or data entry experience preferred, but not required. Hours are flexible. \$6.00 per hour.

**Summer 1985:** One student is needed as a Live-In Mother's Helper. Will care for infant while mother works. Hours are from 7:30-5:00, Monday through Friday. Student will have own room with private entrance and full use of house. Must be non-smoker. Pay will be room/board.

**Trilogy-Illinois Department of Aging:** Students are needed as Home Health Care Assistants in the Evanston/Skokie area. Will be helping elderly with light housekeeping and personal care. Hours are flexible. \$5.00 per hour

## Assertiveness Training

Dr. Marilyn Johnson will hold two assertiveness training sessions for second year medical students on Wednesday, April 10, and Wednesday, April 17, from 5-7 p.m. This first meeting will focus on communicating with patients and the second session will deal with communicating with hospital staff and fellow students. Demonstrations and role plays will focus on common clerkship experiences. These sessions will be held in the student lounge.



Volleyball

On Tuesday, March 12, the Rush University Winter Volleyball League Championship Match was held. For the second consecutive time, Team #2 is numero uno! Seven teams participated in the co-rec league. The two top teams with the best winning records competed in the final match. Team #2 beat Team #1 in two straight games. Congratulations to both teams and thanks to all who participated in the winter league. Spring volleyball is scheduled to begin Tuesday, April 16. If you would like to participate, sign up now in 023 Schweppe.



Congratulations to Team #2, this winter's volleyball champions! Left to right: Keith Rezin, Carol Barrette, Rick Barney, Bob Maganini, Sue Schipper and Ronn Grandia. Not pictured is Rick Grunert.

1985-86 Financial Aid Materials Now Available

Financial aid information for the 1985-86 academic year has been distributed in the student mailboxes on the 7th floor of the Ac Fac. The College Scholarship Needs Analysis Form, the Student Financial Aid Handbook, and the Certification of Draft Registration were included in the mailing for students to begin the process of applying for financial aid. In case you may be wondering what other forms or documents will be needed from you, please consult the chart on page 4 of the handbook. You should also read through the handbook to reacquaint yourself with financial aid policies, procedures, and programs. Undergraduate students are reminded that the CSS Needs Analysis Form also determines eligibility for Pell Grant and Illinois State Scholarship; therefore, you must check the appropriate boxes to release this information to each agency. Medical students who will be entering the 3rd or 4th year may begin contacting their lending institutions now to obtain their Guaranteed Student Loan applications for the next academic year beginning in July. If you have any questions about the application procedures or about your financial aid status, feel free to contact a member of the financial aid staff.



Pictured above are members of Team #1, who finished second in the winter volleyball league. Back row, left to right: Linas Kazlauskas, Teresa Sestak, Brent Van Hoozen, Dipa Apte, Tim Kozelsky, Julia Brogli and Joe Hennessy. Front row: Denise Poulos and Mark Sims.

ISM Benefit Raffle for Student Loans

Three years ago the Illinois State Medical Society began a special loan fund for Illinois students attending any of the state medical schools. Since that time, they have distributed nearly \$50,000 in loans for academic year 1983-84 and anticipate distributing \$75,000 to students in 1984-85. Rush Medical College received \$6,400 in 1983-84 and \$9,100 for 1984-85. The Illinois State Medical Society is currently conducting its second annual raffle to raise money for the student loan program. First prize for the raffle is a trip for two to the island of Maui in Hawaii, including one week's lodging and a rental car. Other travel related prizes are being offered as well. It is the Society's hope that faculty, staff and the student body will participate in this raffle program. Last year the raffle brought nearly \$20,000 to their loan fund, and the Society hopes to receive even more contributions with this year's raffle. If you would like to purchase a raffle ticket to help support loan assistance through the Illinois State Medical Society, you may purchase raffle tickets for \$6.00 each in the Office of Student Financial Aid in 101 Schweppe no later than April 19, 1985. Contributions to the ISMS Educational and Scientific Foundation are normally tax deductible to the extent allowed by law. The drawing will be held April 26, 1985, at the ISMS Annual Meeting, but your attendance is not necessary to be considered for the prizes.

What They're Reading on College Campuses

- 1. *Iacocca: An Autobiography*, by Lee Iacocca with William Novak
- 2. *So Long, and Thanks for All the Fish*, by Douglas Adams
- 3. *In Search of Excellence: Lessons from America's Best-Run Companies*, by Thomas J. Peters and Robert H. Waterman, Jr.
- 4. *Poland*, by James A. Michener
- 5. *Dune*, by Frank Herbert
- 6. *Stones for Ibarra*, by Harriet Doerr
- 7. *A Passage to India*, by E. M. Forster
- 8. *Pet Sematary*, by Stephen King
- 9. *Living, Loving, Learning*, by Leo Buscaglia
- 10. *The Far Side Gallery*, by Gary Larson

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Aerobics

Aerobic exercise classes will be offered five times per week during spring quarter at the Wood Street Gym. Classes will be held at 5:15 p.m. on Mondays, Tuesdays, Wednesdays and Fridays and 12:35 p.m. on Saturdays. All classes are one hour long and taught in a non-competitive and supportive atmosphere. Exercise mats are provided. Cost per class is \$2.00 or 20 classes for \$35.00. Participants need to purchase class tokens or a pass in the Office of Student Affairs, room 023 Schweppe. Tokens, which may be used for any class during the quarter, will be collected at the beginning of each class. Wear comfortable, loose-fitting clothing and be sure to wear soft soled shoes, preferably running or aerobic shoes. For more information and/or to sign up, stop by Student Affairs in 023 Schweppe.

Rape: Not Just A Woman's Problem

On Thursday, April 11, from 12-2 p.m. there will be a presentation on rape prevention, education and treatment in room 727 Academic Facility. People from a rape advocacy program, Security, Counseling and the Emergency Room will be speaking. Topics to be discussed include defense, psychological and social aspects, treatment procedures and counseling. Time will be allotted for questions and answers. A film entitled "The Reality of Rape" will be shown starting at 12 noon. Another film "The Rape Examination" will be shown at 1:30 p.m. This presentation on rape will be of interest to any health care worker who might deal with a rape victim. Refreshments will be served. Everyone welcome. This event is sponsored by RUFWA and AMWA.

Nursing Student Senate News

By Betsy Martin

The College of Nursing Student Senate had an open forum meeting on February 28 where the role of the officers and representatives as well as the function of the Senate were described to the student body. Also, last quarter the Senate arranged a Board review for senior nursing students, which received positive feed-

back. In a lecture given in early April, "The Use of Clinical Humor in Health Care" was discussed by Allison Crane, B.S.N., R.N. Coming up later this term will be the election of officers. Watch for announcements for the next meeting of the Student Senate. All are welcome to attend.

Wood Street Gym Update

In an effort to avoid scheduling conflicts at the Wood Street Gym, the following schedule has been established for spring quarter:

Monday	5:15 - 6:15 p.m. 6:30 - 7:30 p.m. 7:30 - 9:45 p.m.	Aerobics Tae Kwon Do Floor Hockey
Tuesday	5:15 - 6:15 p.m. 6:30 - 8:00 p.m. 8:00 - 9:45 p.m.	Aerobics Basketball Volleyball
Wednesday	5:15 - 6:15 p.m. 6:30 - 7:30 p.m. 7:30 - 9:45 p.m.	Aerobics Tae Kwon Do Volleyball
Thursday	5:00 - 6:45 p.m. 7:00 - 9:45 p.m.	Basketball Floor Hockey
Friday	5:15 - 6:15 p.m. 6:15 - 7:00 p.m.	Aerobics Open Gym
Saturday	11:00 a.m. - 12:30 p.m. 12:35 - 1:35 p.m.	Tae Kwon Do Aerobics

A valid Rush University student or faculty I.D. must be presented to gain access to the gym. Towel service and temporary lockers are available from the attendant.



# RUSH REPORTER

PUBLISHED BY THE RUSH UNIVERSITY OFFICE OF STUDENT AFFAIRS

Volume VIII Number 6

May 6, 1985

## RUSH UNIVERSITY DAY MAY 8

### Lunch on the Lawn

A special Rush University Day picnic lunch will be offered to students and faculty for the low price of \$1.50. Lunch will include a hot dog plus all the fixings, potato chips, cole slaw, a brownie and lemonade. Additional hot dogs may be purchased for 50¢ each.

Lunch will be served from 12:00 - 1:00 p.m., on the lawn between Kidston and Schweppe. In case of rain, we will move inside to the Schweppe Auditorium.

Luncheon tickets may be purchased in the Office of Student Affairs, 023 Schweppe, from 8:30 a.m. - 4:30 p.m. daily. There are a limited number of lunch tickets available, so buy them early!

Fun and games will follow our picnic. Hope to see you there.

### Trivia Contest

Rush University's second annual Trivia Contest will be held in conjunction with Rush University Day on May 8 at approximately 4 p.m. in the Schweppe Auditorium.

Questions will pertain to a wide variety of topics: arts and literature, history, movies, music, television, science, sports, . . . Here are a few questions to whet your appetite:

1. On T.V. what was the name of the hotel on Petticoat Junction?
2. What race track is home to the Kentucky Derby?
3. In Beatles lyrics, who had a home in Tuscon, Arizona?
4. How many feet make up a mile?
5. What is the largest lake in Africa?

The answers to these questions may be found on the back page of the *Reporter*.

Spectators as well as participants are encouraged to attend and enjoy the fun.

Winners will receive gift certificates to Kroch's and Brentano's for the new Genus II edition of the Trivial Pursuit game.

Join us in our pursuit of trivial knowledge.

### T.G.I.S.

Rush University Day will conclude with an ever popular T.G.I.S. (Thank God It's Spring) gathering in the Schweppe Auditorium. The T.G.I.S. will begin after the Mini-Olympics and Trivia Contest at approximately 4:30 p.m.

This T.G.I.S. will be sponsored by the four classes of Rush Medical College and will feature the usual bill of fare. We greatly appreciate the help of our medical students.

Remember to bring some form of I.D. stating your date of birth. All Rush students, faculty, and alumni are invited to attend.

### Rush University Day Schedule of Events

Event	Time	Location
Picnic Lunch-Luncheon tickets may be purchased in advance in the Office of Student Affairs	12:00-1:00 p.m.	On the lawn between Kidston and Schweppe
Mini-Olympics Fun and Games for everyone!	1:15-3:00 p.m.	On the lawn between Kidston and Schweppe
Student/Faculty Tennis Tournament	3:00-6:00 p.m.	RPSLMC Tennis Courts, corner of Harrison and Ashland
Trivia Contest	4:00 p.m.	Schweppe Auditorium
T.G.I.S. (Thank God It's Spring!)	4:30 p.m.	Schweppe Auditorium



Doesn't that look yummy? Plan now to enter this year's pie eating contest!

### Student/Faculty Tennis Tournament

The first annual doubles tennis tournament for Rush students and faculty will be held on Rush University Day from 3-6 p.m. at the "Rush Tennis Club" on Harrison Street.

Tournament play will be limited to the first twenty-four players to sign up. Partners will be assigned on a random basis on the day of the tournament. A round robin doubles format is planned. Each team will

play four 4-game sets. The team with the highest number of points (1 point per game won—maximum 16) wins. Prizes will be awarded to the winning team members.

Stop by the Office of Student Affairs, 023 Schweppe to sign up. For more information, call Dr. Will Ryan, x6163, or Jane Billeter, 771-0225.

### May Frolics

Join a team! On your mark, get set, go!! Sign up now in 023 Schweppe to participate in the RUSH UNIVERSITY DAY afternoon of fun and games. Our mini-olympics will be held from 1:15-3:30 p.m. on the lawn between Kidston and Schweppe. The following activities have been planned.

- |           |                      |
|-----------|----------------------|
| 1:15 p.m. | Sack Races           |
| 1:30 p.m. | Three Legged Race    |
| 1:45 p.m. | Balloon "Sit on it!" |
| 2:00 p.m. | Kick Ball Race       |
| 2:15 p.m. | Egg Toss             |
| 2:30 p.m. | Pie Eating Contest   |
| 2:45 p.m. | Tug of War           |

These times may vary a bit, depending on the number of participants.

Students and faculty may sign up individually or as a team. Teams will consist of ten members: five women and five men. Only ten teams may compete, so sign up now!

Points will be awarded for first through fifth place finishes after each event, with the exception of the egg toss and pie eating contest. We will keep a running total of each team's accumulated points and the team with the highest number of points will be declared the winner.

The winning team members will receive Rush University Day T-shirts and \$10.00 gift certificates to the Rush University Bookstore. University Day T-shirts and Plitt tickets will be awarded to the second place team members and the individual winners of the egg toss and pie eating contest.

Don't wait or hesitate. Sign up now to participate. Volunteers are also needed to officiate the games. If you would like to help out, call the Office of Student Affairs at x6302. P.S. Hope for warm weather and sunshine!

### Rush University Day Planning Committee

Students and faculty should take note that Rush University Day this year will be restricted to the afternoon of May 8. Therefore, everyone is expected to follow his/her regular class schedule until 12 noon. This change from an all day program to a half day was reached by the Rush University Day Planning Committee for several reasons. First, the President's convocation will provide some time off from classes as will Memorial Day. The Committee thought that it would be best to minimize time out of class this quarter. Second, many of the morning events,

which have been more academic in nature, have not been well attended. Consequently, students have simply taken the day off. The Committee noted that many special presentations and tours of the Medical Center are available at other times during the year. As the calendar for next year is now being planned, it would be very helpful to members of the Committee to have your feedback on preferences for the future of Rush University Day. Please take a moment to drop by Dr. Wagner's office, Ann Bartolotta's office or

Continued on page 2





Let one of the members of the Committee know verbally or in writing. Your ideas are welcome and highly valued. Members of the Rush University Day Planning Committee for 1985 are as follows:

- Ann Bartolotta, Director, Office of Student Affairs  
Ahmad Bastani, 1st Year Student, Rush Medical College  
Debora Bishop, Graduate Student, Section of Occupational Therapy, Department of Related Health Programs  
Lenn Block, Director, Biomedical Communications  
Bonnie Bobek, Instructor, Department of Obstetrical & Gynecological Nursing, College of Nursing  
Beth Burbank, Instructor, Department of Religion and Health  
Jackie Caverter, Assistant Director, Office of Student Affairs  
Mary K. Concannon, Senior, Section of Medical Technology, Department of Related Health Programs  
Sherry Florio, Junior, College of Nursing  
Linda Haggerty, Instructor, Department of Surgical Nursing, College of Nursing  
Thomas Hoeppner, Ph.D., Associate Professor, Department of Physiology, Graduate College  
Cynthia Hughes, Director, Section of Occupational Therapy, Department of Related Health Programs  
Marilyn Johnson, Ph.D., Director, Student Counseling Center  
Nanci Lazar, Doctoral Student, College of Nursing  
Lynn Maedel, Assistant Professor, Section of Medical Technology, Department of Related Health Programs  
Bruce McLeod, M.D., Associate Professor, Department of Internal Medicine  
Alan Muenzer, Lecturer, Department of Health Systems Management  
Cathleen O'Connor, Graduate Student, Section of Speech and Hearing Sciences, Department of Related Health Programs  
Raymond Seale, Ph.D., Professor, Department of Anatomy, Graduate College  
Teresa Sestak, Doctoral Student, Department of Biochemistry, Graduate College  
Donna Sokolis, Graduate Student, Department of Health Systems Management  
Karen Stetson, Graduate Student, Section of Clinical Nutrition, Department of Related Health Programs  
William Wagner, Ph.D., Chairman, Rush University Day Planning Committee  
Lynn Weissberger, Ph.D., Assistant Professor, Section of Clinical Nutrition, Department of Related Health Programs



Don't miss the annual tug-of-war competition at the Rush University Day mini-olympics.

## Graduation Update

Attention all graduating students! Please read over the following important reminders. Questions should be directed to the Office of Student Affairs, x6302.

- If you are planning to participate in graduation, you must be measured for a cap and gown. If you haven't been measured, contact Student Affairs immediately. Caps and gowns will be distributed in the Schweppe Auditorium Tuesday, June 4, through noon, Friday, June 7.
- Students who are not planning to participate in Commencement, please notify the Office of Student Affairs in writing.
- When you pick up your cap and gown, you will be asked to update your forwarding address. Pictures taken of graduates by Chappel Studios will be sent to this address in addition to all further correspondence with Rush University. If you will not be picking up a cap and gown, contact the Registrar's Office. Diplomas will be mailed to students who do not participate in Commencement.
- The 3x5 glossy photos have arrived from Marshall Photographers. These pictures can be used for state board exams, licensure applications, etc. They may be picked up in 023 Schweppe. Class composites should be in by late May.
- Commencement invitations and announcements will be in by mid-May. Stop by 023 Schweppe to pick up your order.
- All graduates are responsible for clearing their lockers completely by Commencement. Student Affairs will not be responsible for articles left after June 8.
- Make sure you have returned all books, periodicals, etc. to the Rush University Library. Diplomas will be withheld from those students with overdue items.

## Exit Interviews for Graduating Students

Exit Interviews are required for any June graduate who has received one of the following loans through Rush University: National Direct Student Loan, a Rush University Loan, Health Professions Loan, Federal Nursing Loan, or a Rush Tuition Loan (IIHELA). The purpose of the Exit Interview is to review your rights and privileges and the monthly repayments of the loan.

You should have been contacted by now to arrange a time for this procedure. It is very important that you attend to discuss your obligation prior to graduation. If you have any questions about the Exit Interview or the amount of financial aid you received while at Rush, please feel free to contact the Financial Aid office.

## Inside the Student Counseling Center

By Marilyn Johnson, Ph.D.

It has been said that depression is the emotional common cold of our times. If you doubt it, keep a record of the number of times in a week that you and/or your friends mention feeling depressed. I would argue that, while depression is a widespread clinical entity, the use of the word is often inexact and exaggerated.

The word might be used to describe sadness after failing a test, after breaking up with a loved one, or after a friend accuses one of breaking a promise. Examined more closely, these sad feelings result from other emotions. After failing a test, one often feels shame and embarrassment. "Since others passed this test, I must be really stupid." Sadness follows, but the primary feeling is *shame*. After breaking up with a loved one, the basic pain is one of loss and abandonment — "I can't go on without this person in my life." Previous losses are called up and feelings of sadness flood in, but the primary feeling is *loss*. After breaking the promise, one feels guilty — "My moral code says one doesn't let friends down, and I broke this code." Letting oneself down this way and hurting a friend evokes *guilt* and then sadness.

Shame, loss and guilt may lead, in some cases, to serious depression but, in addition, they are labelled depression without further examination. Other experiences also lead to self-described depression: e.g., burn-out following a difficult clinical or clerkship experience, failure to get a much-needed loan, losing some illusions about practitioners of one's new profession, and on and on. All of these may make one sad or blue or down in the dumps but not necessarily depressed. I would recommend more precise labelling of feelings and reserving the word depression for the clinical entity with its specific signs and symptoms.

Better labelling is not just a verbal nicety; it may also aid one in more quickly understanding and working through feelings. This is my personal belief and it is also the foundation of a relatively new theory and practice of psychotherapy called cognitive behavior therapy. According to this theory, it is the (mis)attributions we make about events which cause depression and other emotional problems. The authors of this theory have added a step to the old stimulus response idea as follows: stimulus (you see your lover talking animatedly to an attractive classmate) → cognition ("oh, oh, she looks so interested in him that she'll probably leave me soon") response → (you feel loss and sadness).

Cognitive behavior therapy helps one examine the attributions and misattributions and put them in perspective. In the above example, it is essential to examine the cognition and test it against reality. Does merely talking to another person indicate lack of love for you? Is the relationship so shaky that one conversation will inevitably lead to loss? Checking out the statements you make to yourself, many of which occur virtually automatically, is often the best way to resolve feelings of sadness. When an event occurs which really has unfortunate consequences, it is still essential to examine the automatic thoughts for evidence of catastrophic ideas, e.g., "Not getting the position I wanted means I'm worthless and I will never have the career I wanted."

When feeling sad or blue persists for weeks, despite one's best efforts to feel better, then it is wise to seek help. Severe depression is probably more painful than any other emotional problem. There are a number of methods for treating depression, including several talking therapies and psychoactive drugs. The bad news is that we live in a time in which depression is the emotional common cold. The good news is that it can be helped.

## Job Opportunities Resources

Job announcements for openings throughout the country in health-related fields are compiled in a Job Opportunities notebook in the Office of Student Affairs. The notebook is available for use in the Student Lounge and is updated regularly with new listings.

The majority of jobs currently listed are for nursing faculty positions requiring a master's or doctorate degree. Examples of other openings included are staff nurse positions for RN or BSN prepared nurses, administrative positions in nursing education, research positions in cellular biology and nursing, and therapist positions in substance abuse programs.

The Job Opportunities notebook is an attempt to centralize placement information for Rush University graduates. Anyone is welcome to use this resource by coming to the Office of Student Affairs.

Other job placement resources that are available in the Office of Student Affairs are the Nursingworld Journal Nursing Job Guide, resume preparation handouts and a file of literature from the Nursing Career Fair.

If your department receives job announcements that you would like included in the Job Opportunities notebook, please send them to the Office of Student Affairs, 023 Schweppe Sprague.

## What They're Reading on College Campuses

1. *In Search of Excellence: Lessons from America's Best-Run Companies*, by Thomas J. Peters and Robert H. Waterman, Jr.
2. *The Far Side Gallery*, by Gary Larson
3. *Iacocca: An Autobiography*, by Lee Iacocca with William Novak
4. *The One-Minute Manager*, by Kenneth Blanchard
5. *Loving Each Other*, by Leo Buscaglia
6. *In Search of the Far Side*, by Gary Larson
7. *Dune*, by Frank Herbert
8. *So Long, and Thanks for All the Fish*, by Douglas Adams
9. *Megatrends*, by John Naisbitt
10. *The Road Less Traveled*, by M. Scott Peck

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### Library of Rush University Summer Hours

Effective Sunday, June 16, 1985

Monday - Thursday	8 a.m.-7 p.m.
Friday	8 a.m.-5 p.m.
Saturday	9 a.m.-5 p.m.
Sunday	Closed

Regular hours will resume on  
Monday, September 23, 1985.



## The Way We Were

We are reprinting an excerpt from an editorial that appeared in the November 20, 1891 issue of *The Corpuscle*, a Rush Medical College student periodical.

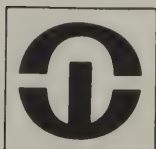
There is no institution in the country that has a brighter future than Rush Medical College. This is evidenced by the fact that plans are now being drawn for a four-story physiological and pathological laboratory\*, complete and perfect in every respect, and furthermore a salary will be offered that will procure the best existing talent for its director.

We are informed that, as usual, the Chicago Medical\*\* expects to put in nearly all of the internes at the County Hospital next spring. Maybe her expectations will be gratified, but if they are, her students will have to do good work and lots of it during the term, as the hospital class of Rush is made up of some most excellent students, who are doing so much work in the line of preparing for examination technicalities as is compatible with a thorough fundamental knowledge of the principles of medicine and surgery, such as is necessary to be prepared to enter upon the first duties of professional life. Herein, we believe, lies the secret of the success of Rush students from the very beginning of their launch into the broad ocean of the most noble profession — medicine — and reflexly (if that is the method of action) the popularity and increasing prosperity of the college of which we are just proud. Dwelling to any great length on those subjects only which are of importance, and that practical and of every-day need to the general practitioner, and considering more lightly those technicalities and minutiae which are of interest from a scientific rather than purely medical standpoint, she has gained the enviable reputation of producing every year a class of medical men who are competent to practice their art as soon as the doors of their alma mater have closed behind them, and not needing one, two or three years of experience in a hospital in order to find out what of their previous education they are to keep fresh in their minds and use every day, and what they are to consider of a secondary importance, remembering them only as food for reflection and thought when in a scientific turn of mind or not occupied with questions of ever-present importance. We would like to see a large portion of the selected internes taken from Rush, but should they all be left in the lurch, it could not be taken as a sign of the superiority of the successful students; it simply is a test of one's ability to remember and produce quickly on paper the technical points which have been pounded into him in his three or four years of study. The only true test of superiority in a profession like this is the work accomplished, and is shown by the individual's power over disease. An index of the relative standings of colleges is the success of their graduated students. Where will you find more successful practitioners than the alumni of this college?

\*PHYSIOLOGICAL AND PATHOLOGICAL LABORATORY, was built in 1893, demolished in 1949. Today the Schweppe-Sprague Hall occupies the site of the old Laboratory.

\*\*CHICAGO MEDICAL, was established in 1859 as the Lind University Medical Department. In 1864 it became independent as Chicago Medical College. It united with Northwestern University, and in 1891 became Northwestern University Medical School.

William Kona  
RPLSMC Archivist



Have you been caught by the Rush

Reporter's cub photographer this year? If you would like to see pictures taken at any event, come see Jackie in the Office of Student Affairs, room 023 Schweppe. Negatives and slides may be borrowed to order reprints.



## Summer Health Insurance

RETURNING STUDENTS  
College of Health Sciences  
College of Nursing  
1st Year Medical

All returning students will receive a form in the mail by the end of May concerning the continuation of Rush's insurance coverage for the summer months. Please indicate whether you DO or DO NOT wish to retain ANCHOR for the summer.

Rush's Blue Cross hospitalization coverage must be retained for the summer unless you will be covered by another hospitalization plan during that time. If you are going to be employed full-time for the summer and will be covered under an employment hospitalization plan, please indicate this on the form and you will be dropped from Rush's Blue Cross plan. If you drop ANCHOR and/or Blue Cross, you MUST FILL OUT A NEW APPLICATION IN THE FALL TO RESUME COVERAGE. Please indicate your decision on the form and return it to the Office of Financial Affairs by June 3, 1985. If you are retaining any of Rush's insurance coverage, the appropriate fee must be paid by June 3, 1985.

2nd-4th Year Medical Students

Medical students entering their 3rd or 4th year will automatically be retained on ANCHOR for the summer quarters.

GRADUATING STUDENTS

If you are graduating in June, you will receive a form in the mail by the end of May concerning the extension of Rush's insurance coverage. You may continue your EXISTING coverage of Blue Cross and/or ANCHOR for up to three additional months or until September 30, 1985, for Blue Cross and September 15, 1985, for ANCHOR. If you wish to extend your coverage, please indicate so on the form and return it to the Office of Financial Affairs by June 3, 1985. The appropriate fee must be paid by June 3, 1985. Nonpayment will result in termination of the insurance coverage.

## Kudos to the Programming Board

Who are the behind-the-scenes people who help with the gala events of Rush University? Who were the masterminds behind the Pajama Party, Hawaiian Beach Party and the Mad Pumpkin Ball? Who volunteers time putting up decorations, picking up roasted pigs and helping with publicity for the many programs sponsored by the Office of Student Affairs?

They are the Rush University Student Programming Board:

Mary Kay Concannon - Med Tech 4  
Wayne Dvoracek - Med Tech 4  
Nanci Miller — Med Tech 4

Roxanne Averion - N3  
Mary Hall - N4  
Laura Kohout - N4  
Jackie Narko - N4  
Diane Pecaric - N3  
Laura Streitberger - N4

Helen Minciotti - M2  
David Onsager - M1  
Brent Van Hoozen - M1  
Valerie Walker - M1

Hearty thanks are extended to each of them for their efforts.

## LIVING TIME: A Film About Dying

The Student Nurses Association will be showing a film entitled, *Living Time: Sarah Jesup Talks on Dying*. In the film, a woman in her last three months of life addresses the reality of death. She defines her priorities and the importance of continuing to live while dying. She discusses issues that dying patients confront as well as the importance of the nurse/patient/physician relationship and the Living Will.

The film is tentatively scheduled for 12 noon on Tuesday, May 21, in room 204 Schweppe-Sprague. Following the film, a representative from Concerned for the Dying will be present and a discussion will be held for interested students.

## CALENDAR OF EVENTS

**Monday-Thursday, May 6-9**  
AMWA Perfume Sale, 11 a.m. - 2 p.m., Cafeteria Hallway.

**Wednesday, May 8**  
RUSH UNIVERSITY DAY!  
(See schedule of events).

**Friday, May 10**  
Chicago Symphony University Night  
Concert Series, 8 p.m., Orchestra Hall.

**Monday, May 13**  
Film, *Heroic Measures*, noon - 1 p.m., room 540 Academic Facility. Sponsored by MLRC.

**Thursday, May 16**  
Lecture, *Medical Malpractice: The Plaintiff's Perspective* by David W. Horan, M.D., J.D., noon, room 580 Professional Building. Sponsored by A.O.A.

**Friday, May 17**  
Film, *Romancing the Stone*, 7 p.m., A.B. Dick Auditorium.

**Tuesday, May 21**  
Film and discussion on death and dying, 12 noon, room 204 Schweppe. Sponsored by the Student Nurses Association.

**Monday, May 27**  
Memorial Day observed - no classes.

**Wednesday, May 29**  
Volleyball Championship Match, 8 p.m., Wood Street Gym.

**Monday-Friday, June 3-7**  
Examination Period - X courses.

**Tuesday, June 4**  
M4 Class Party/Boat Trip, 7 p.m. M.V. Trinidad.

**Wednesday, June 5**  
Senior Nursing Class Party, 1 p.m., Wrigley Field; 6 p.m., Student Lounge Patio.

**Thursday, June 6**  
Student Musical Recital, 5 p.m., Foyer of Room Five Hundred, Professional Building.

Floor Hockey Championship, 8 p.m., Wood Street Gym.

**Friday, June 7**  
Undergraduate Nursing Pinning Ceremony, 1 p.m., Midland Hotel, Chicago.

**Saturday, June 8**  
Commencement Open House, 9-10:30 a.m., Room Five Hundred, Professional Building.

University Awards Ceremony, 9:30 a.m., first floor Atrium Pavilion.

Commencement, 2 p.m., Medinah Temple.

**Monday-Friday, June 10-14**  
Examination Period - Y courses.

## Donate Blood Before You Go

Soon it will be time to put your books away for summer. Almost everyone will be leaving the area for vacation, home or work. It'll be great to get away!

As always patients will be coming to the Medical Center for treatment throughout the summer. Many of them will need transfusions. This summer your donations will be essential in order to maintain a supply of blood.

Why don't you stop by the Blood Center, 262 Jelke, to donate blood before you leave for the summer?



REEL ENTERTAINMENT

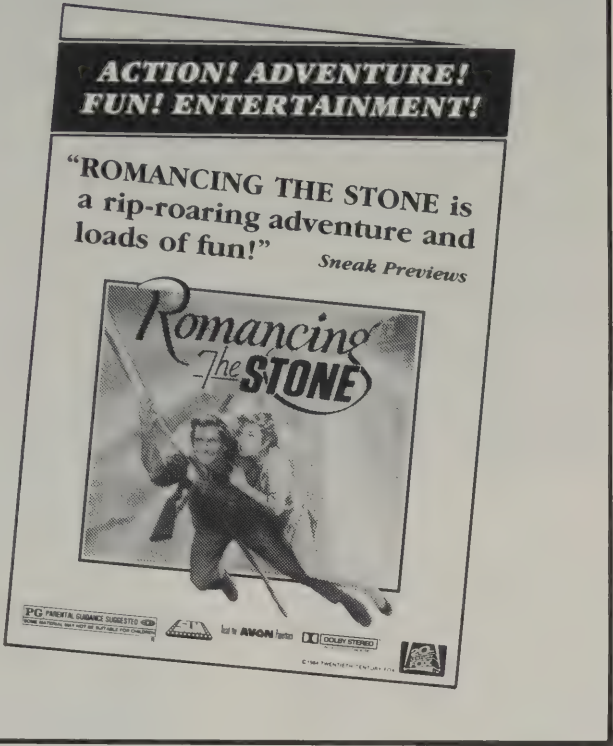
**Romancing the Stone**  
Friday, May 17, 7 p.m.  
A. B. Dick Auditorium  
Free Admission  
Starring: Michael Douglas, Kathleen Turner, Danny DeVito  
Rated PG

The film series sponsored by the Office of Student Affairs comes to a close with *Romancing the Stone*, a captivating adventure/romance with a spirit and sense of humor reminiscent of *Raiders of the Lost Ark*. When Joan Wilder (Kathleen Turner), a writer of best-selling Gothic romances, journeys to Columbia in a desperate attempt to rescue her flaky sister from kidnappers, she finds herself in the midst of a "real life" adventure far more exciting than any of her published fantasies!

Danny DeVito (T.V.'s *Taxi*) and Zack Norman are the flamboyant villains who demand, as ransom, a treasure map showing the location of an enormous emerald. Academy award-winner Michael Douglas is the dashing hero who helps Turner escape crocodiles, snakes, mountain bandits and the local police, as she races through the steamy jungle to rescue her sister. Filmed in remote, exotic locations throughout Mexico, this fast-paced, tongue-in-cheek cliffhanger provides perfect escapist entertainment for adults and children alike. *Romancing the Stone* is one of the best adventure films to come along in years!

"As Joan, Kathleen Turner is a major reason for the film's success. A fascinating bundle of contradictions, Turner is a great physical comedienne and a striking beauty, glamorous and credibly insecure, feisty and terrified. In a rare comic role, producer (Michael) Douglas has never been more energetic and appealing. Danny DeVito gives a funny, spirited performance as a beleaguered villain. Director Robert Zemeckis has a sure feel for comedy and keeps things moving at a break-neck pace. A sparkling mixture of comedy, action and romance, *Romancing the Stone* is a multi-faceted success."

—Film Journal



Clinical Honors

This past winter, three junior and ten senior nursing students were awarded clinical honors. Congratulations to the following:

- Rowena Felix
- Marilee Graham
- Barbara Gulczynski
- Janet Haw
- Irene Hurst
- Sarah Kagan
- Lisa Klekamp
- Celeste Randolph
- Angelique Richard
- Rebecca Saltiel
- Susan Satava
- Marirose Serrano
- Donna Stanislawski

Late Payment Fee To Be Imposed This Fall

It has been announced that beginning fall quarter 1985 a late payment fee will be assessed to students not making satisfactory arrangements for the payment of tuition, fees, and on-campus housing charges. Students receiving financial aid must be sure that all applications for aid have been properly submitted and pay the portion of their obligation not covered by aid.

Procedures

Those students who have not made satisfactory arrangements will be notified by mail during the second week of classes that they are delinquent in their financial obligations to the University. This notification will inform the students that they have until Friday of the third week of classes to satisfy all such financial obligations. On Monday of the fourth week of classes, those students who have not made satisfactory arrangements will be charged a \$100 late payment fee.

Students who choose the deferred payment plan contract and who fail to make a payment on the specified due dates will have notification mailed to them on the Monday of the following week that they are delinquent in their financial obligations to Rush University. This notice will inform those students that they have until Friday of that week to satisfy their financial obligations without penalty and that failure to do so will result in a \$50 late payment fee for each payment date missed.

At the end of the quarter, those students who still have outstanding balances with the University which are not covered by pending financial aid will —

- Not receive grades and/or transcripts.
- Be dismissed from on-campus student housing.
- Lose all university privileges.
- Not be registered for the following quarter.

Attention Second and Third Year Students

Medical students in their second year going into their third year will now be charged tuition four times a year. The annual tuition rate will be the same as first and second year students. The first payment will be due July 2, 1985. Third year students will continue to pay four times a year beginning with the first payment due July 2, 1985.

Rush Roommate Service

In order to assist students seeking off-campus housing, the Office of Student Affairs has devised the Rush Roommate Service. The service provides students with the opportunity to have their housing needs posted and filed in a central area. Three types of forms are available depending on each individual's needs: Need a Roommate, Need an Apartment or Apartment for Rent. All forms will be placed into the Rush Roommate Service notebook in the Office of Student Affairs. The notebook will be available for use by any interested persons during office hours. Students may copy information from the forms and contact prospective roommates or landlords at their convenience. The Office of Student Affairs would like to encourage all students who are seeking off-campus housing or have apartments for rent to use the service.

MLRC Film Series

The McCormick Learning Resource center will present the film *Heroic Measures* on Monday, May 13, from noon to 1 p.m. in room 540 Academic Facility. This documentary on the accident and recovery of an 85% third degree burn victim discusses the question "How heroic should our measures be to save a life?" The film won the 1984 Gottlieb Award for exemplifying humanistic values in health and medical care at the John Muir Medical Film Festival. All Rush faculty, students and staff are welcome at this showing.

Attention June Grads

All tuition and fees must be paid in full as part of your graduation requirements. If at the present time you have a balance due for tuition, fees, housing, insurance, etc. and have not made arrangements with the Bursar, please do so in order to avoid receiving an empty diploma folder at the commencement ceremony.

Order Transcripts Now

Within a few weeks, sometimes within days after graduation, the academic records of all June graduates will have been checked and the degrees posted. Each year dozens of frantic alums call the office pleading for transcripts that are desperately needed, but we can honor only requests that are signed by the student. In order to always have a transcript available when you need it, please take a few seconds to fill out a transcript request form, check the box to hold for posting of degree, and it will arrive in the mail at no cost to you. Transcript requests filed before commencement day will be handled before subsequent requests. Official transcripts sent to students will be stamped "Issued to Student." The Registrar's Office will not copy another institution's transcripts kept on file at Rush.

Answers to the trivia questions from page 1

1. The Shady Rest Hotel
2. Churchill Downs
3. Jo Jo
4. 5280 feet
5. Lake Victoria

Tuition 1985-86

	Per Quarter
<b>Rush Medical College</b>	
Full-time (First and Second Year)	\$4388 (3 payments)
Full-time (Third and Fourth Year)	\$3291 (4 payments)

<b>College of Health Sciences</b>	
Undergraduate (Med. Tech.)	
Full-time*	\$1820
Part-time**	\$ 160 per credit hour
Graduate	
Full-time*	\$2130
Part-time**	\$ 180 per credit hour

<b>College of Nursing</b>	
Undergraduate	
Full-time*	\$1820
Part-time**	\$ 160 per credit hour
Graduate	
Full-time*	\$2130
Part-time**	\$ 180 per credit hour

<b>Graduate College</b>	\$2130
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<b>Unclassified Students</b>	\$ 180 per credit hour
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<b>Enrollment Fee</b>	\$ 100
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\* 12 hours or more  
\*\*1 to 11 hours



# RUSH REPORTER

PUBLISHED BY THE RUSH UNIVERSITY OFFICE OF STUDENT AFFAIRS

VOLUME IX NUMBER 1

SEPTEMBER 19, 1985

## Welcome To Rush

I would like to take this opportunity to welcome all of the entering students to the University in addition to greeting once again all of you who are returning to your studies. While your primary purpose is to prepare for your specific roles as members of health care teams engaged in the diagnosis, treatment, and prevention of disease, you also have a responsibility to grow and develop fully as unique individuals and contributors to society.

Those of us in Student Services will try to nurture your growth as best we can. This newsletter, along with other publications, is designed to better acquaint you with the Medical Center—its programs, events, policies, and regulations. There will be opportunities for you to participate on College and University committees, workshops, and task forces dealing with a wide variety of topics. These groups bring students and faculty together to share ideas and concerns while working toward a common goal. Those who would like to take a more active role in their educational program will have numerous occasions to become involved.

Your curricular programs are demanding and will require a great deal of your time and energy. Because of those de-

mands, you will need an outlet that enables you to maintain a healthy balance in your daily routine. We invite you to continue to pursue a favorite hobby or activity, and there will be occasions for the development of new interests. Some of you can make an excellent contribution by becoming peer counselors, joining one of the active student organizations, holding a student office, or volunteering to help plan and participate in some of the social, recreational, or cultural events held throughout the year.

In addition to all of the offerings at Rush, the metropolitan area represents one of the most dynamic centers in the country. Take advantage of the museums, universities, the symphony, opera, theatre, restaurants, sporting events, and shops. You will also experience the cultural diversity that exists in Chicago.

We invite you to get involved to share your ideas and talents with your peers and colleagues. In the process you will grow as a human being while attaining professional expertise.

William C. Wagner, Ph.D.  
Associate Dean,  
Student Services

## Student Address Book

The Student Address Book lists each student's name, college, level, address, telephone number and campus mail box. It will be published in mid October during fall quarter. Students should notify the Registrar's Office of any change of address or phone number immediately. Students have the right to restrict the release of this information and other personal data such as date of birth, previous schools attended, etc., that Rush University considers directory information. A Restriction of Information form, available in the Office of the Registrar, must be completed by the end of the first week of classes (Friday, September 27). A complete explanation of Rush University's policies regarding directory information appears in the University Bulletin.



Pictured above is Dr. William Wagner, Associate Dean, Student Services.

## Office of Student Affairs

The Office of Student Affairs administers a wide range of programs and services for students. Responsibilities of the office include coordinating student elections, advising student organizations, career services and extracurricular activities. Programs of a social, cultural, and recreational nature are initiated and organized by the staff with input and assistance from the Student Programming Board and other student groups. Publications such as the *Rush Reporter* and the

*Student Handbook* originate with this department and special events such as orientation, commencement, the Rush University Awards Ceremony, Rush University Day, and the Nursing Pinning Ceremony constitute significant involvement for Student Affairs. The staff works with student organizations as well as individuals in providing a wide range of services that complement the formal curricula. The office is open from 8:30 a.m. to 5 p.m., Monday through Friday.

## Theater Outing

Tickets are on sale in the Office of Student Affairs for the exciting "full service" musical *PUMP BOYS AND DINETTES*, now playing at the Apollo Theater.

This 90 minute musical dose of Southern sunshine is about the folks who work in the Double Cupp Diner and attached garage, somewhere out on Highway 57. They will keep you "revved up" and tickle your "fine tuned" funnybone with their songs "Drinkin' Shoes" and "Farmer Tan." There are even some real tear-jerkers as the good ol' boys and girls sing about those close to their hearts: "Mamaw" and "Sister." These employees are certainly no one you would want working on your car (or Uncle Bob's Winnebago) or serving your dinner, but they certainly will give you a "full tank" of entertainment!

If you are interested in "lubricating" your spirits by joining this theater outing scheduled for Thursday, October 10, at 8 p.m., stop by 023 Schweppe. Students may purchase tickets for \$16. After October 1, faculty and staff may also purchase tickets for \$17. You must pay at the time of sign up.

## Chicago Symphony

The Junior Governing Board of the Orchestral Association will be sponsoring "University Night" programs for the Chicago Symphony Orchestra. The eight programs are divided into two series of four concerts each. Tickets will be offered at a priority sale day in late September at Orchestra Hall, 222 S. Michigan Avenue. Specific information concerning dates, subscription prices, and conductors will be available soon. Interested students should watch their mailboxes or check with the Office of Student Affairs.



The Office of Student Affairs staff, pictured above are: (sitting) Mary Ann Moran, Secretary; (standing left to right) Paula Smith, Assistant Director; and Ann Bartolotta, Director.

## CALENDAR OF EVENTS

**Thursday, September 19**  
Orientation and registration for new students in the Colleges of Health Sciences and Nursing.

**Friday, September 20**  
Registration for undergraduate nursing students.  
Tours for incoming students.

**Monday, September 23**  
Classes begin - X courses. Tuition and fees due.

**Wednesday, September 25**  
Undergraduate Nursing Big Sibling Party, 5 p.m., Schweppe Auditorium. Sponsored by the Student Nurses Association.

**Friday, September 27**  
T.G.I.F., 3:30 - 6:30 p.m. Schweppe Auditorium. Sponsored by the RMC Alumni Association.

**Friday, October 4**  
Film, *Witness*, 7 p.m., A.B. Dick Auditorium.

**Thursday, October 10**  
Theatre outing, *Pump Boys and Dinettes*, 8 p.m., Apollo Theatre.

**Monday, October 14**  
Film, *Breaking Free*, noon - 1 p.m., 540 Academic Facility. Sponsored by the MLRC.

**Friday, October 25**  
Film, *Young Frankenstein*, 7 p.m., A.B. Dick Auditorium.

## Student Lounge

The Student Lounge, located in the lower level of Schweppe (room 023), is a great place to gather with fellow students or friends, catch up on the soaps, or just get away from it all. In the lounge you will find comfortable furniture, game tables, a television, a piano room, and a typing room. There is also a small efficiency kitchen with a microwave oven. The lounge opens onto the patio which has several benches and tables, just perfect for picnicing or studying during pleasant weather.

The lounge is open Monday through Thursday from 8:30 a.m. until 10 p.m. and from 8:30 a.m. until 5 p.m. on Friday. All students and faculty are welcome to use the lounge. The lounge can be reserved for student organization meetings and special events.

The Student Lounge also houses the Student Affairs staff. Ann, Paula, and Mary Ann look forward to seeing you when you have questions about a program, sign up for an activity, buy tickets, or just want to sit down for a minute. If you have any questions about Student Affairs, or the lounge, please drop by or call x6302.



## Health Insurance

The University has authorized a two-part program of medical service to protect and promote the health of its students. First is ANCHOR, a health maintenance organization oriented toward illness prevention which provides a variety of professional services and ambulatory care, but is not a hospitalization plan.

While a student is actively enrolled, single coverage in ANCHOR is included in tuition; however, coverage does not begin until an ANCHOR application is properly filled out and signed at the Office of Financial Affairs. A new application must be filled out during the first week of the fall quarter for all new students, and whenever a student is rejoining the ANCHOR program after a lapse in coverage such as summer vacation.

Costs for 1985-86 participation are (per quarter)

ANCHOR	While Enrolled	Not Enrolled
Single	-0-	\$ 76.00
Couple	\$ 76.00	\$153.00
Family	\$138.00	\$214.00

In addition, all students are required to stop by the Office of Financial Affairs prior to the end of spring quarter and indicate if they wish to continue their summer coverage. If summer coverage is desired, they will be required to pay the appropriate fee at that time.

A student's spouse and dependents may also be enrolled in the ANCHOR program for an additional fee. This can be done by filling out a change in coverage card for family or couple coverage when the student first becomes married or has a newborn child (within 31 days) or during the once-a-year open enrollment, which is the first two weeks of the fall quarter.

The second part of our student health insurance program is Blue Cross Hospitalization Insurance. Each student must maintain this Blue Cross coverage or its equivalent from the date of matriculation until graduation, including summer quarters. Prior to matriculation, students must decide either to join Rush's Blue Cross policy or obtain similar hospitalization coverage elsewhere.

During fall registration, all students must sign up for single Blue Cross membership unless they can provide proof of alternative coverage. Such proof would consist of presenting a current alternative hospitalization policy or a member identification card.

If during the school year a student wants to drop his/her Blue Cross coverage, he/she must first show proof of similar coverage elsewhere and then the university coverage will be dropped at the beginning or end of the month.

A student's spouse and dependents may also be enrolled in Rush's Blue Cross plan for an additional fee. This can be done by filling out a change of coverage form for family coverage when the student first becomes married (within 31 days) or during open enrollment, which is the first two weeks of the fall quarter. A newborn child is covered under the family plan at no additional charge; however, the child's name must be added on the policy before the coverage is effective (within 31 days). This can be done by filling out a change of coverage form at the Office of Financial Affairs.

Costs for 1985-86 participation will be (per quarter)

Blue Cross	While Enrolled	Not Enrolled
Single	\$ 87.00	\$ 87.00
Family	\$405.00	\$405.00

Rush's health insurance plans apply only to degree-seeking students. Questions regarding student health insurance coverage should be directed to Theresa Kenny or Sharon Tyrrell at x6584.

## Recreation

In June, the Office of Student Affairs learned we had lost our use of the University of Illinois Wood Street Gym. The space is being converted into administrative offices for University of Illinois personnel. We are currently looking into alternate facilities in the area. In the meantime students are encouraged to take advantage of existing athletic programs and facilities.

Aerobic exercise and Tae Kwon Do self-defense classes will be held in the newly renovated Schweppe Auditorium. Information about these classes may be found in other *Reporter* articles. The Rush tennis courts and jogging track are open to students, weather permitting. The entrance to the courts and track is on Harrison Street at the southwest corner of the facility across from the parking garage.

An outdoor fitness cluster by Parcourse is located between the Professional Building and McCormick House. The fitness cluster consists of four series of exercises located in four individual modules - one for stretching and three others concentrating on strengthening the major groups. Illustrated panels in the center of the cluster tell each participant exactly what exercises to do.

Rush students may also use athletic facilities at the University of Illinois Chicago Circle Center, located at 750 South Halsted. Available activities include swimming, table tennis, bowling, billiards, handball, racquetball and weightlifting. Rush students may purchase a quarterly pass for use at the Circle Center.

For more information on recreation opportunities available to Rush students contact the Office of Student Affairs.

## Office of Financial Affairs

The primary student function of the Office of Financial Affairs is the billing and collection of tuition, insurance and on-campus housing charges. The Financial Affairs staff is responsible for issuing receipt for payments received and for disbursing guaranteed loan checks once payment for any balance owed to Rush has been made. The Office of Financial Affairs is also responsible for issuing overpayment checks for any credit on the students account due to financial aid.

The staff coordinates the University's Blue Cross Hospitalization policy and the University's ANCHOR HMO Policy. Rush requires students to carry some type of hospitalization from matriculation until graduation. Rush also enrolls students in ANCHOR. Applications for both policies

can be obtained in this office. Any questions or problems concerning student insurance please see Financial Affairs.

Other functions include check cashing for students with a valid University Student I.D. (up to a maximum of \$50.00) and the validation of the University Student I.D. upon satisfactory financial arrangement.

If you have any questions regarding your tuition bill, insurance coverage or check cashing privileges, please do not hesitate to contact the staff in the Office of Financial Affairs. Check cashing hours are from 9:00 a.m. until 4:00 p.m., Monday through Friday. For payments, and questions on bills and insurance, the staff is available from 8:00 a.m. to 4:30 p.m.



The Office of Financial Affairs staff includes: (standing left to right) Paola DiDomenico, Manager; Marsha McClellan, Loan Collection Coordinator; (sitting left to right) Sharon Tyrrell, Cashier; and Theresa Kenny, Bursar.

## Making the Grade While Making the Team

Of the 100 athletes entering the University of Michigan football program since 1981, only one left school for academic problems.

That record goes against what's been said lately about college football. Combined with the Wolverine's competitive record, it reflects Head Coach Bo Schembechler's two major goals: a national title and a player graduation rate surpassed by no other university.

To the latter goal, Schembechler and his academic counselor, George Hoey, teamed up with Dr. Timothy Walter, a psychologist at UM's Reading and Learning Skills Center, to create the Student Athletic Academic Support Program for football and basketball players.

While most of the attention of late has focused on raising standards for student athletes, the Michigan program was founded on a different premise: that with well-defined standards, tight discipline, and a skilled support staff to call on, every recruit had "the right stuff" to succeed academically, no matter how low his SAT score or high school grades.

**Incentives:** The program establishes incentives for success—eligibility to play and progress toward a degree for the student athletes; student eligibility and graduation for the Athletic Department; and training of professional staff and renewal of its contract with the Athletic Department for the Skills Center.

**Evaluation and Instruction:** Before school begins, the University Admissions Office classifies certain freshman, including some athletes, as academically "at risk" based on high school rank and GPA, high school quality and course selection, and aptitude scores. Then, during a summer

orientation program, incoming student athletes take reading and writing tests and those who need help are reassessed by Hoey, Schembechler and Walter.

Students still "at risk" after the final assessment are assigned to staff members of the Skills Center, who work with them on general learning strategies for two to four hours a week. Most of the staff members are doctoral students working part-time in the program.

**Skills Program:** Student athletes take a Reading and Study Skills Workshop as entering freshmen. The Athletic Department also requires freshmen to attend a two hour study table five days a week where they learn to apply study skills to course assignments, to plan papers, and to write.

**Monitoring:** Coaches enforce the program rules and stay in close touch with Skills Center staff, receiving weekly reports on athletes' progress. Missing classes and study sessions is treated the same as missing practices.

**Modeling:** Skills Center staff members model academic behavior for students and behavior management techniques for coaches. Successful students model athletic ability and academic skills for their peers. And students model athletic values for Skills Center staff, who quickly become fans, showing their interest in, and respect for, athletic endeavors.

Success is the goal, and no excuses are accepted. If a student fails, the student, the Skills Center staff member, the assistant coach involved and Schembechler himself are all held accountable.

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## What They're Reading on College Campuses

1. ...And Ladies of the Club, by Helen Hooven Santmyer
2. Penguin Dreams: And Stranger Things, by Berke Breathed
3. Iacocca: An Autobiography, by Lee Iacocca with William Novak
4. The Road Less Traveled, by M. Scott Peck
5. Lincoln, by Gore Vidal
6. Bride of the Far Side, by Gary Larson
7. Skeleton Crew, by Stephen King
8. The Cider House Rules, by John Irving
9. Full Circle, by Danielle Steel
10. In Search of Excellence: Lessons from America's Best-Run Companies, by Thomas J. Peters and Robert H. Waterman, Jr.

Reprinted with permission from the *Chronicle of Higher Education*, copyright, 1985. The *Chronicle's* list of best-selling books was compiled from information supplied by stores serving campuses across the nation. Reports covered sales of hardcover and paperback trade books in July.



## Academic Calendar

Rush University offers courses under three schedules that have been designated as X, Y, and Z. Courses offered by nursing and health sciences faculties are considered X courses. Courses offered by first year medicine and the Graduate College faculties, as well as senior Medical Technology and Clinical Nutrition for the fall quarter, are Y courses. The Z courses are those taught by second year medicine faculty. The academic calendar at the front of each quarter's timetable specifies the beginning and ending dates for the X, Y, and Z schedules. Questions should be directed to your program director. The fall quarter 1985 academic calendar follows:

Tuesday	September 3	New Student Orientation/Registration (Medicine, Graduate College, Clinical Nutrition) First Day of Classes Fall Quarter, Z Courses
Wednesday	September 4	New Student Orientation (Medicine, Graduate College, Clinical Nutrition)
Thursday	September 5	First Day of Classes Fall Quarter, Y Calendar
Thursday	September 19	New Student Orientation/Registration, Nursing and Health Sciences
Friday	September 20	New Student Orientation, Nursing and Health Sciences
Monday	September 23	First Day of Classes Fall Quarter, X Calendar
Monday	September 30	Last Day to Select or Reverse Pass/No Pass Option. Last Day to Add a Course
		Last Day to Withdraw with "W" Grade
Friday	October 25	
Monday	November 11	Winter Quarter Registration Begins
Tuesday	November 19	Winter Quarter Registration Ends
Thursday	November 28	Thanksgiving Holiday - NO CLASSES
Friday	November 29	Thanksgiving Holiday - NO CLASSES
Tuesday	December 3	Last Day of Classes, X Courses
Wednesday	December 4	Examination Period Begins, X Courses
Friday	December 6	Last Day of Classes, Y Courses
Monday	December 9	Examination Period Begins, Y Courses
Friday	December 13	Examination Period Ends, X Courses, Y Courses
Monday	December 16	Examination Period Begins, Z Courses
Friday	December 20	Examination Period Ends, Z Courses
Thursday	January 2, 1986	First Day of Classes Winter Quarter, Y Courses
Monday	January 6, 1986	First Day of Classes Winter Quarter, X, Z Courses. Tuition and Fees Due

### Thanksgiving Break:

No Classes meet Thursday and Friday, November 28 and 29. Classes under the Y and Z schedules resume as usual following this break.

Since Thanksgiving break interrupts the last class week of X courses, the regularly scheduled Thursday and Friday classes will meet on Monday and Tuesday following Thanksgiving. This means that Thursday classes will meet Monday, December 2, and Friday classes will meet Tuesday, December 3, at the customary Thursday/Friday time and locations. Final examinations then begin on Wednesday. This applies only to Nursing and Health Sciences (except Medical Technology).

## Dean's List

Congratulations to the following undergraduate students who made the Dean's List for spring quarter 1985. Undergraduate students must earn a 3.50 or better grade point average while carrying twelve or more credits to be so honored.

Medical Technology	Nursing (cont'd.)
Lilia Colon	Lorraine Kenny
Denise E. Jones	Carol Kiefer
Bina Kothari	Margaret Kosin
Ronald Lollar	Beverly Liefeld
Cynthia Mohsenian	Carol Nederhood
	Paula Novak
<b>Nursing</b>	Laura Potter
Susan Beine	Margaret Ryzek
Sheila Booker	Kimberly Sareny
Brenda Brei	Laura Schmidt
Janice Fowler	Jean Schroyer
Dawn Hop	Sheilah Smok
Irene Hurst	Jane Sublette
Sarah Kagan	Eloise Unger

## Don't Forget

Before your financial aid funds can be released you must:

1. Return a copy of your award letter.
2. Sign promissory notes for loans in the Financial Aid Office.

## College Admissions Services

The Office of College Admissions Services coordinates the admissions process for the undergraduate and graduate nursing and medical technology applicants. The staff provides educational counseling regarding pre-health curriculum and general ways for students to prepare credentials, and conducts pre-admissions audits. Recruitment is also a function of College Admissions and the staff attends college fairs, visits high schools and colleges for information purposes, and sponsors open houses and campus visits for potential students. Rush has an affiliation network with several private colleges which provide about one fourth

of the undergraduate students. College Admissions maintains relations with students and staff at these colleges.

Advertising and publications are also an Admissions' effort as well as scheduling the interim program on Health Care Perspectives for students from small private colleges. The staff also maintains a library of current college catalogues and information on such examinations as the Graduate Record Examination.

Located in room 119 of Schweppe-Sprague Hall, College Admissions Services is open from 8:30 a.m. to 5 p.m., Monday through Friday.



The College Admissions Services staff are: (left to right) Rose Woodson, Credentials Analyst; Jeri Yarbrough, Secretary; Phyllis Peterson, Director; Felicia Garza, Admissions Information Clerk; Stephen Clark, Assistant Director; and Thyra Gregory, Secretary. Not pictured, Cathy Kneisl, Admissions Counselor.

## Rush Bookstore

The Bookstore stocks all of the required and recommended textbooks for Rush University, as well as medical and nursing reference titles, health titles, medical fiction, test preparation titles, etc., at prices approximately 15 percent below other stores. This discount is made possible by the Rush University Faculty Wives' volunteers, who volunteer for you! A percentage of the income each year reverts back to Rush University to be used for student financial aid.

To receive a 15 percent discount on books, you must present your validated student I.D. so be sure to carry it with you

when shopping in the Bookstore. Credit cards are not accepted. Personal checks and traveler's checks are accepted with a valid student I.D.

The Bookstore also carries a large assortment of college supplies, medical and surgical supplies, greeting cards, backpacks, duffles, lab coats and lab jackets. Overnight film developing is also offered if your film is deposited before 12:30 p.m. in the store.

Located on the ground floor of the Academic Facility, the Bookstore is open from 9:30 a.m. to 3:30 p.m., Monday through Friday.



Helping you at the Bookstore are: (left to right) Betsy Fordham, Faculty Wives volunteer; Kathy Cunningham, Assistant Manager; Desirae Ryband, Manager; and Virginia Nowicki, Faculty Wives volunteer.

## Aerobics

If you are interested in improving your strength, cardiovascular fitness, and flexibility or, if you just want to get away from the books for an hour, aerobics could be the answer. Rush's Action Potential aerobics classes will be starting again as soon as our facility is available. Classes will be held in the Schweppe Auditorium at 5:15 p.m. Monday through Friday. All Rush students and faculty are invited to participate.

Classes are designed to be challenging but noncompetitive with an emphasis on helping each person work at his or her own level of conditioning. Lasting for one hour, each class will consist of a warm-up, 20 minutes of cardiovascular work, toning exercises for specific muscle groups, and a cool down.

Tokens for each class are \$2.00 or a 20 session pass may be purchased for \$35.00. Tokens and passes are available at Student Affairs in 023 Schweppe. Please, no cash at classes.

The first week of classes is free! So do come try a class. Wear comfortable clothes and athletic shoes with a cushioned sole.

Signs will be posted on bulletin boards in the Academic Facility as soon as we have a starting date. For more information please contact Student Affairs at x6302 or Laurie Anderton-M3 at x6066.





Did You Know That...

- ... at Rush-Presbyterian-St. Luke's Medical Center, we provide over 50,000 transfusions per year.
- ... in the near future, RPSLMC will begin performing heart and liver transplants; most of these patients will require over one hundred pints of blood.
- ... it is estimated that over 40% of the U.S. population is medically eligible to donate.
- ... about 4% of eligible donors actually give all the blood donated each year.
- ... a person can donate blood as often as every eight weeks and no more than five times a year.
- ... a single donation can benefit as many as four patients.

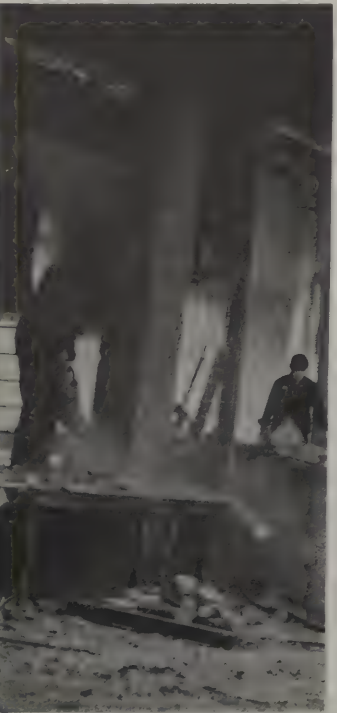
The Blood Center would like to welcome all Rush Students to the '85 - '86 school year and wish you luck in all of your classes. We would also like to invite you to stop by the Blood Center at 262 Jelke whenever you have a few minutes. We are open everyday including Sunday. You do not need an appointment to donate.

We will make you feel very welcome. We have a friendly staff, color TV, and all the cookies and juice you want! So, do not delay making a commitment to donate your blood. We need your support to meet the growing needs for blood.

We look forward to seeing you at the Blood Center soon!

The Schweppe Phoenix

Rush University is proud to announce its very own phoenix. Last fall the TV/ game room adjoining the Schweppe Auditorium suffered from fire damage. Over the summer months, walls were torn down and floors were ripped out to transform the area into a usable space again. Out of the ashes rose a new suite of offices for College Admissions Services and Dr. William Wagner, Associate Dean of Student Services, and a much enlarged and improved auditorium. The September 27 T.G.I.F. will be the first event to be held in the newly renovated auditorium. To make sure this phoenix is not just a myth, stop by and see it for yourself.



Pictured above are workmen renovating the Schweppe Auditorium this summer. Don't forget to stop by and see our new facility.

Rush Job Guide

Students interested in a job can obtain employment forms from the Office of Student Financial Aid in 101 Schweppe.

Employers may contact the office (x6256) to list jobs for students.

**Biomedical Communications:** Two students are needed to serve as film projectionists for classroom film presentations. Must be dependable and able to type.

**Continuing Education:** Two students are needed for general office duties. Duties will include typing, filing, phones, errands, etc. Must be dependable and able to type.

**General Education Resources:** One student is needed as a lab assistant. Must have previous chemistry and biology laboratory experience. Hours are flexible.

**General Education Resources:** One student is needed to serve as a clerk in the Quick Copy Center. Duplicating, collating, binding. No experience necessary.

**Home Health Care:** One student is needed for data entry operations. Must have good typing skills.

**Off Campus:** Personal Care Attendant needed to assist cerebral palsy patient. Must be able to lift person; some light housework.

**Rush Library:** Students are needed to serve as library clerks. Light clerical, filing books, desk work.

**Transfusion Therapy:** One nursing assistant is needed. Must be dependable, pleasant personality. Clerical ability helpful.

Student Representation

It is important that Rush University students become involved in as many aspects of their Rush education as possible. Being involved is more than participating in classes and showing up for T.G.I.F.s. Students can actively join in the decision-making and planning that affects their education by becoming representatives on student government or a college or university committee. These representatives are vital components to the committee system and allow for the flow of communication among students, faculty and administration.

Each of the four colleges at Rush University elects student representatives to committees such as Admissions, Affirmative Action, Curriculum, and Student Judiciary Review. Students may also choose a university-wide committee such as the Student Programming Board, as well as special task forces.

In mid-October, elections will be held for the College of Health Sciences and Nursing. Information describing committees and listing positions available will be distributed in student mailboxes. Elections for the Graduate College and Rush Medical College will be held later in the quarter. Watch the Rush Reporter for further information.

Any questions regarding student representation should be directed to the Office of Student Affairs, x6302.

Movie Passes

Plitt and Rose discount tickets will be sold to students and faculty in the Office of Student Affairs, 023 Schweppe from noon to 4 p.m., Monday - Friday. Plitt tickets sell for \$2.75 each, and Rose tickets are \$2.50. These prices reflect a 50 percent reduction in the cost of a ticket to a first run film. Please be sure to bring your student or faculty I.D. when you purchase tickets.

Office of Student Financial Aid

The Office of Student Financial Aid is located in 101 Schweppe Sprague Hall. All full and half-time students are eligible to apply for financial assistance. The Financial Aid staff works to provide funds to students in need so that they will be able to pay for a Rush education. Because of limited federal funding, financial aid is allocated to students with the highest need although there are also loans available to students with lower needs. The Financial Aid staff is also available to assist you in establishing a reasonable budget to balance your expenses and

available resources. Students who are borrowing funds to help finance their education at Rush are also encouraged to seek the counsel and guidance of the Financial Aid staff in avoiding an unmanageable debt after graduation. The staff also coordinates student letter writing campaigns to legislators and other key public figures when critical financial aid legislation is pending. Questions can be directed to the staff at x6256. The office is open from 8 a.m. to 5 p.m., Monday through Friday.



The Financial Aid staff includes: (left to right) Scott Baumgartner, Assistant Director; Carol Silva, Counselor; Bev Biggers, Secretary; and Bob Dame, Director.

Nursing Student Senate

Welcome, Class of '87! The Student Senate of the College of Nursing anticipates getting to know you. For those of you adventurous enough to explore other aspects of Rush University besides classes, we have something that you might be interested in. First, a brief introduction on what Student Senate is all about.

The Student Senate has several important functions: Senate is a sounding board for the expression of student concerns, ideas and issues. Senate is also one of the only vehicles that bridges the undergraduate program with the graduate program here at Rush. Another important function of the senate is to facilitate communication between faculty, administration, and the student body as a whole.

What does the Student Senate have to offer the Junior class? Available positions are open for new senate members. Courageous juniors who are interested in meeting other students and faculty, enjoying new experiences, and also in having fun are welcome to sign-up for nominations this fall. Listed below are the positions that exist presently. There are many available positions for both junior and senior class members.

Spring Election Results:

- Officers**  
President: Sherri Florio  
Senior Vice-President: Anne Marie Hallagan

**Standing Committee Representatives**

- Committee on Admissions and Progressions:** Julie Parise  
**Committee on Curriculum:** Sarah Kagan  
**Committee on Educational Resources:** Jane Sublette

**Course Representatives**

- Behavior I:** Trish Fahey  
**Behavior II:** Carol Kiefer  
**Research:** Elma Saladar

**Patient Care Management:** Ramona Shumpratt

Other Committees

**University Student Programming Board:** Diane Pecaric

**Positions Available:**

- Officers:**  
Junior Vice-President  
Graduate Vice-President  
Secretary/Treasurer - Junior  
Activities Coordinator - Graduate and Junior

**Committee Representatives**

**Faculty Senate:** (1) Graduate, (1) Undergraduate

**Admissions and Progressions:** (1) Doctoral, (1) Junior

**Affirmative Action:** (1) Graduate, (1) Junior

**Curriculum:** (1) Doctoral, (1) Masters, (1) Junior

**Educational Resources:** (1) Graduate, (1) Junior

**Faculty Development:** (1) Graduate, (1) Junior

**Course Representatives**

**Foundations:** (1) Junior

**Bio Science I:** (1) Junior

**Bio Science II:** (1) Junior

**Pharmacology:** (1) Junior

**Other Committees**

**University Student Programming Board:** (6) any level

**Nurses Alumni Association:** (1) Graduate, (1) Senior

**University Committee on Student and Faculty Appeals:** (2) any level

We hope that many of you will consider these opportunities to be involved at Rush. Nominations and elections will be held in late September or October. Good luck juniors! We're looking forward to meeting you.

Sherri Florio  
President - SGA



# Inside the Student Counseling Center

By

Marilyn Johnson, Ph.D.

A natural topic for a September column is anxiety. Anyone who tells you that he or she felt no anxiety during the first year at Rush is (a) a pathological liar; (b) brain dead; (c) a daily cocaine user; (d) all of the above; (e) a and c but not b; (f) b and c but not a; (g) a and b but not c; (h) none of the above. There are at least three sources of anxiety for new students.

**Novelty/uncertainty.** This type of anxiety is especially prevalent during the first year of school; it also occurs when routines change markedly (e.g., when medical students begin clerkships after a period of academic study). How many of the following events did you experience during your first year at Rush?

New city and/or state	Marriage/cohabitation
New apartment	New city for significant other(s)
Separation from loved ones	including children
Lack of acquaintance with anyone in Chicago	Change to urban living
Role change from worker to student	Lack of acquaintance with anyone at Rush
	Change in financial situation

The greater the number of items which characterize this period, the greater the anxiety you probably felt.

**Achievement emphasis.** Unless you are a genius, professional/graduate school will evoke achievement anxiety from time to time. You may experience this as the Peter Principle, deciding that you have finally reached the level of your incompetence. Or you may undergo the imposter phenomenon: you have managed to fool your teachers and admission committees so far but you're about to be exposed for the know-nothing you really are. It is small comfort when that rare classmate acknowledges his or her insecurity or test failure because you're quite sure that all the folks who say nothing are achieving academic stardom. Not true, of course; they think you're doing well and they hope you don't discover their ineptitude.

**Social relationships.** Here you are again among a group of strangers when what you want more than anything is a friend. Your past experience gives you a clue as to how easy or difficult making friends will be. Even if it has been difficult in the past, you are in a good position to succeed now because of the professional school structure. That is, you will be in intense contact with at least a small group of other students in clinical or laboratory situations and the Lifeboat phenomenon (we're all in this risky situation together) will take over. Research indicates that the degree of loneliness students feel is related to the degree of self-disclosure they make, so take a lesson from this and let others get to know you (even if you think you are dull and uninteresting). Unless you are romantically attached already, you may be seeking a lover as well as a friend. Here too your past experience will guide your expectations. If you are an older student or a student in a program which is predominantly female, this may increase your concerns.

The transition to professional and/or graduate school is a transition, however, which by definition means it is time-limited. Most of the time, growing familiarity with these different situations leads to a reduction in anxiety. What do you do if the anxiety continues or increases? How do you decide if your anxiety is severe enough to warrant professional attention? What follows is a brief description of two

types of anxiety disorders which may help you assess your own anxiety if and when it seems more serious than in those examples described above.

There are two general categories of anxiety which require professional intervention. First, there are anxiety states, the most frightening of which is the panic attack; this is defined as a recurrent anxiety attack that occurs unpredictably. Symptoms of panic attacks include fear of dying and/or losing control and a number of physical symptoms such as dyspnea, palpitations, sweating, shaking, dizziness, a choking or smothering sensation, etc. These attacks usually last for minutes rather than hours.

The other category is the phobias, of which agoraphobia has received the most attention in recent years. Phobias are persistent and irrational fears of specific objects, activities or situations that result in a compelling desire to avoid the dreaded object, activity or situation. Agoraphobia is the marked fear of being alone or being in public places from which escape might be difficult or help not available in case of sudden incapacitation. This definition indicates the symptoms of agoraphobia.

The treatment for phobias and anxiety states follows from a careful behavioral assessment of the problem which focuses on the relationship between the presenting symptoms or problem and the contexts in which they occur. One behavior therapist suggests an A-B-C mnemonic for this behavioral analysis; try it yourself.

(A) *Antecedents* are any stimuli that precede occurrence of the target behavior; they can be feelings, interpersonal events, thoughts, behaviors, etc. What factors seem to precipitate my anxiety? "They're giving me so much work that I can't possibly do it all, so I'll probably flunk out."

(B) *Behaviors* are the overt and covert activities and experiences (thoughts, feelings, images and interpersonal responses) that make up human behavior. How do I experience and express my anxiety? "I'm feeling so tense I can't sit still, I can't sleep and I'm talking about this to everyone I meet."

(C) *Consequences* are what happens after the symptomatic behavior occurs. What are the results of my anxious behavior? "As a result, I'm not able to study as I need to and I'm making myself more anxious by talking about it all the time."

It is natural for someone suffering from acute anxiety to attempt to cope by avoidance; this can range from staying away from school to using drugs regularly to take the edge off the anxiety. However, these efforts are rarely successful, and in fact the basis of all behavioral approaches to treating anxiety is exposure to the anxiety-provoking stimulus. This may be done *in vivo* (e.g., the agoraphobic leaving the house in the company of a friend or even a therapist) or *in vitro* (e.g., the panic attack sufferer goes through a series of mental images of the fearful situation). In every case, the anxious person is helped to confront the object of fear so that the tension will eventually be extinguished. Medication is sometimes used in conjunction with the behavior therapy but there is no substitute for the process of careful exposure to the source of the anxiety.

A critical element in anxiety is a feeling that you are out of control, that you are alone with these terrible thoughts and feelings. I hope this discussion has informed you that much of the anxiety you experience, especially during your first days and weeks at Rush, is felt by nearly everyone. You were good enough to get here and you will be good enough to stay.



The Student Counseling Center is staffed by (standing left to right) Dr. Mark Langutt, Counselor; Dr. James Stewart, Counselor; (sitting left to right) Dr. Marilyn Johnson, Director; and Peggy Lusk, Counselor.

## Student Counseling Center

The Student Counseling Center provides professional counseling year round for concerns ranging from academic problems to issues of personal development. In the past, Rush students have sought help for test anxiety, insomnia, marital and/or relationship problems, study difficulties, and problems in relationships with family, peers and faculty. In addition to individual counseling, the Center pro-

vides marital and relationship counseling, relaxation training, stress management, and assertiveness training. No record of any contact with the Student Counseling Center is accessible to any college or university administrator, and all discussions with Center staff are held in strictest confidence. The Center is located on the 8th floor of Schweppe-Sprague Hall or call x3687.

## Tae Kwon Do

Looking for an activity that exercises your body and teaches you self-defense? Tae Kwon Do could be your answer. This is a Korean Martial Art that emphasizes development of the mind and body. The class teaches self-defense, forms (Hyungs), and meditation through traditional training. The instructor for Tae Kwon Do will again be Wendel Smith, a Rush medical student who also holds a 1st degree black belt.

Beginning September 19, Tae Kwon Do will be offered on Mondays and Thursdays at 6:30 p.m. in the Schweppe Auditorium. The cost is \$30 per quarter and purchase of a class uniform is required.

If you have any questions, contact Wendell at x6066. To begin your development of flexibility, power, control, balance, coordination, and self-defense, sign up soon in the Office of Student Affairs, 023 Schweppe.

## T.G.I.F.

The first T.G.I.F. (Thank God It's Friday) social gathering of the year will take place on Friday, September 27, 1985 from 3:30 - 6:30 p.m. in the Schweppe Sprague Auditorium. The Rush Medical College Alumni Association has volunteered to sponsor the event. We look forward to having some of their members join us and appreciate their assistance. A variety of foods and beverages will be provided.

Be certain to bring some form of identification stating your date of birth to all T.G.I.F.s. All Rush students and faculty are invited to attend!

## Financial Affairs

A prerequisite for the completion of your registration is the payment of tuition and fees. We encourage you to mail your payment to:

Rush University  
Office of Financial Affairs  
1743 West Harrison Street  
Chicago, Illinois 60612

All tuition and fees are due September 23, 1985. If you have any financial aid applied for and pending through the Office of Financial Aid, you will only be responsible for the balance of tuition and fees less that aid. If you cannot make payment in full and are not receiving financial aid, you may complete a deferred payment plan contract with our office which will split your payments into thirds. There is a \$15 charge for deferment of tuition and fees. Students must have all their financial aid applications into the Office of Financial Aid or complete the deferred payment plan contract by September 23, 1985. Those students who have not made satisfactory arrangements will be charged a \$100 late payment fee.

## Clinical Honors

Congratulations to the following undergraduate nursing students who were awarded Clinical Honors for spring quarter 1985:

Maureen Hamilton  
Keith Lewandowski  
Kimberly Sareny

Clinical Honors recognizes students whose clinical performance exceeds course expectations, a performance that is consistent, creative, scholarly and characterized by a caring, humanistic approach.



# Neighborhood Volunteer Program

The staff of Erie Neighborhood House would like to express their deep appreciation to Tim, Napier-M3, Jim Rydel-M3, David Schwartz-M3, and Vik Zadoo-M2, who volunteer as tutors in the T.E.A.M. Program, an educational program for high school students. Tim, Jim and Vik have volunteered since February, 1985, and David began tutoring in February, 1984. As tutors, Tim, Jim, David, and Vik have shown remarkable patience, caring and enthusiasm for learning, and these qualities have helped them to work successfully with their tutees in developing their academic abilities.

In addition to tutoring, David Schwartz conducted a series of ACT review workshops during April and May, 1985. His efforts greatly enhanced the participants' confidence and ability to perform well on this test.

The T.E.A.M. Program is offered by Erie House, 1347 W. Erie St., Chicago, in cooperation with Wells High School. The program was developed in response to the destructively high rate (56.5%) at which the students at Wells fail to complete high school. The program involves participants in weekly tutoring sessions aimed at the improvement of their academic performance. In addition to the tutoring sessions the program offers participants workshops addressing study skills, vocabulary improvement, college options, vocational options and career goals.

The success of the program depends on people like Tim, Jim, David and Vik whose insight and commitment make the difference for the youth with whom they work. If you are interested in volunteering as a tutor and/or would like more information about Erie Neighborhood House, please call Carolyn Newberry at 666-3430.



The Registrar's Office staff includes: (clockwise left to right) Denise Labeledz, Student Records Aide; Joe Swihart, Registrar; Diane Grayer, Student Records Aide; Ann Schuppert, Assistant Registrar; and Michele Vaught-Adams, Coordinator of University Scheduling.

## Peer Counseling Program

For the seventh year, the Student Counseling Center at Rush University will offer a peer counseling training program. Training will begin the first week in January.

The purpose of the peer counseling program is to provide you with skills which can be used to help other students and spouses. There are certain concerns about which one might prefer to talk to another student or spouse rather than to a faculty member or to a staff member of the Student Counseling Center. Several spouses have joined the group and we feel that their contributions have been very helpful. This year we would again like to invite spouses and mates (married or unmarried) of Rush students to participate. Your experiences as a Rush student have a strong impact on your loved ones; we believe you can help each other through sharing.

Participating in the program occurs in two steps: (1) attending one all-day group session and four two-hour training sessions and (2) attending group meetings throughout the school year. Some of our monthly meetings are spent on planning and others are spent on such continuing education topics as death and dying, depression, and new counseling techniques. The all-day (9 a.m. - 4 p.m.) group sessions will be held on a weekend.

If you are the kind of person to whom people come when times are hard and if you are able to share your concerns with others, you might enjoy becoming a peer counselor. If you are interested, please contact us at the Student Counseling Center, 8th floor, Schweppe-Sprague, or phone us at x3687 to obtain information.

## Office of the Registrar

The Office of the Registrar prepares and distributes a timetable prior to registering students each quarter. At the end of each quarter the Registrar receives grades and mails grade reports to students with copies sent to the appropriate advisors. As students near the completion of their programs, the Registrar performs graduation audits and orders diplomas. Other activities include taking identification pictures for students and faculty, publication of the Student Address Book, completing loan deferment forms, licensure applications and transcript requests, and the scheduling of class and meeting rooms for the Medical Center. The Registrar serves as advisor for veterans and foreign students. The Office, located in 101 Schweppe Sprague, is open from 8 a.m. to 4:30 p.m., Monday through Friday.

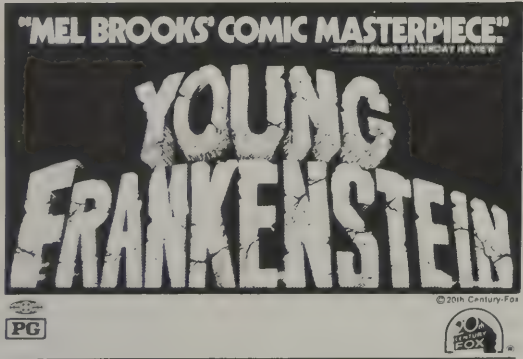
## MLRC Film Series

The McCormick Learning Resource Center will sponsor a showing of the film *Breaking Free* on Monday, October 14, from 12 - 1 p.m. in room 540 Academic Facility.

This Australian film documents the experience of 40 mentally retarded people who put on a mime show on the stage of the Sydney Opera House under the direction of controversial therapist and theater director Aldo Gennaro. *Breaking Free* won awards at the British Medical Association/ British Life Assurance Trust Film Festival and the Superfest Film Festival of the Corporation on Disabilities and Telecommunication.

All Rush faculty, students and staff are welcome to attend this showing.

## Reel Entertainment



**Young Frankenstein**  
Friday, October 25, 7 p.m.  
A. B. Dick Auditorium  
Free Admission  
Starring: Gene Wilder, Marty Feldman, Cloris Leachman, Madeline Kahn, Teri Garr, Peter Boyle and Kenneth Mars  
Rated PG

*Young Frankenstein* is what used to be called a crazy comedy. Director Mel Brooks can make you laugh helplessly as

this ingenious parody of the famed horror tale. Gene Wilder is droll as the professor lured into creating a new zipper necked monster. Marty Feldman gives a brilliantly funny performance as Igor, the pop-eyed, humpback assistant, whose hump keeps changing places. Cloris Leachman is delightfully austere as the horse-faced lady of the castle and Madeline Kahn proves she is the ultimate comedienne. *Young Frankenstein* is sure to make you chuckle.

**Witness**  
Friday, October 4, 7 p.m.  
A. B. Dick Auditorium  
Free Admission  
Starring: Harrison Ford, Kelly McGillis, Josef Sommer, Lukas Haas, and Alexander Godunov  
Rated R

*Witness* is a spellbinding thriller that combines taut suspense with an intoxicating romance. Harrison Ford stars as John Book, a tough Philadelphia cop heading the investigation into the brutal murder of an undercover narcotics officer. His only witness is a young Amish boy on his first trip into the city with his recently widowed mother, (Kelly McGillis). When evidence points to a fellow police officer,

Book finds himself caught in a web of evil and corruption. After a near-fatal confrontation with the murderer, Book is forced to flee to the relative safety of the widow's farmhouse. There, cultures clash as the big city cop struggles to cope with the simple, 18th century life style of the Amish. Tension mounts as his attraction to the lovely young widow intensifies—and the vicious killer moves in closer as he stalks his prey. *Witness* offers a rare and compassionate glimpse at the uncomplicated, peaceful life style of the Amish juxtaposed with the harsh reality of modernday, urban violence. This is a movie for grown-ups. *Witness* settles for being superbly crafted, erotically charged and hugely entertaining.

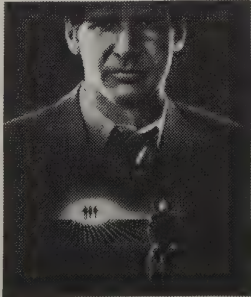
### Harrison Ford is John Book.

A big city cop.  
A small country boy.  
They have nothing in common...but a murder.

### WITNESS



A PARAMOUNT PICTURE  
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# RUSH REPORTER

PUBLISHED BY THE RUSH UNIVERSITY OFFICE OF STUDENT AFFAIRS

VOLUME IX NUMBER 2

OCTOBER 29, 1985

## Trivia Anyone?

This November, Student Affairs is going to try something new. We have sponsored College Bowl tournaments and trivia contests, but never a trivia bowl. Well, trivia fans, you are in for a treat.

The first Rush University Trivia Bowl will be held on Thursday evening, November 14, 1985. Our trivia bowl will be patterned after a typical College Bowl tournament. Teams of four players will compete against each other to score points by answering toss-up and bonus questions.

Questions will pertain to such areas as entertainment, geography, sports and leisure, nature and science, arts and literature, T.V., history, and Rush University trivia. Here are a few sample questions. See how many you can answer.

1. Who directed the film Close Encounters of the Third Kind?
2. How many yards is a football team penalized for clipping?
3. Who is the Registrar of Rush University?
4. What was the last album the Beatles recorded together?
5. Where did Napoleon suffer his final defeat?

The answers to the above questions can be found on the back page of the *Reporter*.

The trivia bowl tournament will be double elimination. Teams will be comprised of four students. Team members may be from any college and/or level. Get a team together or sign up by yourself. Register now as a team or individually. We will try to match interested students with others who express a desire to participate. Prizes will be awarded to the winning team.

For more information stop by 023 Schweppe or call the Office of Student Affairs at x6302.

P.S. Here's one more to test you:

6. Who starred as T.V.'s Gidget and Flying Nun?

## Special Humanities in Medicine Lecture

Dr. Dannie Abse, British internist and prizewinning poet and playwright, will read from his works and discuss his dual career on Monday, November 4, 1985 from 5 - 6 p.m. at the A.B. Dick Auditorium.

Dr. Abse, a specialist in pulmonary medicine, is the author of eight books of poetry; among them, *Collected Poems*, *The Welsh Selection* of the International Poetry Forum, published in America by the University of Pittsburgh Press.

The event is jointly sponsored by the Rush Humanities Program and the Bishop Anderson House.

All Rush students, faculty, and staff are cordially invited. For further information, contact Professor Doris Vidaver at x2063.

## Registrar's Office

Pre-registration for winter quarter will be on Monday, November 11, through Tuesday, November 19. Course timetables will be available in 101 Schweppe a few days before. Registration is on a first-come, first-serve basis. All graduate and RN completion students must have their advisor sign the registration form.

This is a reminder that all requests for Rush University transcripts must be signed by the student. Parents or spouses may not sign for the student so please do not ask them to sign for you. Forms are available in 101 Schweppe for requesting a transcript for yourself or to be sent to another institution or agency. Transcripts issued directly to the student are stamped "issued to student." There is no charge for this service. The Registrar's Office will not copy other institution's transcripts kept on file at Rush.

## Theatre Outing

Chicago's favorite holiday tradition, *A Christmas Carol*, returns to the Goodman Theatre for its eighth annual production. The Ghost of Christmas Present has reserved a block of seats so Rush students and faculty may enjoy this Dickens classic. Don't be a Scrooge! Find the Christmas spirit with Ebenezer, Tiny Tim, and Bob Cratchit.

Discount tickets (Scrooge would be so pleased!) are available in the Office of Student Affairs for the Sunday, December 15, matinee (2:30 p.m.). Students may purchase tickets for \$18. Beginning November 18, faculty and staff may purchase tickets for \$20. Payment is due at the time of reservation.

Enjoy the warmth of the season. Reserve your seats for *A Christmas Carol* soon. "God bless us, everyone."

## Rush University Enrollment 1985-86

Rush Medical College	496
College of Nursing	
Bachelors	234
Masters	122
Doctoral	65
	421
College of Health Sciences	
Bachelors	28
Masters	104
	132
The Graduate College	51
Unclassified	56
Total	1,156

## Thank You Faculty Wives

On behalf of students and faculty, the *Rush Reporter* would like to thank the Rush University Faculty Wives, who voluntarily staff the Rush University Bookstore. Without their friendliness, concern, energy and time, today's Bookstore would not exist.

Students receive a 15 percent discount on all textbooks, and each year the Faculty Wives provide funds for financial aid that are used as scholarships for financially needy students. From an initial contribution of \$7,000 in August, 1971, the Rush University Faculty Wives have contributed a total of \$169,835 in scholarship funds to students. These benefits would be unavailable if the Bookstore were not operated by the Faculty Wives.

The week of November 4 is "Thanks to the Faculty Wives Week" at Rush. Take a moment during the week to drop in to the Bookstore and tell these great folks, THANKS! Let them know that their unselfish dedication really is appreciated.

## RUSH UNIVERSITY FACULTY WIVES

SEPT. 9, 1985

DR. J. TRUFAUT  
VICE PRESIDENT, ACADEMIC RESOURCES.  
RUSH PRESBYTERIAN ST. LUKES  
MEDICAL CENTER.

DEAR DR. TRUFAUT,

IT IS WITH GREAT PLEASURE THAT RUSH UNIVERSITY FACULTY WIVES IS ABLE TO PRESENT THE ENCLOSED CHECK IN THE AMOUNT OF FIFTEEN THOUSAND DOLLARS TO BE USED FOR SCHOLARSHIPS AT RUSH. I HAVE RECEIVED THE LIST OF RECIPIENTS OF THIS YEAR'S SCHOLARSHIP AWARDS. IT'S VERY GRATIFYING TO SEE SO MANY DILIGENT STUDENTS BENEFITING FROM OUR EFFORTS IN THE BOOKSTORE AND THE VALENTINE'S DAY FLOWER SALE.

WE LOOK FORWARD TO A CONTINUED ACTIVE ROLE IN THE WORTHY CAUSE OF SCHOLARSHIP AID.

Sincerely,

Shirley A. Stange

PRESIDENT

## CALENDAR OF EVENTS

### Wednesday, October 30

Presentation by Dr. Alice Dan, *Premenstrual Syndrome: A Self-Management Approach*, noon, room 710 Academic Facility.

### Friday, November 1

The Mad Pumpkin Ball, 8:30 p.m.-1 a.m., Schweppe Haunted House.

### Monday, November 4

Presentation by Dr. Dannie Abse, *Dual Careers: Physician and Poet*, 5 p.m., A. B. Dick Auditorium. Sponsored by the Rush Humanities Program and the Bishop Anderson House.

### Friday and Saturday, November 9 and 10

AMSA's Regional Fall Workshop to be held this year at Rush University. Contact Suzanne LaFollette, M2, for more information.

### Monday, November 11

Film, *The Saving of the President*, noon - 1 p.m., room 540 Academic Facility. Sponsored by the MLRC.

### Wednesday, November 13

RMC Committee student nominations are due in the Office of Student Affairs.

### Thursday, November 14

Trivia Contest, 5:30 p.m., Schweppe Student Lounge.

### Friday, November 15

T.G.I.F., 3:30 - 6:30 p.m., Schweppe Auditorium. Sponsored by the Department of Biochemistry.

### Saturday, November 16

Chicago Symphony University Night Concert Series, 8 p.m., Orchestra Hall.

### Monday, November 18

RMC student elections.

### Wednesday, November 20

Brown Bag Extravaganza, noon, Schweppe Auditorium.

### Friday, November 22

Film, *Trading Places*, 7 p.m., A. B. Dick Auditorium.

### Monday, November 25

*Getting Chosen for the Residency of Your Choice*, presented by Dr. Jean Arnold, 5:30 p.m., Schweppe Auditorium. Sponsored by AMWA.

### Wednesday, November 27

Chicago Symphony University Night Concert Series, 8 p.m., Orchestra Hall.

### Thursday and Friday, November 28 and 29

Thanksgiving Holiday. No classes.

### Wednesday - Friday, December 4 - 13

Examination Period - X courses.

### Monday - Friday, December 9 - 13

Examination Period - Y courses.

### Sunday, December 15

Theatre outing, *A Christmas Carol*, 2:30 p.m., The Goodman Theatre.

### Monday - Friday, December 16 - 20

Examination Period - Z courses.

### Thursday, January 2

Classes Begin - Y courses.

### Monday, January 6

Classes Begin - X and Z courses.



## The Way We Were

The College of Nursing, Rush University was established in 1972, admitting students in 1973. Prior to the College of Nursing, the Medical Center and its predecessors were involved in educating nurses for 100 years. St. Luke's Training School (1885-1959), School of Nursing Presbyterian Hospital (1903-1959) and Presbyterian-St. Luke's School of Nursing (1957-1968) graduated 7221 nurses. Incidentally the first man enrolled in one of the previous programs entered in 1958.

Since we are nearing the end of the 100th year of nursing education within this institution, I would like to conclude with memories of a member of the first class to graduate in 1887 from St. Luke's. The following, best told in her own words, was written 45 years after she was a student:

"When I decided to become a nurse I applied to the Illinois Training School for admission but as they had a long waiting list they advised me to go instead to St. Luke's Hospital, where a training school had just been started. I was admitted without difficulty, the only requirements as I recall them being a letter from one's family physician and from one's minister. Only two of the first class of six were Episcopalians.

I was welcomed by Miss Shepard, who was most cordial, and was immediately placed in charge of the men's ward, from which George, the male nurse was removed, to his great indignation. I, of course, had no head nurse, as the school had been in session only a week. Both Miss Shepard and Miss Gapen supervised our work, but as can well be imagined they were tremendously busy and we received little training. I never felt that I learned much, about nursing - I just gave out medicines, followed the physicians' orders and picked up bits of information here and there. The doctors left their instructions plainly written out on the charts and anyone who could read could carry them out. They were always most kind and interested, and taught us most of what we learned.

The discipline was not strict until after Miss Traylen came. There were few rules; the only one that I can remember was that we could not go out with internes. We did just about as we pleased on the wards, and as we were all interested in our patients we worked very hard. We always had so much to do and we felt so responsible for our patients and for having an efficiently run ward that we wouldn't leave them. Night duty was done by George and someone else.

The atmosphere was most informal. The supervisors were free and easy and we all sat at the same table and a good deal of nurses talk and we were generally too tired at night to want to do much. Sometimes, when we had a half-day off, we took a cable car to Jackson Park, which was just wilderness then. The Arthur Ryersons were very kind to the nurses, frequently sending us tickets to McVickers' Theatre or providing an occasional party. We all lived in the Indiana Hospital on the second floor and were free to do as we pleased when we were off duty. We had some evening classes, but we were always too sleepy to pay much attention to what was going on and we had no time during the day to study.

Many amusing incidents occurred while I was in training and one I shall always remember. I was in charge of the men's ward during most of the two years, as I liked it so well that I didn't want to work elsewhere. Many of the patients were ordinary day laborers who had been brought in off the railroads after the many accidents that were always happening in those days and they were sometimes

rough and uncouth in their manners. I permitted no swearing and one rule that I was specially strict about was that no patient should walk about the ward with his hat on, which was something they dearly loved to do. One day I was working behind a screen when I saw the top of a hat appear in the doorway. In no uncertain tones I called out 'Take off that hat!' The deep voice of Dr. Locke (Dr. Clinton Locke was the Rector of Grace Church, founder of St. Luke's Hospital and its first superintendent) responded meekly 'Yes, Miss McClary' and off came the hat. He was a frequent visitor to the ward and was often accompanied by his son Arthur, who always brought his dogs."

In the first annual report of the Training School, the following description was given: "On St. Luke's Day, October 18, there were held in the Chapel of St. Luke's Hospital the graduating exercises of the first graduates of St. Luke's Training School. The Chapel was filled with the friends of the School and of the nurses. A short religious service was held by Rt. Rev. Henry C. Potter, Assistant Bishop, of New York, who briefly and earnestly addressed the graduating class. The report of the Training School was then read by W.K. Ackerman, Esq., for the Superintendent and Dr. John Owens, the President of the Medical Board, addressed the class and conferred their diplomas upon them. The President of the Hospital, with a few fitting words, presented each one of the Graduates with a beautiful badge, the gift of the members of the Medical Board. Miss Jennie McGlashen, one of the graduating class, delivered a valedictory in verse which was highly enjoyed. Everyone present was delighted with the fine appearance of the nurses in training, and the evidence of thorough preparation shown in the examination papers of those who then graduated."

It would have been interesting if we could trace the careers of the six students who enrolled 100 years ago. In the early school bulletins all graduates of the school to date were listed. The oldest bulletin in the Nursing Archives is from 1912, 25 years after the first class graduated. At that time the following information was available:

1887

Donsbach, Miss Augusta B.,  
Deceased

Helgren, Miss Hilda,  
At home

McClary, Nina  
Now Mrs. Campbell

McGlashen, Jean,  
No information

Osprey, Joan, M.D.,  
Deceased

Wheeler, Miss Helen M.,  
Now Mrs. Mammon

I hope the returning students have found the articles regarding the centennial year of nursing education in the institution of interest. Welcome to all entering students, I hope you will be interested in learning more about your heritage in "The Way We Were."

Researched and written by  
Ruth E. Johnsen, M.A., R.N.  
Nurse Archivist



## Support Group

A support group for students with compulsive eating and/or compulsive starving concerns is being formed. A meeting to share common concerns will take place on Friday, November 1, 1985, at noon in the Student Counseling Center, 836 Schweppe-Sprague. If you are interested but cannot attend this meeting, please call Dr. Marilyn Johnson at extension 3687.

## La Salle County Scholarships

Third year medical students who were residents of La Salle County, Illinois at the time of application to medical school or who are currently a La Salle county resident, are eligible to apply. Contact the Financial Aid office for further information. The application deadline is December 1, 1985.

## Run for the Road

Energetic Rush students added a new trophy to the display case in the Student Lounge on Saturday, September 28. Doug Roegner, Vik Zadoo, Matt Yeomans, Toby Sadkin, Sara Loomis, Pauline Karalis, and Karen Stetson participated with 250 other runners in the 10K "Run for the Road" sponsored by Sheridan Road Hospital. The skies were sunny and temperatures were mild as the "Rush M-2's" raced

## Address Book

The student address book is now available in 101 Schweppe and on the 7th floor of the Academic Facility near the student mailboxes. If your address or phone is not listed correctly, please fill out an address change form in the Registrar's office so that we can update your records and have a correct listing for the student directory printed in January.

## Not For Women Only

On Wednesday, October 30, at noon in room 710 Academic Facility, Dr. Alice Dan will present "Premenstrual Syndrome: A Self-Management Approach." Dr. Dan is an associate professor in the College of Nursing at the University of Illinois at Chicago. Her talk is sponsored by the Rush University Faculty Women's Association. Everyone is invited to attend.

along Lincoln Park to capture FIRST PLACE in the team division. Karen Stetson, a clinical nutrition student, (the only non M-2 of the group) was the second woman to cross the finish line with a time of 43:37.

The next time you're in the lounge, take a look at the trophy and give a big "Hip, Hip, Hooray!" to the team.



Pictured (left to right) are: Front row; Matt Yeomans, Vik Zadoo, Doug Roegner. Back row; Karen Stetson, Toby Sadkin, Pauline Karalis, Sarah Loomis.

## Reel Entertainment

### Trading Places

Friday, November 22, 7 p.m.

A. B. Dick Auditorium

Free Admission

Directed by John Landis

Starring: Dan Aykroyd, Eddie Murphy, Ralph Bellamy, Don Ameche, and Jamie Lee Curtis

Can a down-and-out, street-wise hustler be transformed into a commodities genius? Will a wealthy, blue-blooded financial wizard resort to crime if he's stripped of his riches? *Trading Places*, a tale of altered identity, tells this sidesplitting, rags-to-riches (and vice versa) story. The products of *Saturday Night Live*, Aykroyd and Murphy, become unknowing guinea pigs in a bizarre experiment concocted by two bored billionaire brothers. Through trumped up charges, they bump Aykroyd from his prestigious job and social standing and usher in a befuddled Murphy to

take his place. When the boys finally catch on to the scam, they plot to thwart the eccentric twosome with a Wall Street swindle of their own. Eddie Murphy provides non-stop hilarity as beggar turned broker, and a frenzied Aykroyd keeps pace as the stuffed shirt forced to pound the pavement. Ralph Bellamy and Don Ameche portray the amusingly despicable con men, and Jamie Lee Curtis is a sumptuous streetwalker with a gold-plated heart. *Trading Places* is a frantic romp into the prince-and-the-pauper genre that pokes fun at the world of finance and the super rich.

**DAN AYKROYD EDDIE MURPHY**  
They're not just getting rich...  
They're getting even.

**TRADING PLACES**  
Some very funny business.



# Inside the Student Counseling Center

By Marilyn Johnson, Ph.D.

Much of what follows was written in 1982 before most of us had heard of AIDS. The concerns discussed here remain relevant and bear repeating. The advent of AIDS has added a new and dark dimension for gay and straight students, one which deserves attention.

There is a hidden curriculum at Rush and all educational institutions; this is the set of values and assumptions that students in the health professions acquire along with their knowledge and clinical skill. One of these assumptions is that one lives in a heterosexual world filled with heterosexual colleagues and patients. This is not so and the fact that it is not has implications for all health professionals, gay and straight.

Society's attitudes toward homosexuality continue to be negative, despite gains made by gay rights groups and despite the fact that homosexuality is no longer defined as an emotional disease. These negative attitudes make it difficult for a gay person to reveal his or her sexual orientation. In the health professions, which involve physical contact, gays feel especially wary about revealing their sexual preference.

The fear of exposure and the frustration caused by that fear are always present. In a lecture or lab or on the hospital floors incorrect or half-true statements about gay patients or gay diseases are often heard. What are the implications for the gay person who speaks up?

Maybe the worst of it is the loneliness and isolation the gay individual feels as a student. Suppose a five-year relationship has just ended. What friend or colleague can the gay person turn to for support? Suppose the individual is a lesbian interested in building friendships with other women. If they know that she is a lesbian, how will they react?

Many women and men have come to terms with being gay by the time they get to Rush. They have decided how to deal with their families, and they have learned to deflect heterosexual dating suggestions with some equilibrium. Nevertheless, they may find it very difficult to risk confiding in new friends because they know that some of them will not be able to understand and because they fear that others might learn about them. What of the individuals who are still wrestling with their feelings about being gay? They must work it out without the support of friends or family, and there is little around

them to allow them to feel strong and worthwhile in acknowledging that they are homosexual.

Being a student, at whatever age, is like being an adolescent: one has a lot of responsibility and very little authority. Students in the health professions are doubly tested because they are evaluated not only on the basis of their academic learning but on their technical skills as well. Added to all this are the stresses of working out one's sexual orientation, making a choice with negative social sanctions, and trying to hide it from almost everyone while simultaneously trying to meet a potential mate. How could one not feel depressed or anxious or both at least some of the time?

Now the fear of AIDS creates anxiety in one's personal life and potentially in one's professional life. The public reaction to the spread of AIDS will make it even more difficult for the gay student and practitioner. Families may react badly to having gay nurses, physicians and other health professionals treat their loved ones so the need to hide one's orientation will become even greater. Also, while it is distressing for all health professionals to see the great loss of life among their AIDS patients, the pain felt by gay students and staff is even more wrenching.

There is no simple solution to these issues. Members of the gay community can seek support and affirmation from organizations such as the Gay and Lesbian Physicians of Chicago (P.O. Box 14864, Chicago, IL 60614). There is an informal gay/lesbian network at Rush for which I serve as middleperson. If you are interested in meeting other gay Rush students, please call me at x3687 and I will pass on your name to someone who will telephone you.

But it is the straight community that needs to become much more aware of and sensitive to the problems gays face in order to begin to change society's attitude toward homosexuality. A start might be to view the film, "Word is Out" (available in the LRC), which beautifully reveals the pains and joys of gay life. Another suggestion is to participate in a discussion group of gay awareness. For those who are very interested, a third possibility could be some clinical experience in a gay clinic. These are just some of the ways that we as health professionals can learn more about each other.

# School Closing for Weather and Other Emergencies

While we hope for a mild and dry winter, the possibility of hazardous weather conditions or other emergencies that could cause a school closing exist. The following policy has been adopted for Rush University.

RUSH UNIVERSITY WILL REMAIN OPEN EXCEPT IN THE MOST UNUSUAL WEATHER CIRCUMSTANCES OR OTHER EMERGENCIES. In all cases faculty and students directly involved in providing patient care functions are expected to make every reasonable effort to be on campus. Purely didactic classes may not be held on certain days when travelling is judged to be exceptionally hazardous or difficult.

You should expect that Rush will close only when the conditions are exceptionally hazardous or difficult, which occurs very rarely. In most cases, the University will be open. (It has not been closed even once in the last 15 years.)

Authorized school closings will be announced on the following radio and television stations: WGN, WIND, WMAQ, WCFL, WBBM-FM, WCLR, WFYR, WYEN, WGN-TV, and WFLD-TV. The telephone operators at Presbyterian-St. Luke's Hospital will also be notified in the event school is closed. PLEASE DO NOT CALL OTHER OFFICES OR PERSONS.

Questions about this policy should be directed to the Office of Student Affairs, 023 Schweppe.

# Commencement 1986

Commencement exercises for the Class of 1986 will be held on Saturday, June 14, 2:00 p.m. at Medinah Temple.

One of the most important tasks of Commencement preparation is the nomination of candidates for speaker to the Board of Trustees for selection. It is Rush policy not to extend payment to an individual who is honored as the Commencement speaker. This condition limits the selection, for many performers and other public figures often charge substantial speaker fees.

Your participation in this process is welcomed. Anyone who would like to submit a nomination should do so immediately in writing to the Office of Student Affairs, 023 Schweppe.

# Rush Job Guide

Students interested in a job can review job listings in the Office of Student Financial Aid in 101 Schweppe Sprague. Employers may contact the office (x6256) to list jobs for students.

**Biomedical Communications:** Student needed to videotape histories and physicals. Some familiarity with videotape equipment useful. Must be eligible for College Work Study. \$4.75 per hour.

**Financial Affairs:** One student needed to help with cashier duties and light typing. Must be eligible for College Work Study. \$4.75 per hour.

**Home Health Care:** One student is needed for data entry operations. Must have good typing skills. \$5.00 per hour.

**Off Campus:** Personal Care Attendant needed to assist cerebral palsy patient. Must be able to lift person; some light housework.

**Registrar's Office:** Student needed for light typing, data entry, and other office duties. Must be eligible for College Work Study. \$4.75 per hour.

**Research Assistant:** Assist in reviewing x-rays for a research project. Third or fourth year medical student who has completed orthopedics is preferred. \$5.00 per hour.

**Rush Library:** Students are needed to serve as library clerks. Light clerical, filing books, desk work. Must be eligible for College Work Study. \$4.75 per hour.

**Security Aid:** Students needed to check visitor passes in the hospital during evening visiting hours. Must be eligible for College Work Study. \$5.00 per hour.

# T.G.I.F.

The next T.G.I.F. will be held on Friday, November 15, 1985 from 3:30 - 6:30 p.m. in the Schweppe Auditorium. This T.G.I.F. will be sponsored by the Department of Biochemistry and will feature the usual bill of fare. We appreciate the help of the Biochemistry Department.

We want to extend a big "thank you" to the Rush Medical College Alumni Association for sponsoring the September 27th T.G.I.F. Sponsors help make each T.G.I.F. run smoothly. Thanks to everyone in the Alumni Association who participated.

Remember to bring some form of I.D. stating your date of birth. All students, faculty and alumni are invited to attend.

# Brown Bag Extravaganza

The holiday season is coming. Some folks believe that it's a time of goblins, harvest moons, and wise men from the East. Other folks realize that the true spirit of the upcoming holidays lies on the table. These people see a challenging sport ahead of them as they warm-up with candy corn, pace themselves through turkey and dressing, and cross the finish line with sugar plums, cookies, and eggnog.

The Office of Student Affairs would like to help as you start training for this eating season by sponsoring the Eighth Annual Brown Bag Extravaganza. You provide your own lunch (brown bag is optional) and an "extravaganza" of sinfully rich pastries and beverages will be served. No doubt, the accompanying photo will entice you to be at the Schweppe Auditorium on Wednesday, November 20, from noon until 1 p.m. Is that a chocolate eclair calling your name?

See you at the Extravaganza! Elastic waistbands shall prevail!



When a mere bologna sandwich just won't do... the Brown Bag Extravaganza!

# Library of Rush University Holiday Schedule

Thursday, November 28 (Thanksgiving Day)	Closed
Sunday, December 22	Closed
Monday, December 23	7 a.m. - 7 p.m.
Tuesday, December 24	7 a.m. - 3 p.m.
Wednesday, December 25 (Christmas Day)	Closed
Thursday, December 26	7 a.m. - 7 p.m.
Friday, December 27	7 a.m. - 6 p.m.
Saturday, December 28	9 a.m. - 6 p.m.
Sunday, December 29	Closed
Monday, December 30	7 a.m. - 7 p.m.
Tuesday, December 31	7 a.m. - 5 p.m.
Wednesday, January 1 (New Year's Day)	Closed

The Library will resume regular hours on Thursday, January 2, 1986.



## Creative Corner

"A good time was had by all," that was the best way to sum up this year's homecoming festivities at Rush. From the traditional pre-game bonfire to the homecoming dance, all of this year's homecoming events were successful.

The festivities began with the traditional pre-game bonfire. Rambunctious third and fourth year medical students were observed fueling the bonfire with several sheets of plywood mysteriously taken from some area of the medical center complex. The bonfire held under the "El" tracks attracted many people. The glow of the fire reflecting from the passing "El" trains was especially appealing.

Following the bonfire, everyone headed to Room 500 for hot chocolate and marshmallows. The room, decorated in green and white, was a perfect background for the traditional pep rally. As always, the signing of the Rush University Hymn stirred the emotions of the crowd.

As the Rush University Anchor Fighting Marching band played the fight song, this year's edition of the Rush University Health Care System fighting football team burst into the room amidst the cheers of the assembled crowd.

This year's cheerleading squad, consisting of junior nursing, health science, and first year medical and graduate students whipped the crowd into a fever pitch with their crack cheers and gymnastic routines. Several hoarse voices were heard later that evening when the activities calmed down somewhat.

The culmination of the night's festivities was the crowning of the homecoming queen and her court. Senior nursing student, Sarah Ratchet, was chosen by her fellow students to reign over the next day's festivities. It was a very emotional moment when Sarah was crowned. Attired in her designer green surgical gown she was especially radiant as she walked through the crowd greeting her subjects.

Early the next morning the homecoming parade stepped off from the corner of Harrison and Western Avenues and headed eastward toward the reviewing stand situated on the driveway leading to the

rear entrance of the hospital. Approximately twenty floats, six area marching bands, the army and navy drill teams, and several boy and girl scout troops participated in the parade down Harrison. Ronald McDonald, this year's grand marshal, was a perfect choice to coincide with this year's theme, "Make Hamburgers out of Chicago Med," our gridiron opponents. The crowds, estimated to be in the thousands, were definitely not disappointed with the extravaganza.

At approximately 1:30 p.m., what was to be a hard fought football game began. Special bleachers had been installed at Soldier Field to handle the overflow crowd. The game was especially bruising. The rivalry between Chicago Med and Rush goes back a long way. The score at the half was Rush 7, Chicago Med 0.

The second half was not as low scoring as the first with Rush's star halfback Wallace Peyton running for three touchdowns. Junior quarterback Tim McDan passed for two more. The final score of the game was 42-0, which let the crowd assembled on this cool crisp autumn afternoon leave with a good feeling.

The final event of the day was the homecoming dance held in the newly renovated Schweppe Auditorium. Lawrence Welk and his Champagne Music Makers provided the music for the enthusiastically receptive crowd. The soft lighting and music created a very romantic mood.

The highlight of the evening was the polka dance contest. Myron Floren played his accordion while ten couples vied for the first prize, dinner for two at the recently remodeled Mama Sue's. The runner-up couple received two C.T.A. Culture Bus passes good for either Sunday, January 5 or 12, 1986.

The dance ended at approximately 1 a.m. with the singing of the Rush Hymn. As the Auditorium emptied, voices could be heard already planning next year's festivities.

*Attention all writers if you would like to contribute an article to our Creative Corner, please contact Ann Bartolotta in the Office of Student Affairs.*

## Don't Just Walk Away

You say you don't like your elective course so you'll pick up something else next term? Don't just walk away. Rush does not have a grade for those who quit going to class as some other colleges do. The instructor must give a grade for each enrolled student. If the course work has not been satisfied there is little that the instructor can do but submit a failing grade.

You may receive a WP or WF after mid-term (until the last day of the quarter), but it will not be the solid "F" that could stop your academic career. See page 23 of the current Bulletin. Pick up an Add/Drop form in the Office of the Registrar and deposit it in the yellow drop box. An advisor's signature is required except for generic undergraduate nursing students.

## University Bulletins and Handbooks

All students are reminded to pick up a copy of the new University Bulletin if they have not done so. Bulletins are available in the student mailroom on the seventh floor of the Academic Facility. Students are responsible for knowing the content of the Bulletin.

Rush University Student Handbooks are available in the Office of Student Affairs, 023 Schweppe. Students are also encouraged to pick up a copy of the Handbook.

## The Mad Pumpkin Ball

(Sung to the tune of  
"Christmas is Coming")

Halloween is coming.

The pumpkin's getting fat.

Dress up like a witch

or a vampire bat.

If you haven't got a costume

oh, shame, shame on you!

You won't be able to trick or treat

or go "Boo! Boo!"

The Mad Pumpkin's coming,

The Ball's November one.

Get out a funny mask

and have some fun!

There'll be dancing 'round the cauldron

from eight-thirty until one.

Meet all the ghosts and goblins in the

Auditorium!

A party is coming. . .

We'll need a hand from you.

Call to Ann or Paula

at six-three-oh-two.

You can tend bar or decorate,

or clean up the mess.

With your creative help, it will

be a success!

The Mad Pumpkin's coming

And hopes to see you there.

Make a scary face and

plan what to wear.

You will burst out laughing or you

will shake with fright.

But the event November first will be

such a fun night!



Is it really true the Vikings discovered the Mad Pumpkin Ball before football in Minnesota?

## Medical College Elections

In mid-November, medical students will be able to cast their ballots and elect representatives to College and University committees. Students are urged to take an active role in the planning and decision-making involved in their education.

Student representatives are needed on committees ranging from Admissions, Affirmative Action, and Curriculum to Educational Appraisal and Student Affairs. In addition, each class will elect five students to the Class Committee and one student to the Faculty Council. These six students will serve as members of the Rush Medical College Student Council. University-wide committees include Student and Faculty Appeals, Student Programming Board, and special task forces.

Committee descriptions will be distributed through student mailboxes. Nominations for medical student representatives will need to be made in the Office of Student Affairs by Wednesday, November 13, 1985. Ballots will be distributed through student mailboxes. Questions should be directed to the Office of Student Affairs, x6302.

## Ride Board

A new feature making its debut in the 7th floor Ac Fac mailroom is the Ride Board. Students wishing to escape the rigors of academia for weekends or breaks must face the dilemma of transportation. Gasoline prices cut into already tight budgets of those fortunate to have "wheels." For those used to hoofing it, a new set of concerns arises.

Sharing rides might prove a good alternative for many students. The Ride Board has an Illinois map and cards to be posted stating destination, name, phone, and whether you are driving or looking for a ride. The next time you go to see the folks or to that big game at your former campus, put up a card. See if anyone is going your way and share the cost.

Answers to the trivia questions from page 1.

1. Steven Spielberg
2. Fifteen (15)
3. Joe Swihart
4. Abbey Road
5. Waterloo
6. Sally Field

## Upcoming AMSA/AMWA Events

The American Medical Students' Association will be holding its Instrument Sale for the '85-'86 academic year on November 6 and 7. Orders will be taken from noon to 1 p.m. and from 4 p.m. to 6 p.m. in the hallway outside Ac Fac 540. This sale is open to students from all colleges; however, AMSA members will benefit with a coupon redeemable at a later date. Residents are also encouraged to take advantage of this sale. For a preview of all instruments for sale, be sure to stop by the vendor demonstration on Monday, November 4, from 11:30 a.m. to 1 p.m. outside Ac Fac 540. Remember: payment is due on the day of order. Delivery will be in approximately 60 days. For more information, contact Terry Devlin (M-2) at 829-3327.

On November 9 and 10, AMSA will hold its Regional Fall Workshop. The title of this fall's program is *A Human Kind of Health Care: Issues in Humanistic Medicine*. Interested persons should contact Suzanne LaFollette at 733-0006.

Back by popular demand! AMWA is presenting Dr. Jean Arnold who will speak on *Getting Chosen for the Residency of Your Choice*. Some of you may remember that Dr. Arnold was here last year. Be sure to be in the Schweppe Auditorium on Monday, November 25, at 5:30 p.m. for this most interesting presentation.

## Writing Papers - Guidelines for Students

Dr. Robert Pierleoni, Chairman of the Department of Related Health Programs, has prepared a set of guidelines intended to provide assistance to students in the health professions who are seeking ways to improve their efficiency and effectiveness in writing papers. The guidelines offer suggestions of practical value that will lead to more successful results - that is, papers that earn "good" grades.

Dr. Pierleoni's guidelines provide a context and overview of major elements in the writing process. He addresses the following issues:

- Doing Library Research
- Using an Outline to Organize Your Paper
- Understanding the Generic Components of a Paper
- Writing the First Draft
- Moving Toward a Final Draft
- Summarizing APA Referencing Style
- Defining Plagiarism

Copies of the guidelines are available in the Office of Student Affairs, 023 Schweppe. Students are encouraged to stop by and pick up a copy. It is extremely important for health professionals to be able to communicate well in writing.

## MLRC Film Series

The McCormick Learning Resource Center will sponsor a showing of the film *The Saving of the President* on Monday, November 11, from noon to 1 p.m. in room 540 Academic Facility.

The film re-enacts the medical care given President Reagan at George Washington University Medical Center on March 30, 1981 following the assassination attempt. *The Saving of the President* has won awards at film festivals sponsored by the American Association of Critical Care Nurses, the Information Film Producers of America, and the John Muir Medical Film Festival.

All Rush faculty, students and staff are invited to attend this showing.